At this time of year, adults shouldn’t just think about flu

Learn all you can about other diseases and infections that may affect your health, including:

• Tetanus (lock jaw)
• Diphtheria
• Pertussis (whooping cough)
• Hepatitis A
• Pneumococcal
• Hepatitis B
• Varicella (chickenpox)
• Zoster (shingles)

Ask your health care provider today about ways to stay healthy.