



## CHILDCARE FORM

<b>Member's Name</b>				
<b>Child's Name</b>				
<b>Child's DOB &amp; Age</b>				
<b>Food Allergies</b>				
<b>Address</b>	<b>Street</b>	<b>City</b>	<b>St</b>	<b>Zip</b>
<b>Telephone</b>	<b>Home</b>	<b>Cell</b>	<b>Work</b>	
	(    )	(    )	(    )	
<b>Membership Type</b>				
	<b>Annual</b>	<b>3 Month</b>	<b>Guest Pass</b>	

### Childcare Consent

I \_\_\_\_\_ certify that I have read and understand the Rules of Childcare. I consent and agree to be bound by the rules and regulations adopted by Firm Foundation Health & Fitness Studio in connection with the use of its facility and the use of childcare services. I release Firm Foundation Health & Fitness Studio from any liability due to injury or harm to myself or my child(ren) during my child's(ren's) stay at the Childcare Center.

**Member Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Faculty Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Childcare Guidelines

1. Childcare available for all classes upon 24 hour notice. If you are signed up and **cannot** make it, please try to notify us a half hour prior to class time.
  2. Parents are required to fill out paperwork on each child to be kept on file.
  3. Parents are to sign each child in and sign them out when they are picked up.
  4. Payment is to be made to the childcare provider when child(ren) are dropped off. Amount due is \$2/child.
  5. Children can be left with childcare provider **ONLY** while the parent is on the premises working out or having a life coaching session.
  6. To protect the health and safety of all children, please do not bring children to childcare when they are ill:
    - \**green runny nose, fever within the past 24 hours, cough, stomach ache, diarrhea within the past 24 hours, antibiotics within the past 48 hours.*
    - \* *Childcare provider has the right to refuse to watch your child(ren) if any symptoms are present.*
  7. Children can bring with them one small toy, snack and a drink, but they are to be responsible for their own item and you will need to remember to take it home. If the toy brought becomes an issue, it will be taken away and returned upon departure.
  8. Should a child(ren) require a diaper change or need to use the restroom, the parent will be asked to stop exercise/session to change their child and must take the soiled diaper with them or they will need to take their child(ren) to the rest room. Childcare providers will not change diapers and cannot leave the childcare area for restroom break.
  9. Discipline Policy for Unacceptable Behavior:
    - 1st Offense: Verbal warning to child.
    - 2nd Offense: Verbal warning to child, parent notified.
    - 3rd Offense: Written warning given to parent.
    - 4th Offense: Your child will be asked to not return to Childcare.
- \*NOTE: We do not refund memberships.**
10. Childcare is for children ages 3 mos. – 8 years' old. An older child may stay in the childcare center during childcare hours AS LONG AS he/she is not disruptive or harmful in anyway (actions or words) to younger children or to the childcare provider. The childcare provider has the right to refuse an older child to the childcare room due to unacceptable behavior or to an already full room.
  11. Children are not permitted in the childcare room without a staff member present in the room. When school is cancelled, morning childcare is also cancelled. (Please call DVHS at 296-1800 #1 to find out if school is closed or delayed). Please call the studio to see if evening childcare will be available on a cancelled school day.
  12. If there should be a 2 hour delay, childcare will start at 11:00 am. If there is a cancellation of after-school activities, please call the studio to check on evening childcare.
  13. If your child gets injured while in childcare, an accident report will be completed. A copy will be given to the parent and one will be kept on file. First aid will be given if necessary.