

Quantifying spatiotemporal variability and noise in absolute microbiota abundances using replicate sampling

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Metagenomic sequencing has enabled detailed investigation of diverse microbial communities, but understanding their spatiotemporal variability remains an important challenge. Here, we present decomposition of variance using replicate sampling (DIVERS), a method based on replicate sampling and spike-in sequencing. The method quantifies the contributions of temporal dynamics, spatial sampling variability, and technical noise to the variances and covariances of absolute bacterial abundances. We applied DIVERS to investigate a high-resolution time series of the human gut microbiome and a spatial survey of a soil bacterial community in Manhattan's Central Park. Our analysis showed that in the gut, technical noise dominated the abundance variability for nearly half of the detected taxa. DIVERS also revealed substantial spatial heterogeneity of gut microbiota, and high temporal covariances of taxa within the Bacteroidetes phylum. In the soil community, spatial variability primarily contributed to abundance fluctuations at short time scales (weeks), while temporal variability dominated at longer time scales (several months).

Metagenomic sequencing is widely used to explore patterns of bacterial abundances and the spectrum of biological functions carried out by diverse microbial communities^{1–4}. Given rapid advancements in sequencing technologies, research efforts have now moved beyond static descriptions of communities toward understanding their dynamics^{5–8}. However, quantifying the sources of variability in longitudinal microbiome studies represents a key challenge in the analysis of these complex ecosystems. Technical sources of variability may fundamentally confound the interpretation of microbiome sequencing studies. Moreover, separating spatial sampling variability from temporal dynamics is important for understanding the underlying ecological behavior of individual bacterial taxa (Supplementary Fig. 1). Comprehensive quantification and analysis of these sources of variability also requires measurements of absolute bacterial abundances in order to correct for possible compositional artifacts associated with relative abundances^{9,10}.

Results

To address these key challenges, we have developed decomposition of variance using replicate sampling (DIVERS), a broadly applicable method for metagenomic sequencing studies. DIVERS is a principled mathematical approach that uses the laws of total variance and covariance to separate the contributions of temporal variability, sampling location spatial heterogeneity, and technical noise to abundance variances for individual taxa and covariances for pairs of taxa:

$$\text{Var}(X_i) = \underbrace{\text{Var}_T E_{S|T} E(X_i|S, T)}_{\text{Temporal}} + \underbrace{E_T \text{Var}_{S|T} E(X_i|S, T)}_{\text{Spatial sampling}} + \underbrace{E_T E_{S|T} \text{Var}(X_i|S, T)}_{\text{Technical}} \quad (1)$$

$$\text{Cov}(X_i, X_j) = \underbrace{\text{Cov}_T(E(X_i|T), E(X_j|T))}_{\text{Temporal}} + \underbrace{E_T \text{Cov}_{S|T}(E(X_i|S, T), E(X_j|S, T))}_{\text{Spatial sampling}} + \underbrace{E_T E_{S|T} \text{Cov}(X_i, X_j|S, T)}_{\text{Technical}} \quad (2)$$

In equations (1) and (2), X_i and X_j denote the abundances of bacterial taxa i and j ; S and T are space- and time-associated random variables capturing the respective spatial and temporal processes affecting the abundances of taxa i and j ; and E , Var , and Cov denote the expectation, variance, and covariance of random variables, respectively.

Naïve estimation of the terms in equations (1) and (2) requires extensive spatial sampling at every time point of a longitudinal study, and multiple technical replicates taken at every spatial location. However, such an experimental sampling approach can quickly become prohibitively laborious and expensive. To circumvent these difficulties, DIVERS uses a novel set of unbiased statistical estimators for each of the six terms in equations (1) and (2), along with a workflow to enable their exact calculation from minimal experimental measurements (Supplementary Note, Methods). DIVERS requires only two samples obtained from randomly chosen spatial locations at each time point of a longitudinal microbiome study but can be generalized to accommodate more complex and unbalanced study designs (Supplementary Note). One of the two spatial replicates is split in half to obtain two technical replicates, and measurements of bacterial absolute abundance are then performed on the resulting three samples using a spike-in procedure^{11,12}

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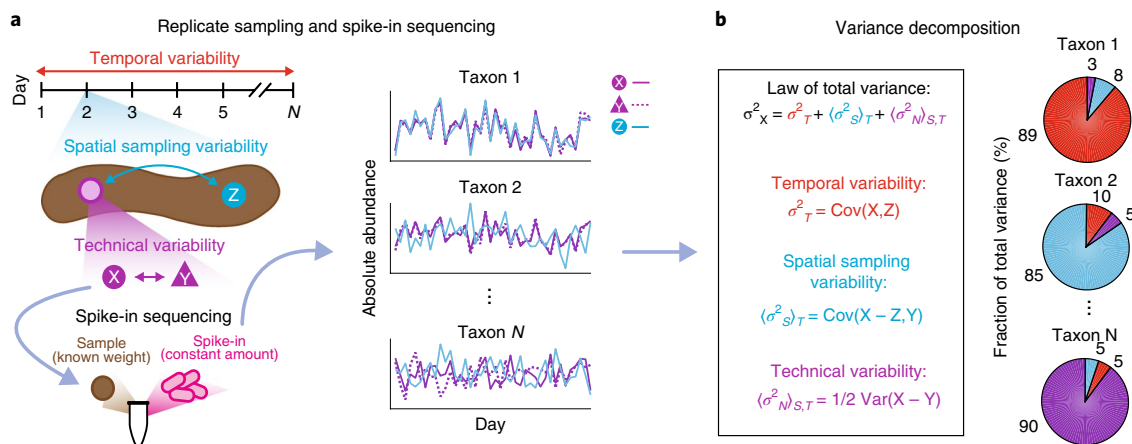


Fig. 1 | DIVERS conceptual workflow. **a**, Illustration of the DIVERS workflow applied to the human fecal microbiome. Samples are collected from two random spatial locations (X and Y from the purple site, Z from the blue site, as shown on the left side of the figure); on each day of sampling two technical replicates (X and Y) are prepared from one of these spatial locations. The resulting three samples (X, Y, and Z) are then subjected to a custom spike-in procedure to estimate absolute bacterial abundances. **b**, The DIVERS variance decomposition model is applied to abundance profiles of each taxa to quantify contributions of temporal variability, spatial sampling heterogeneity, and technical noise to total abundance variability.

(Fig. 1, Supplementary Note, and Methods). The key idea behind this approach is that bacterial taxa experiencing genuine temporal fluctuations should also exhibit large and positive abundance covariances between independent spatial replicates across time points. In contrast, spatial variability, quantified by differences in abundances between the two random spatial locations, and technical noise will tend to decrease temporal covariances (Supplementary Note).

We first assessed the performance of DIVERS on synthetic data, where the underlying temporal, spatial sampling, and technical contributions to bacterial abundance variances were known. To that end, we performed stochastic simulations of bacterial community dynamics that explicitly incorporated spatial abundance heterogeneity, as well as technical noise associated with experimental measurement error (Methods). Confirming our theoretical derivations, DIVERS was able to accurately quantify each of the three variability sources for all simulated species in the community (r.m.s. error = 0.02) (Supplementary Fig. 2 and Supplementary Note). The computational simulations also demonstrated that DIVERS compared favorably, in terms of both speed and accuracy, to approaches such as the Gaussian process variance decomposition model, a method recently applied to a large human microbiome cohort⁵ (Supplementary Fig. 3 and Methods).

To demonstrate the use of DIVERS in microbiome studies, we applied the approach to high-resolution time series profiling of the human fecal microbiome. Although fecal samples do not capture the full complexity of microbiota across the gastrointestinal tract¹³, DIVERS can be used to disentangle the effects of spatial sampling location and temporal variability across samples, an issue that is currently not well understood but fundamental to the interpretation of fecal microbiome analyses. Using the DIVERS experimental sampling protocol, we performed 16S rRNA sequencing of fecal samples collected over the course of 3 weeks from a healthy male individual (Fig. 1 and Methods). We first verified that our spike-in strain was not found in the human gut microbiome (Supplementary Fig. 4a). We also confirmed the accuracy of our spike-in approach to estimate fecal bacterial loads (\propto total bacterial DNA per mg of sample) using serial dilutions of input fecal matter (Supplementary Fig. 4c and Methods). Moreover, technical replicates from fecal samples collected over the time series showed good reproducibility (Pearson's $r = 0.9$) (Supplementary Fig. 4d). We next characterized bacterial load variation in the human gut microbiome using DIVERS. Consistent with previous results⁹, we found that bacterial

loads fluctuated substantially across samples collected on different days (coefficient of variation, ~ 0.5) (Fig. 2a). The observed variability was dominated by daily temporal changes, with bacterial loads remaining relatively constant across different spatial locations on each day (Fig. 2b).

Using measurements of bacterial loads, we calculated the absolute abundances of all operational taxonomic units (OTUs) and used DIVERS to decompose the contributions to the total abundance variances of individual OTUs (Methods and Supplementary Note). When OTUs were grouped by average abundance, variance profiles exhibited two regimes, with a transition occurring $\sim 10^{-4}$ in absolute abundances (Fig. 1c). In relative abundances, this transition corresponded to a value of $\sim 0.01\%$ (Supplementary Fig. 5). Notably, dynamical behavior of OTUs below this abundance cutoff primarily reflected technical noise consistent with Poissonian sampling variability. Nearly half ($\sim 43\%$) of all OTUs detected in the fecal samples exhibited such noise-driven behavior. This demonstrates that DIVERS provides a principled solution for identifying technical artifacts to be removed from subsequent analyses (Supplementary Fig. 6b,c). In contrast, the variability of OTUs above this cutoff largely reflected true temporal changes (Fig. 2c and Supplementary Fig. 6a). Differences across spatial sampling locations also contributed a substantial fraction to total variability (on average $\sim 20\%$ for OTUs with mean absolute abundance $> 10^{-4}$), highlighting significant spatial heterogeneity of fecal samples (Fig. 2c and Supplementary Fig. 7).

To further experimentally validate the developed workflow and the variance decomposition model, we performed a set of control experiments that specifically eliminated either temporal or spatial variability from fecal samples (Methods). First, we collected fecal samples from ten independent spatial locations of the same stool specimen. This procedure effectively simulated five consecutive time points of the DIVERS protocol, but without any temporal contribution to microbiota variability. Second, to remove spatial variability, we carried out eight consecutive days of sampling with spatial replicates that were homogenized on each day before sequencing (Methods). The model correctly predicted no temporal or spatial contributions to OTU abundance variability when the corresponding signals were removed from the data (Supplementary Fig. 8).

The observed patterns of variability in the human gut microbiome may be influenced by factors specific to 16S ribosomal RNA library preparation and sequencing, such as differential 16S

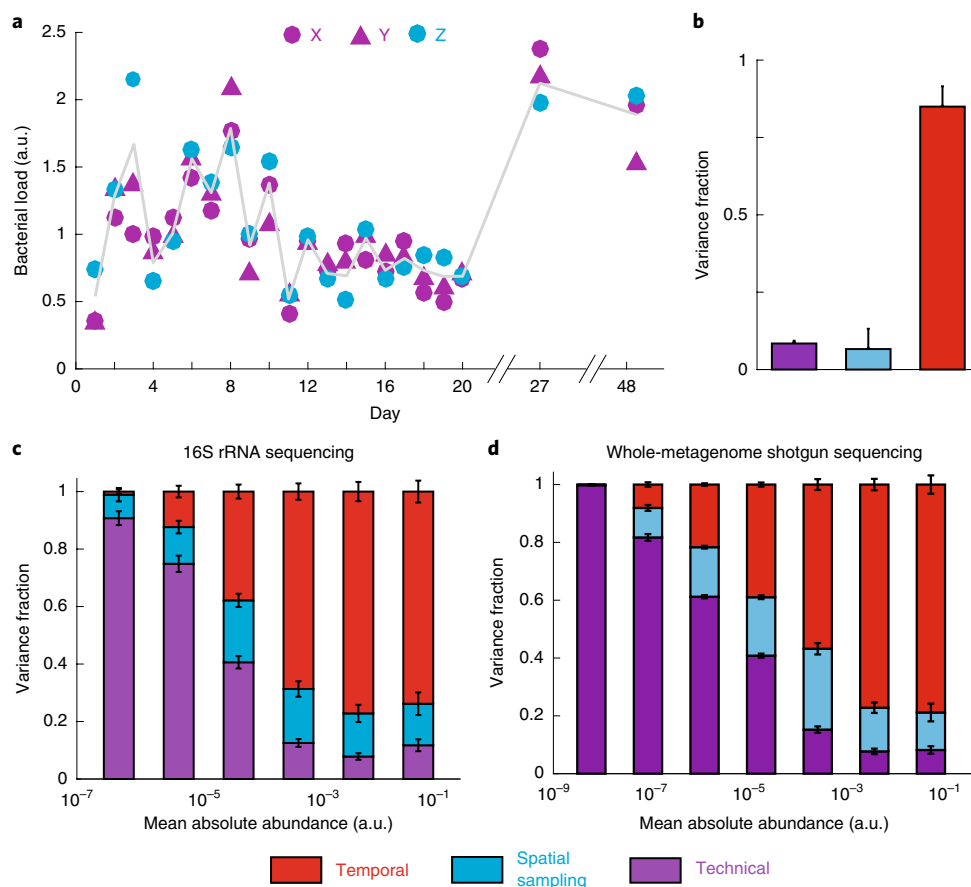


Fig. 2 | Variance decomposition of gut bacterial abundance fluctuations using DIVERS. **a**, Temporal profiles of bacterial loads (\propto total bacterial DNA per mg of sample) in the human gut microbiome (for definitions of X, Y, and Z, see Fig. 1a). Gray line shows the average of spatial replicates. Bacterial loads are reported in arbitrary units and normalized to a mean of 1 (Methods). **b**, Variance fraction of the bacterial load attributed to technical (purple), spatial sampling (blue), and temporal (red) factors as calculated by the DIVERS variance decomposition model. The averages were computed using 1,000 permutations of the X/Y/Z labels. Error bars represent s.e.m. **c**, Variance decomposition of individual OTU abundance fluctuations. Absolute OTU abundances were obtained by multiplying relative abundance profiles by the bacterial load in each sample and are reported in arbitrary units (Methods). $n = 433$ individual OTUs were binned by their mean absolute abundance across all samples, and stacked bars show the average variance contribution of technical, spatial sampling, and temporal sources to OTUs within each bin. Error bars represent the s.e.m. **d**, Variance decomposition of fluctuations for $n = 3,619$ individual bacterial species based on species abundances obtained by shotgun metagenomic sequencing and species profiling with Kraken²⁸ (Methods).

rRNA copy number, 16S primer and PCR biases, and OTU clustering approaches^{14,15}. We therefore carried out whole-metagenome shotgun sequencing (WMGS) of the same fecal samples, and we estimated species absolute abundances in each sample (Methods). Applying the DIVERS variance decomposition model to WMGS species abundances, we obtained results very similar to those obtained using 16S rRNA sequencing (Fig. 2d and Supplementary Fig. 9). Specifically, the behavior of over half of all detected species was predominantly explained by technical noise, with spatial sampling variability contributing $\sim 20\%$ to the total variance for abundant species (mean absolute abundance $> 10^{-5}$). This demonstrates that overall patterns of individual taxa variability uncovered by DIVERS are robust, and the developed approach is applicable to another rapidly expanding sequencing methodology (WMGS).

Based on the DIVERS variance decomposition, we identified several abundant OTUs whose time series were primarily shaped by either temporal (OTU 12, genus *Bifidobacterium*; OTU 25, genus *Lachnospiraceae incertae sedis*) or spatial variation (OTU 13, genus *Clostridium* IV; OTU 122, genus *Terrisporobacter*) (Fig. 3a,b). Thus, in addition to revealing OTUs dominated by technical noise, DIVERS identifies individual bacteria with substantial temporal and spatial variability across samples.

Fluctuations in bacterial abundances often result from collective behavior of multiple different taxa. These correlated abundance changes are reflected in abundance covariances¹⁶. In addition to abundance variances, DIVERS can also be used to decompose and quantify the factors contributing to abundance correlations between pairs of OTUs in microbial communities (Methods and Supplementary Note). Applying this analysis to human fecal samples, we found that most pairwise abundance correlations were due to temporal sources, with relatively smaller contributions arising from factors related to spatial sampling and technical noise (Fig. 4a and Supplementary Fig. 10a,b). Consistent with previous results⁹, we also found that total correlations based on absolute bacterial abundances were generally larger than correlations calculated using relative abundances, an effect primarily caused by the correlated variance of bacterial loads across samples (Supplementary Fig. 10c,d and Supplementary Note).

Next, we examined factors contributing to the correlations of OTU abundances within and between the four most prevalent gut bacterial phyla. The Bacteroidetes exhibited significantly larger intra-phyla temporal abundance correlations compared to the rest of the community ($P < 10^{-10}$, Wilcoxon rank sum test) (Fig. 4b and Supplementary Fig. 11). This result was also observed at the family

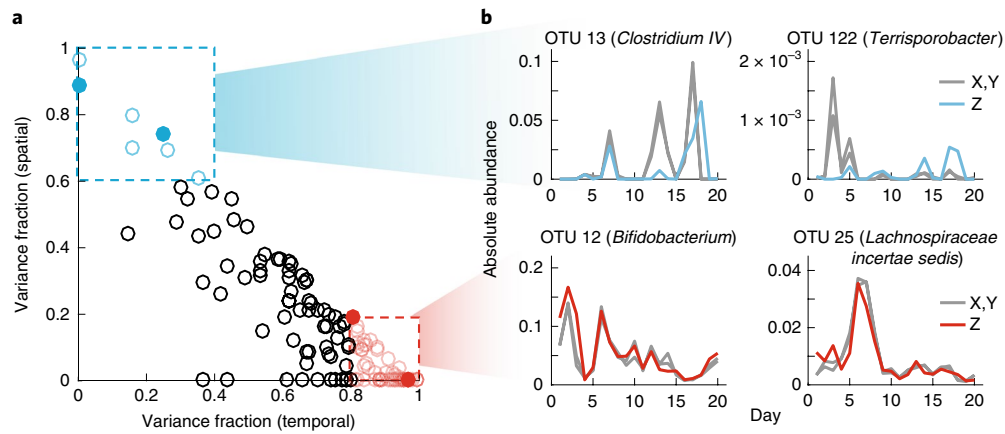


Fig. 3 | Identifying individual bacterial taxa with high temporal or spatial sampling variance. **a**, Identification of specific OTUs with either high temporal variance (red points, temporal variance fraction > 0.8) or high spatial sampling variance (blue points, spatial variance fraction > 0.6) contributions. Only abundant OTUs (mean absolute abundance > 10^{-4}) are shown. **b**, Time series of individual OTUs, corresponding to filled points in **a**, whose abundance variation is predominantly attributed to either temporal (red) or spatial sources (blue). Gray lines correspond to temporal abundance profiles of technical replicates (X,Y) obtained from the same spatial location, and colored lines correspond to abundance profiles from the second spatial replicate (Z).

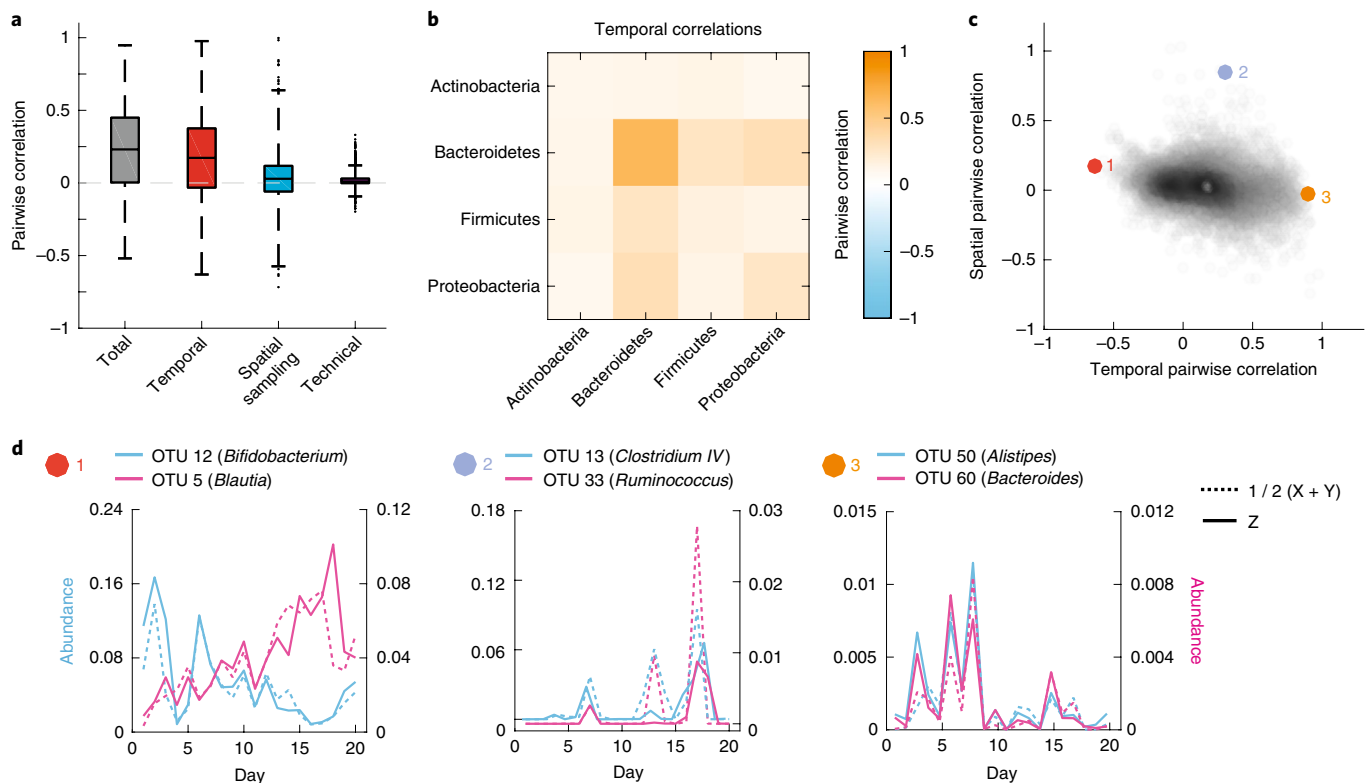


Fig. 4 | Decomposition of temporal and spatial contributions to pairwise OTU abundance correlations in the human gut microbiome. **a**, Box plots of total, temporal, spatial, and technical correlations for all pairs of abundant OTUs (average absolute abundance > 10^{-4}). Boxes denote the median and interquartile ranges, with maximum whisker lengths three times the interquartile range. **b**, Temporal correlations of OTU abundances within and between different phyla; colors reflect average temporal correlations between pairs of OTUs from the indicated phyla. Data are shown for all highly abundant OTUs (mean absolute abundance > 10^{-4}) from the Actinobacteria ($n=10$), Bacteroidetes ($n=15$), Firmicutes ($n=103$), and Proteobacteria ($n=5$). **c**, Temporal and spatial correlations for all pairs of abundant OTUs (average absolute abundance > 10^{-4}). Colored points (1-3) indicate pairs of OTUs with temporal profiles shown in **d**. **d**, Temporal abundance profiles for pairs of OTUs highlighted in **c**. Pairs exhibit (from left to right) (1) substantial negative temporal ($\rho_T = -0.63$, $P = 4 \times 10^{-4}$), (2) substantial positive spatial ($\rho_S = 0.85$, $P = 3 \times 10^{-4}$), and (3) substantial positive temporal ($\rho_T = 0.90$, $P < 10^{-4}$) correlations across samples. For every OTU pair, blue and pink solid lines show abundances of each OTU measured from one spatial location (Z). Blue and pink dashed lines show the average between technical replicates ($1/2(X+Y)$) of each OTU measured from the other spatial location. See Methods, equation (11) for a definition of the temporal and spatial correlations; we estimated P values by generating 10^4 random abundance series for the pairs of OTUs with known temporal variances and then using these time series to compute the temporal covariances.

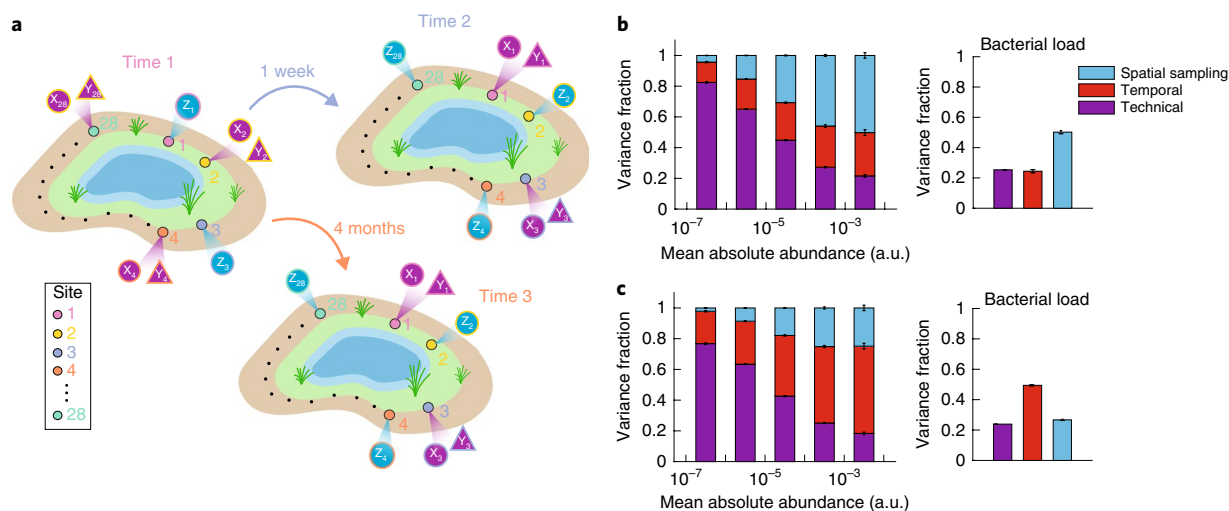


Fig. 5 | Decomposition of factors contributing to the variance of soil bacteria abundances. **a**, Illustration of the DIVERS sampling protocol applied to a Central Park soil microbial community. Samples were collected 1 week and 4 months apart from 28 spatial sites spread uniformly around a small pond in the northwest area of the park. At each site i , two technical replicates were obtained using samples collected at one time point (X_i and Y_i), whereas a single sample was collected at the other time point (Z_i). **b, c**, DIVERS variance decomposition of $n = 24,667$ individual OTU abundances (left) and $n = 27$ bacterial loads (right). Left: OTUs were binned by their mean abundance across all samples, and stacked bars show the average variance contribution of technical, spatial sampling, and temporal sources to OTUs within each bin. Right: variance contribution of technical, spatial sampling, and temporal sources to bacterial loads. Error bars represent the s.e.m. Temporal variance fractions reflect average temporal variabilities at the two investigated time scales (1 week in **b** and 4 months in **c**).

level, and was not due to differences in 16S rRNA sequence similarity across taxa (Supplementary Figs. 12 and 13). The coordinated temporal changes of the Bacteroidetes may reflect fluctuations in the availability of dietary polysaccharides on each day that are specifically metabolized by these bacteria^{17,18}, as well as previously observed cross-feeding interactions between these taxa^{19,20}. Our analysis also revealed several notable examples of specific OTU pairs with positive and negative correlation contributions from temporal and spatial factors (Fig. 4c,d); dashed lines of different colors in Fig. 4d represent two OTUs at one spatial location, and solid lines of different colors represent the two OTUs at the other location. For example, OTU 12 (blue) and OTU 5 (pink) display a substantial negative temporal correlation (Fig. 4d, plot 1) at both spatial locations. In contrast, OTU 50 (blue) and OTU 60 (pink) display a substantial positive temporal correlation (Fig. 4d, plot 3). The substantial positive spatial correlation between OTU 13 (blue) and OTU 33 (pink) (Fig. 4d, plot 2) is reflected by their similar abundance profiles at two independent spatial locations. These examples highlight the diversity of bacterial dynamics, and demonstrate the ability of DIVERS to disentangle spatial and temporal factors contributing to the abundance correlations between different taxa.

The DIVERS variance decomposition approach is not limited to the human gut microbiome and can be used to investigate the contributions to bacterial abundance variability in diverse ecological communities. To demonstrate this, we performed an analysis of spatial variation of a soil microbial community in Manhattan's Central Park in New York City. Urban microbiomes, including soil communities in Central Park, have been previously shown to exhibit substantial microbial diversity²¹. To explore spatial abundance variability, we used a modified protocol that inverted the hierarchy of spatial and temporal sampling replicates (Supplementary Note). Specifically, we collected soil samples from 28 sites spread uniformly around a small man-made pond in the northwest section of Central Park (Fig. 5a, Supplementary Fig. 14 and Supplementary Table 3; also see Methods). Samples were collected from identical locations on three different days, two of which were 1 week apart while the third was over 4 months later. This experimental design

allowed us to compare overall patterns of spatial and temporal variation at the time scales of 1 week and several months. Following the DIVERS protocol, a single time point from each spatial location was subjected to two independent rounds of sample preparation and sequencing (Fig. 5a), and a spike-in approach was then used to estimate bacterial loads in each soil sample (Fig. 5b,c and Supplementary Fig. 4b; also see Methods).

Similar to the human gut, DIVERS revealed a pervasive contribution of technical noise to variabilities of OTUs with low abundance ($\log_{10}(\text{mean absolute abundance}) < -4.5$). Spatial sampling location was the main source of variability when comparing time points separated by 1 week (Fig. 5b and Supplementary Fig. 15). However, when we compared time points separated by 4 months, temporal variability predominated (Fig. 5c), demonstrating the ability of DIVERS to quantify differences in contributions to abundance variability at various time scales. Applying the DIVERS covariance decomposition model to soil bacteria, we observed a relatively low degree of abundance correlations between all OTU pairs, as well as between different bacterial phyla (Supplementary Fig. 16). These results indicate relatively weak patterns of correlated co-occurrences between soil bacteria²², but significant spatial and temporal abundance variability of individual soil taxa^{22–24}.

Discussion

While current sequencing technologies make it possible to profile bacterial communities at high temporal resolution, novel approaches are required for proper interpretation and in-depth analyses of collected data. Our analysis revealed the pervasive contribution of technical noise and spatial heterogeneity to bacterial abundance variability. This result underscores the need for principled approaches such as DIVERS. Future studies can use the DIVERS hierarchical sample collection and analysis framework to quantify and minimize the biases due to technical noise. Researchers can also apply DIVERS to estimate noise contributions for individual species of interest, instead of relying on arbitrary abundance cutoffs. In future studies, it will be important to understand how the contributions of various factors to bacterial abundance fluctuations vary at

different spatial and temporal scales. Identifying and understanding unusual patterns of spatiotemporal variances and covariances may also help to identify biomarkers of disease and perturbed microbiota states.

Another crucial challenge for future studies is understanding microbiota variances in absolute rather than relative terms. This will minimize potential biases due to the compositional nature of many current metagenomic datasets. In the present study, we used a microbial spike-in technique based on a single species to evaluate factors contributing to absolute bacterial abundance variabilities. Multiple other approaches, such as measurement of microbial DNA content¹¹, quantitative PCR²⁵, and flow cytometry⁹, can also be used with the DIVERS framework to evaluate changes in absolute bacterial abundances. Comparisons of the performance of these techniques, and future improvements in the spike-in technology (for example, optimization of spike-in amounts, use of multiple spike-in species, and automated weighing of samples), will minimize technical noise associated with the spike-in process, improve accuracy, and allow more efficient use of sequencing coverage.

Although we focused in this study on human gut and soil microbial communities, DIVERS can be readily applied to explore patterns of variation and technical noise in any bacterial ecosystem and across different hosts and environments (Supplementary Note; an online tutorial of DIVERS is available at <https://github.com/hym0405/DIVERS>). Moreover, given the flexibility of the developed quantitative framework, it can be easily extended to other sequencing-based applications, such as the characterization of human immune cell repertoires²⁶ and gene expression variability in tumors²⁷.

Online content

Any methods, additional references, Nature Research reporting summaries, source data, statements of code and data availability and associated accession codes are available at <https://doi.org/10.1038/s41592-019-0467-y>.

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Author contributions

B.W.J. and R.U.S. conceived the study, designed the data collection workflow and performed all data analysis. B.W.J. and P.D.D. developed the variance and covariance decomposition models. R.U.S. performed all experiments with assistance from A.K. Y.H. assisted with data analysis and code implementation in R. H.H.W. and D.V. oversaw the project, and guided experiments and data analysis. All authors wrote the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

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Methods

Ethical review. This study was approved and conducted under Columbia University Medical Center Institutional Review Board protocol AAR0753. Written informed consent was obtained from the subject in the study, a healthy male adult.

Fecal sample collection and storage. Fecal samples were collected daily over the course of 20 d, with two additional samples taken on days 27 and 48 of the study. After defecation, inverted sterile 200- μ l pipette tips (Rainin RT-L200F) were used to core out a small sample from the stool specimen, which was placed immediately in a sterile cryovial (Sarstedt 72.694.106). Samples were then immediately placed in a -20°C freezer and transferred to a -80°C freezer for long-term storage.

Replicate fecal sampling experimental protocol. To enable decomposition of gut bacterial abundance variability into temporal, spatial, and technical contributions, a replicate sampling approach was used. Specifically, on each day of the time series, two fecal samples were collected from random spatial locations of the same stool specimen. For one of these samples, we prepared two technical replicates in parallel by splitting the individual fecal core. Thus, a total of three samples were processed for each day of the time series: two technical replicates from a single spatial location (denoted samples X and Y) and a second spatial replicate (denoted sample Z). To further characterize technical noise, a single fecal sample was also subjected to 12 independent rounds of sample processing and sequencing. Metadata associated with all fecal samples are provided in Supplementary Table 1. Theoretical details associated with the DIVERS approach are described in the Supplementary Note.

Soil site description, sample collection, and storage. Soil samples were collected in June and October of 2018 from The Pool in Central Park, Manhattan (approximately 40.795°N , 73.960°W), a man-made body of water located in the northwest area of the park. Soil cores were collected on 2 d exactly 1 week apart, and on a third day roughly 4 months after the initial sampling time point, from 28 sites located on the periphery of the water's edge. The average distance between adjacent sites was ~ 8 m. Photographs were taken at each site to ensure sampling accuracy at the same location from different time points (Supplementary Fig. 14). Following soil collection, samples were transferred to a -80°C freezer for long-term storage.

Replicate soil sampling experimental protocol. Similar to our fecal sampling protocol, a replicate sampling approach was used to collect soil bacteria. For a given pair of time points, we prepared technical replicates (denoted samples X and Y) from a single sample collected from one of the two time points by splitting the individual soil core. The time points for which technical replicates were prepared were alternated between neighboring spatial sampling sites. Following the DIVERS protocol, a single measurement was made from samples collected at the remaining time point (denoted sample Z). Metadata associated with all soil samples are provided in Supplementary Table 3. Because of a technical error associated with sample preparation, site 25 was excluded from any further downstream analyses. Theoretical details associated with the DIVERS approach are described in the Supplementary Note.

Spike-in strain for calculation of bacterial absolute abundances. A spike-in approach was used during sample processing to allow for calculation of total bacterial abundances per mass of fecal or soil matter. *Sporosarcina pasteurii* (ATCC 11859), an environmental bacterium that was confirmed to be absent in our fecal and soil samples, was grown to saturation in NH₄-YE medium (ATCC medium 1376). It was then concentrated by centrifugation, resuspended in $\sim 0.1\times$ volume PBS with 20% glycerol, and stored in cryovials at -80°C for subsequent use during genomic DNA extraction.

Sample genomic DNA extraction. Genomic DNA (gDNA) extraction was performed using a custom liquid handling protocol based on the Qiagen MagAttract PowerMicrobiome DNA/RNA Kit (Qiagen 27500-4-EP) adapted for lower volumes. Briefly, a 96-well plate (Axygen P-DW-20-C) was loaded with 1 ml of 0.1-mm Zirconia Silica beads (Biospec 11079101Z) using a loading device (Biospec 702L). During sample processing, appropriate negative controls were run on each plate (that is, water control). Then, 10 μ l of thawed and concentrated spike-in strain was added to each well; for soil samples, the spike-in strain was diluted 1:25. After that, 10–500 mg of each sample (average 45.9 mg, s.d. 14.7 mg for fecal samples; average 298.5 mg, s.d. 62.8 mg for soil samples) was added to the plate using a sterile plastic spatula, and the weight added for each sample was determined via an analytical balance. Then, 750 μ l of lysis solution was added to each well (90 ml master mix, 9 ml 1 M Tris HCl, pH 7.5, 9 ml 0.5 M EDTA, pH 8.0, 11.25 ml 10% SDS, 22.5 ml Qiagen lysis reagent, 38.25 ml nuclease-free water). The plate was centrifuged down for 1 min at 4,500g and a bead sealing mat was affixed to the plate (Axygen AM-2ML-RD). The plate was then placed on a bead beater (Biospec 1001) and subjected to bead beating for 5 min followed by 10 min for cooling. This bead beating cycle was repeated, for a total of 10 min of bead beating. The plate was centrifuged down for 5 min at 4,500g and 200 μ l

of supernatant was transferred to a V-bottom microplate. Then, 35 μ l of Qiagen inhibitor removal solution was added to each well and mixed by vortexing, incubated at 4°C for 5 min, and the plate was again centrifuged down for 5 min at 4,500g. After that, 100 μ l of supernatant was removed from the plate and placed in a round-bottom plate (Corning 3795). The plate was then placed on a robotic liquid handler (Biomek 4000) for magnetic bead purification of the supernatant as per the manufacturer's recommendations, but at a scaled volume; magnetic beads in binding solution were mixed in each well and subjected to three washes with wash solution and elution in 100 μ l of nuclease-free water into a new plate.

16S rRNA amplicon sequencing. 16S sequencing of the V4 region was performed using a custom protocol and a dual indexing scheme adapted from Kozich et al.¹. Briefly, dual indexing sequencing primers were adapted from the previous study, but we used Illumina Nextera barcode sequences and altered 16S primers to match updated 505f and 806rB primers (see Supplementary Table 2 for sequences). A 20- μ l PCR amplification was set up in a 96-well skirted PCR microplate: 1 μ M forward 5XX barcoded primer, 1 μ M reverse 7XX barcoded primer, 1 μ l prepared gDNA, 10 μ l NEBNext Q5 Hot Start HiFi Master Mix (NEB M0543L) and 0.2 \times final concentration SYBR Green I. A quantitative PCR amplification (98°C 30 s; cycle: 98°C 20 s, 55°C 20 s, 65°C 60 s, 65°C 5 m) was performed and cycling was stopped during exponential amplification (typically 12–20 cycles) and the reaction was advanced to the final extension step.

The resulting PCRs were quantified using a SYBR Green I double-stranded DNA assay; 2 μ l of PCR product was added to 198 μ l of Tris-EDTA buffer with 1 \times final concentration SYBR Green I and fluorescence was quantified on a microplate reader. Samples were pooled based on this quantification on a robotic liquid handler (Biomek 4000). The resulting ~ 390 -base-pair amplicon from the pool was then gel-purified using a 2% E-gel (Invitrogen) and Wizard SV gel extraction kit.

Final libraries were then quantified by Qubit dsDNA HS assay and sequenced on the Illumina MiSeq platform (V2 500 or 300 cycle kit) according to the manufacturer's instructions with modifications. Specifically, the library was loaded at 10 pM with 20% PhiX spike-in, and custom sequencing primers were spiked into the MiSeq reagent cartridge (6 μ l of 100 μ M stock; well 12: read1, well 13: index1, well 14: read2).

Sequence analysis and OTU clustering. Resulting sequence data were analyzed using USEARCH²⁹ v.9.2.64. Specifically, raw reads were merged using the `-fastq_mergepairs` command (for 2×250 reads, the options `-fastq_maxdiffs 10 -fastq_maxdiffpct 10` were used). Merged sequences were filtered using the `-fastq_filter` command with options `-fastq_maxee 1.0` and `-fastq_minlen 240`. Resulting sequences were dereplicated (`-derep_fulllength`), clustered into OTUs (`-cluster_otus`) and the merged reads were searched against OTU sequences (`-usearch_global`) at 97% identity. Taxonomic assignments of OTUs were made using the Ribosomal Database Project classifier³⁰.

Whole-metagenome shotgun sequencing. The same genomic DNA used for 16S rRNA sequencing was subjected to metagenomic shotgun sequencing following a published protocol for low-volume Nextera library preparation³¹. Barcoded samples were pooled and sequencing was performed on the Illumina HiSeq platform (2×150 reads). Coverage was 4.25 ± 2.08 million reads (average \pm s.d.) per sample.

Abundance estimation from metagenomic sequencing. We used Kraken²⁸ to assign taxonomies to individual short reads, using a database of complete NCBI RefSeq bacterial genomes as well as the genome of *S. pasteurii*, our spike-in strain. To estimate species-level abundances, the fraction of total reads directly assigned to each reference genome was normalized by the total assembly length of that genome. Normalized read abundances were then summed over all reference genomes belonging to a given species. These summed abundances were then normalized such that the total abundance of all detected species was equal to 1.

Calculation of absolute taxa abundances. Bacterial load in each sample was calculated using the following formula:

$$R_i = \frac{C_0}{C_0 + \rho_i W_i}$$

where R_i is the sequenced relative abundance of the spike-in strain in sample i , C_0 is the constant amount of spike-in strain (units of total DNA copies) added to each sample, W_i is the weight of the fecal or soil sample i (mg), and ρ_i is the bacterial load per fecal/soil mass (DNA copies per mg). Solving for ρ_i ,

$$\rho_i = \frac{C_0(1-R_i)}{R_i W_i}$$

where we have measured R_i and W_i experimentally. Note that relative changes in ρ_i are independent of the constant C_0 . We therefore scaled the bacterial loads within fecal or soil samples to a mean of unity. Relative abundance profiles (with the spike-in strain excluded) were then multiplied by this scaled quantity to obtain absolute OTU or species abundances in arbitrary units that were used for the analyses.

Assessment of the DIVERS spike-in sequencing approach to estimate absolute bacterial abundances. To assess the accuracy of the DIVERS spike-in approach in estimating absolute abundances, we performed a spike-in dilution series. Specifically, two fecal samples from different individuals were homogenized in 5× volume sterile PBS by vortexing and passed through a 40-µm sterile filter. The fecal filtrate was then serially diluted 1:2 in sterile PBS to generate samples with exponentially decreasing fecal matter. Constant volumes (100 µl) of the undiluted and diluted samples were then subjected to the DIVERS spike-in sequencing approach as described previously.

Based on the above formula used to calculate bacterial loads, we derived a single relationship that described the expected behavior of sequenced spike-in strain abundances across the dilution series:

$$\frac{R_0(1-R_i)}{R_i(1-R_0)} = 2^{-i}$$

where R_0 is the sequenced relative abundance of the spike-in strain in the original, undiluted fecal sample, and R_i is the relative abundance of the spike-in strain in the i th sample of the dilution series (that is, sample $i = 1$ contains half of the input fecal matter of the original sample). We show excellent agreement between expected and observed behavior in Supplementary Fig. 4c.

Variance decomposition of taxa abundances and bacterial loads. DIVERS uses the replicate sampling and sequencing protocol described above to decompose measured bacterial abundance variances. Let X denote the abundance of an individual species or OTU. Using the law of total variance, the variance of X can be written as a sum of three components representing temporal, spatial, and technical sources of variability:

$$\text{Var}(X) = \underbrace{\text{Var}_T E_{S|T} E(X|S, T)}_{\text{Temporal}} + \underbrace{E_T \text{Var}_{S|T} E(X|S, T)}_{\text{Spatial sampling}} + \underbrace{E_T E_{S|T} \text{Var}(X|S, T)}_{\text{Technical}} \quad (3)$$

where S and T are space and time-associated random variables capturing the spatial and temporal processes affecting the abundance of X across samples. Following the notation in Fig. 1, each of the terms in equation (3) is estimated as follows (see Supplementary Note for full derivations):

$$\frac{\text{Var}_T E_{S|T} E(X|S, T)}{\text{Temporal}} = \text{Cov}(X, Z) \quad (4)$$

$$\frac{E_T \text{Var}_{S|T} E(X|S, T)}{\text{Spatial sampling}} = \text{Cov}(X - Z, Y) \quad (5)$$

$$\frac{E_T E_{S|T} \text{Var}(X|S, T)}{\text{Technical}} = \frac{1}{2} \text{Var}(X - Y) \quad (6)$$

where X , Z and Y , Z denote pairs of spatial replicate measurements of either bacterial load or individual OTU/species abundances. As described earlier, spatial replicates are obtained from two independent spatial locations in the environment at every time point. In contrast, X and Y denote technical replicates that are measured from the same spatial location.

Covariance decomposition of taxa abundances. Using the law of total covariance, the covariance between the abundances of any two taxa i and j , denoted X_i and X_j , can also be written as a sum of temporal, spatial, and technical contributions:

$$\begin{aligned} \text{Cov}(X_i, X_j) &= \underbrace{\text{Cov}_T(E(X_i|T), E(X_j|T))}_{\text{Temporal}} \\ &+ \underbrace{E_T \text{Cov}_{S|T}(E(X_i|S, T), E(X_j|S, T))}_{\text{Spatial sampling}} \\ &+ \underbrace{E_T E_{S|T} \text{Cov}(X_i, X_j|S, T)}_{\text{Technical}} \end{aligned} \quad (7)$$

Each of the terms in equation (7) is estimated using the replicate sampling and sequencing protocol as follows (see Supplementary Note for full derivations):

$$\frac{\text{Cov}_T(E(X_i|T), E(X_j|T))}{\text{Temporal}} = \text{Cov}(X_i, Z_j) \quad (8)$$

$$\frac{E_T \text{Cov}_{S|T}(E(X_i|S, T), E(X_j|S, T))}{\text{Spatial sampling}} = \text{Cov}(X_i - Z_i, Y_j) \quad (9)$$

$$\frac{E_T E_{S|T} \text{Cov}(X_i, X_j|S, T)}{\text{Technical}} = \frac{1}{2} \text{Cov}(X_i - Y_i, X_j - Y_j) \quad (10)$$

where X_i, Z_i and Y_i, Z_i denote spatial replicate measurements of the abundance of taxa i , and X_i, Y_i denote technical replicates. To obtain temporal, spatial, and technical correlations shown in Fig. 4, we normalize each covariance contribution by the respective standard deviations of individual taxa:

$$\begin{aligned} \text{Cor}(X_i, X_j) &= \frac{\text{Cov}_T(E(X_i|T), E(X_j|T))}{\sigma_{X_i} \sigma_{X_j}} \\ &+ \frac{E_T \text{Cov}_{S|T}(E(X_i|S, T), E(X_j|S, T))}{\sigma_{X_i} \sigma_{X_j}} \\ &+ \frac{E_T E_{S|T} \text{Cov}(X_i, X_j|S, T)}{\sigma_{X_i} \sigma_{X_j}} \end{aligned} \quad (11)$$

Variances and covariances of taxa abundances were calculated using data obtained across the 20 consecutive days of fecal sampling and 27 soil sites. The variance decomposition of bacterial loads also included samples taken from days 27 and 48 of the times series. To minimize artifacts due to technical noise, only OTUs with a \log_{10} (mean absolute abundance) of > -4 and > -3.5 were included in the covariance decomposition analysis of fecal and soil samples, respectively. These cutoffs were chosen based on the observed variance profiles of individual OTUs. To compare contributions across gut bacterial phyla, 16S rRNA sequence-based phylogenetic distances were calculated using the pairwise2 module of Biopython.

Two-component variance and covariance decompositions. In certain cases, it may be useful to separate technical from non-technical (biological) sources of variability in microbiome studies. DIVERS can also perform a two-component variance and covariance decomposition using the laws of total variance and covariance:

$$\text{Var}(X_i) = \underbrace{\text{Var}_B E(X_i|B)}_{\text{Biological}} + \underbrace{E_B \text{Var}(X_i|B)}_{\text{Technical}} \quad (12)$$

$$\text{Cov}(X_i, X_j) = \underbrace{\text{Cov}_B(E(X_i|B), E(X_j|B))}_{\text{Biological}} + \underbrace{E_B \text{Cov}(X_i, X_j|B)}_{\text{Technical}} \quad (13)$$

Note here that B is a random variable that now simultaneously captures the temporal and spatial factors affecting the abundance of taxon i .

Each term in equation (12) can be written as follows:

$$\frac{\text{Var}_B E(X|B)}{\text{Biological}} = \text{Cov}(X, Y) \quad (14)$$

$$\frac{E_B \text{Var}(X|B)}{\text{Technical}} = \frac{1}{2} \text{Var}(X - Y) \quad (15)$$

Terms in equation (13) can be written as

$$\frac{\text{Cov}_B(E(X_i|B), E(X_j|B))}{\text{Biological}} = \text{Cov}(X_i, Y_j) \quad (16)$$

$$\frac{E_B \text{Cov}(X_i, X_j|B)}{\text{Technical}} = \frac{1}{2} \text{Cov}(X_i - Y_i, X_j - Y_j) \quad (17)$$

As before, X and Y reflect technical measurements of the same biological sample. Note that the biological sources of variance and covariance now reflect both temporal and spatial factors. However, this interpretation is subject to change depending on the exact study design of experiments. See the Supplementary Note for full derivations and more in-depth discussion of the interpretation of each of the terms in equations (12) and (13).

Stochastic simulations of microbiota dynamics. To assess the performance of the DIVERS variance decomposition model, we carried out stochastic simulations of bacterial dynamics and measurement noise. We considered a community of interacting species on a two-dimensional lattice where, at each time point, species were allowed to increase their abundance through birth, decrease their abundance through death, or migrate randomly to a neighboring location. These dynamics were governed by the following set of reactions:



$$N_{x,y}^{(i)} \xrightarrow{d_{x,y}^{(i)}} N_{x,y}^{(i)} - 1 \tag{19}$$

$$N_{x,y}^{(i)} \xrightarrow{\nu_{x,y}^{(i)}} N_{x,y}^{(i)} - 1 \tag{20}$$

$$N_{x\pm 1,y\pm 1}^{(i)} \xrightarrow{\nu_{x,y}^{(i)}} N_{x\pm 1,y\pm 1}^{(i)} + 1 \tag{21}$$

where $N_{x,y}^{(i)}$ represents the abundance of species i at grid location (x, y) , and $b_{x,y}^{(i)}$, $d_{x,y}^{(i)}$ and $\nu_{x,y}^{(i)}$ are the respective per-capita birth rates, death rates, and migration rates of species i at location (x, y) . Migration rates for each species were chosen to be independent of spatial location. Per-capita birth and death rates were given by the following density-dependent logistic equation³²:

$$\mu_{x,y}^{(i)} = r_i \left(1 - \frac{N_{x,y}^{(i)} + \sum_{j \neq i} A_{ij} N_{x,y}^{(j)}}{K_{x,y}^{(i)}} \right) \tag{22}$$

$$b_{x,y}^{(i)} = \begin{cases} \mu_{x,y}^{(i)} & \text{if } \mu_{x,y}^{(i)} > 0 \\ 0 & \text{if } \mu_{x,y}^{(i)} < 0 \end{cases} \tag{23}$$

$$d_{x,y}^{(i)} = \begin{cases} \mu_{x,y}^{(i)} & \text{if } \mu_{x,y}^{(i)} < 0 \\ 0 & \text{if } \mu_{x,y}^{(i)} > 0 \end{cases} \tag{24}$$

where r_i is the intrinsic growth rate of species i , $K_{x,y}^{(i)}$ is the carrying capacity of species i at location (x, y) , and A is a matrix encoding interactions between community members (elements of A may be both positive or negative). To incorporate environmental stochasticity into our model, we multiplied species abundances by a Gaussian random variable at each time step: $N(t + \Delta t)_{x,y}^{(i)} = N(t)_{x,y}^{(i)} \zeta^{(i)}$, with $\zeta^{(i)} \approx N(1, \epsilon)$. Finally, to simulate technical noise associated with experimental measurement error^{33,34}, we modeled final observed abundances as a Poisson random variable $X_{x,y}^{(i)} \approx \text{Pois}(N_{x,y}^{(i)})$ with mean and variance equal to $N_{x,y}^{(i)}$.

Simulations were carried out using the Gillespie algorithm on a 10×10 lattice with periodic boundary conditions. The following parameters were used for simulations: $n_{\text{species}} = 10$, $K_i \approx \text{unif}(100, 500)$, $\nu_i \approx \text{unif}(0.5, 2)$, $r_i \approx \text{unif}(0.2, 0.5)$, $A_{ij} \approx \text{unif}(-0.2, 0.5)$, $\epsilon = 3 \times 10^{-4}$. The true temporal abundance variance $\sigma_T^{2(i)}$ for each species was calculated empirically as $\sigma_T^{2(i)} = \frac{1}{T-1} \sum_t ((N(t)_{x,y}^{(i)}) - \bar{N}^{(i)})^2$, where $\langle N(t)_{x,y}^{(i)} \rangle$ is the average abundance of species i at time t across spatial locations, $\bar{N}^{(i)}$ is the average abundance of species i over all time points and all spatial locations, and T is the length of the simulation. Similarly, the spatial abundance variance of each species was calculated empirically as $\langle \sigma_S^2 \rangle_T = \frac{1}{T} \sum_t \frac{1}{S-1} \sum_{x,y} (N(t)_{x,y}^{(i)} - \langle N(t)_{x,y}^{(i)} \rangle)^2$, where S is the number of considered spatial locations in the environment. Finally, technical variance was calculated empirically as $(\sigma_{N,S,T}^2)^{(i)} = \frac{1}{T} \sum_t \frac{1}{S} \sum_{x,y} \frac{1}{N-1} \sum_n (X(t)_{x,y}^{(i)} - N(t)_{x,y}^{(i)})^2 = \bar{N}^{(i)}$ (Supplementary Note).

Taking $X(t)_{x,y}^{(i)}$ and $Y(t)_{x,y}^{(i)}$ to be technical replicates drawn from the same spatial location at each time point t , and $Z(t)_{x,y}^{(i)}$ to be a single technical replicate drawn from a different spatial location, we then used equations (3–6) of the DIVERS variance decomposition model to estimate the temporal, spatial sampling, and technical abundance variances of each species in the simulated community. In Supplementary Fig. 2, we compare these estimated variances using DIVERS to the quantities calculated empirically as described above.

Comparison of DIVERS to the Gaussian process variance decomposition model. Using synthetic data, we compared the performance of DIVERS to a recently described approach wherein a Gaussian process³⁵ was used to model variability in measured bacterial abundances⁵.

We first simulated a time series of bacterial abundances using a generative statistical model, in which the true contributions of temporal, spatial, and technical contributions were inputs into the simulation. Specifically, average bacterial abundances across spatial locations in the environment at each time point $(\langle x_{T=1} \rangle, \langle x_{T=2} \rangle \dots \langle x_{T=L} \rangle)$ were first drawn from a gamma distribution³⁶ with mean equal to \bar{x} and variance σ_T^2 . Note that the parameter σ_T^2 is the true temporal variance that DIVERS and the Gaussian process model attempt to estimate. To model spatial abundance heterogeneity at any given time point t , we defined an additional gamma distribution with an average abundance equal to $\langle x_{T=t} \rangle$, with

variance equal to $\sigma_S^2(T = t)$. This spatial abundance variance at each time point was itself drawn from a distribution with mean $\langle \sigma_S^2 \rangle_T$. Note again that the quantity $\langle \sigma_S^2 \rangle_T$ is exactly the spatial abundance variance that both models estimate. We then generated a synthetic time series wherein we sampled twice from each of the spatial abundance distributions defined at every time point to simulate abundances at two different spatial locations ($x_{T=t,S=s_1}, x_{T=t,S=s_2}$). Finally, for a given time point t and spatial location s , we modeled technical variability associated with experimental measurement error using a Poisson random variable³⁴ with mean and variance equal to $x_{T=t,S=s}$. The true technical variability $(\sigma_{N,S,T}^2)^{(i)}$ is then given by \bar{x} , which is equal to the technical variance at a given time point and spatial location, averaged over all time points and spatial locations. We sampled two technical replicates from each spatial location ($x_{T=t,S=s,N=n_1}, x_{T=t,S=s,N=n_2}$) to represent two sequenced abundances from location s . Notably, the specific choice of distributions to model temporal, spatial and technical variances is arbitrary.

We then used the DIVERS variance decomposition model to estimate the temporal, spatial, and technical contributions to simulated abundance variances. We used a simulation length of $L = 20$, the number of time points for which human fecal data was collected in this study. We also used the Gaussian process decomposition procedure to estimate the corresponding temporal, spatial and technical variance contributions in simulations using publicly available code provided by the study of Lloyd-Price et al.⁵. In the referenced study, the Gaussian process procedure was applied to a large cohort of individuals with sparsely sampled time points, while our simulations reflected a single, densely sampled time series. We therefore modified several of the terms in the Gaussian process covariance function used by Lloyd-Price et al. Specifically, we set the interindividual variability contribution to zero and treated the ‘biological variability’ in the covariance function used by Lloyd-Price et al. as the spatial sampling variability of interest. Other terms remained unchanged. All Markov chain Monte Carlo sampling parameters used in the Gaussian process inference procedure were taken directly from Lloyd-Price et al.⁵.

Removal of temporal or spatial variability from fecal samples. We conducted two sets of control experiments to remove either temporal or spatial variability of OTU abundances from fecal samples. Specifically, to eliminate temporal contributions, we re-sampled a single stool specimen ten times total to simulate five consecutive days of time series sampling. To eliminate spatial variability, replicate sampling was conducted for eight consecutive days; on each day, fecal samples obtained from random spatial locations were homogenized together by combining fecal samples and then mechanically homogenizing in $1 \times$ PBS with a P200 pipette tip. The resulting homogenized sample was then split into technical triplicates and processed following the normal DIVERS protocol.

Reporting Summary. Further information on research design is available in the Nature Research Reporting Summary linked to this article.

Data availability

Sequencing data are available at NCBI SRA under PRJNA541083.

Code availability

MATLAB scripts to perform all variance and covariance decomposition analyses from original OTU abundance tables are available on GitHub at <https://github.com/brianwji/DIVERS>. Implementation of DIVERS in R is available on GitHub at <https://github.com/hym0405/DIVERS>.

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Reporting Summary

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Life sciences study design

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Sample size	We performed Monte Carlo simulations to identify a range of sample size numbers for which statistical estimates would remain relatively stable.
Data exclusions	Sites 2 and 6 were excluded from soil data analysis due to large error of technical replicates of total load measurements from these sites. Exclusion criteria were not pre-established.
Replication	To ensure reproducibility of the spike-in sequencing approach, we performed two technical replicate measurements for half of all fecal and soil samples and technical noise was calculated using the DIVERS method (Figures 2, 5 and Supplementary Figure 4). 16S rRNA sequencing was compared to whole-metagenome shotgun sequencing of the same samples (Figure 2, Supplementary Figure 9). We also performed multiple technical replicate measurements on a single fecal sample (Supplementary Figures 6c, 7a). Replicate measurements showed high reproducibility.
Randomization	No randomization was performed as there were no experimental groups in this study.
Blinding	No blinding was performed as there were no experimental groups in this study.

Reporting for specific materials, systems and methods

Materials & experimental systems

n/a	Involvement in the study
<input type="checkbox"/>	<input checked="" type="checkbox"/> Unique biological materials
<input checked="" type="checkbox"/>	<input type="checkbox"/> Antibodies
<input checked="" type="checkbox"/>	<input type="checkbox"/> Eukaryotic cell lines
<input checked="" type="checkbox"/>	<input type="checkbox"/> Palaeontology
<input checked="" type="checkbox"/>	<input type="checkbox"/> Animals and other organisms
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Methods

n/a	Involvement in the study
<input checked="" type="checkbox"/>	<input type="checkbox"/> ChIP-seq
<input checked="" type="checkbox"/>	<input type="checkbox"/> Flow cytometry
<input checked="" type="checkbox"/>	<input type="checkbox"/> MRI-based neuroimaging

Unique biological materials

Policy information about [availability of materials](#)

Obtaining unique materials The spike-in strain *Sporocarcina pasteurii* was obtained from ATCC (11859).

Human research participants

Policy information about [studies involving human research participants](#)

Population characteristics The subject profiled in this study was a healthy adult male.

Recruitment A healthy volunteer was verbally recruited from Columbia University Medical Center. Exclusion criteria were antibiotic exposure in the last 90 days or currently undergoing gastrointestinal disease (self-reported). Since the application of DIVERS to a gut microbiome time-series was a descriptive study of a single individual the biological findings are only representative of that single individual.