

PACERS

Fleet Feet Sports Fresno will be hosting pace teams.

The pacers for the FULL MARATHON:

3:13 • 3:23 • 3:28 • 3:33 • 3:38 • 3:43 • 3:53 • 3:58 • 4:08
• 4:23 • 4:38 •

The pacers for the CLOVIS & FRESNO HALF MARATHON:

1:40 • 1:50 • 2:00 • 2:10 • 2:20 • 2:30

Look for the bright colored shirts. Pacers will be holding up Pace Time Signs for several miles before discarding.

RACE COURSE

No bicycles, roller skates, roller blades, skateboards, baby joggers, or animals will be allowed on the race course at any time.

Assistance received from any source other than an official of the Two Cities Marathon may result in disqualification. USATF discourages the use of headphones during the race as these can be hazardous to you and other participants. Any deviations from the marked course can result in a disqualification or serious injury.

Toward the end of the race (beginning on Friant north of Shepherd) there will be *separate finish lanes* for the Full Marathon athletes and the Half Walk/Run and Relay athletes.

FULL will run in the marked INSIDE LANE.

HALF and RELAY will run or walk in the marked OUTSIDE LANE.

Race officials will be stationed along the course to ensure that each finisher has completed a full race distance.

ANY ATHLETE WHO IS FOUND TO HAVE RUN OR WALKED LESS THAN THE FULL COURSE FOR HIS OR HER EVENT WILL BE DISQUALIFIED. DO NOT CROSS THE FINISH LINE IF YOU HAVE NOT COMPLETED THE ENTIRE COURSE.

DROPPING OUT

If you are unable to finish the race, please notify someone at the nearest Aid station. We try to get a bus for the participants who cannot complete the race and need to be transported back to the Finish area.

WATER/FLUID STATIONS

Water and NUUN Electrolyte Drink will be available at miles:
MARATHON: 2, 3 ½, 4 ½, 6 ½, 8 ½, 10 ½, 11 ½, 12 ½, 15, 17, 19,
20 ½, 22, 23, 24, 25, and Finish

FRESNO HALF MARATHON: 2, 4, 5 ½, 8, 9, 10, 11, 12 and Finish

CLOVIS HALF MARATHON: 2, 3 ½, 4 ½, 6 ½, 8, 9, 11 ½ and Finish

ENERGY GEL STATIONS

GU Energy Gels available at these mile marks:

CLOVIS HALF: 8

FRESNO HALF: 8

MARATHON: 11 ½ and 21

SPECTATORS

Families and friends are welcome and encouraged to cheer and support the athletes. Check out the "Spectator Info" section on our website for more information and good spectator locations. Spectators are reminded of the many street closures on race day and are encouraged to plan ahead. Spectators must not impede athletes and must obey all traffic laws. Police recommend that families attending with children consider putting the parent's cell phone number in the pocket of the child prior to attending the race so if the child gets lost, the person finding the lost child can call the parent. In the event that children become separated from their parents, they will be walked to either the broadcast booth at the start of the race, the information booth after the race or to the nearest aid station on the course. Parents of lost children should go to either the Start Line Broadcast Booth, Information Booth or nearest Aid Station.

TIME LIMITS (Course Closes at 1:00 pm)

Full Marathon: 6.50 hrs (14.52 min/mile pace)

Clovis Half Marathon: 5.75 hrs (26.19 min/mile pace)

Fresno Half Marathon: 5.50 hrs (25.10 min/mile pace)

Cut off points will be enforced to ensure that the roads reopen at the published times.

CUT OFF POINTS

Old Town Trail at Alluvial at 9:20a (Mile 10 for Full Marathon). Any participants not maintaining a 14 min/mile pace will be routed across Alluvial to continue on the course and will complete a 25 mile course. Friant Road and Copper Avenue at 11:30a (Mile 5.7 for Half Marathon; Mile 18.75 for Full Marathon). Any participants northbound on the course will be re-routed to the Finish Line by foot; Half Marathon athletes will complete a 9.6 mile course and Full Marathon athletes will complete a 22.75 mile course.

Friant Road at the Eaton Trail (*Copper River Dr*) at 12:15p (Mile 9.2 for Half Marathon; Mile 22.3 for Full Marathon) Any participants southbound on the course will be re-routed on the Eaton Trail to the Finish Line by foot and will complete the full course.

The Finish Line and Finishers Village will remain open until 2:00p. No times will be recorded after 2:00p. The Finisher's medal and clothing will be awarded only to those who finish within the official time span. Medical Aid closes at 2:30p in the Finish area. If you experience problems after this time, please contact your personal physician and/or proceed to the nearest emergency room.

PHOTOGRAPHER

Race photos should be available by November 18, 2017.

The official event photographer is Darryl Ploen.

Photos will be available at our website: www.twocitiesmarathon.com

Please make sure your race bib (number) is visible at all times so your photo(s) can be identified. WEAR YOUR BIB ON THE FRONT!

FINISH LINE / FINISHERS VILLAGE / POST RACE

Photos will be taken as you cross the Finish Line and after you receive your Finisher medal.

As you finish the race, your official chip time and place will be recorded. In order to keep the process smooth and rapid, please observe the following rules:

- Wear bib on the FRONT. Make sure your race bib number is visible as you approach the Finish Line and while you are in the Finish area. Your time is recorded as you cross the timing mat.
- Please do not cross the Finish Line a second time if you plan to pace friends or family in.
- Participants who fail to complete the entire course MUST NOT cross the Finish Line.
- Do not permit family members and friends to cross the Finish Line with you – this will disqualify you.

Once you cross the Finish Line, you will enter the Finishers Village – a fenced off secure zone strictly for race participants. Here you will receive your Finisher medal and Finisher Sweatshirt. These must be picked up on Race Day and will NOT be mailed. Relay Team members for Leg 1 will receive their Finisher Gear and medal at their ending Relay exchange points.

You will also enjoy a hot breakfast, fruit, coffee, and massage ! Massage care is free of charge to athletes.

Outside this finish area, you will retrieve your gear from the *Cintas* trucks and join your family and friends in the Family Reunion Area located southwest of the Finish Area. IMPORTANT: Please prearrange a meeting place with loved ones BEFORE the race starts. We will not be able to use the public address system to reunite athletes with their families.

POST RACE CELEBRATION AND AWARDS CEREMONY

Kick off your running shoes – *Eat, Drink and Relax* – you have earned it! All athletes and their families and friends are invited to our Post-Race Celebration outside the Finishers Village on the grassy area immediately following our event.

The Post-Race Celebration will begin around 9:00 a.m. and will include the following:

- Music
- Food and drink
- Lots of celebration!

AWARDS

Cash awards will be mailed two weeks after the event. All protests and appeals regarding finishing times must be completed by Wednesday November 10, 2017.

| | CATEGORY | Prize Purse of \$3,000 |
|-------------------------|----------|------------------------|
| Overall | | MARATHON |
| 1st Place Male & Female | | \$750 ea |
| 2nd Place Male & Female | | \$450 ea |
| 3rd Place Male & Female | | \$300 ea |

MARATHON AND HALF MARATHON

Award cups will be presented, at the Awards Ceremony, three (3) deep for male and female winners in each age group: 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.

Locals will also be able to pick up their tile at Fleet Feet Sports Fresno; we will mail cups to those who live outside the Valley and want their award.

HALF MARATHON WALK

Half Marathon Walk awards will be presented 3 deep for male and female winners in each age group: 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ This is not a judged race. If you register as a walker you may NOT run at any time! You will be disqualified if you run any portion(s) of the course. If you entered as a runner you may walk as necessary.

RELAY

Relay awards will be presented to the Top 3 Teams

RESULTS

All results are unofficial until certified by Race officials. On Race Day, unofficial results will be posted, as they become available, at the Results Tent near the Finishers Village. Unofficial results will also be posted on-line by Monday, November 6, 2017.

MEDICAL INFORMATION

American Ambulance will provide medical support during the race. Healthcare professionals will be available at a fully equipped medical facility located near the Finish line. Participants requiring medical assistance may be transported to one of the area hospitals and will be billed by the hospital and ambulance provider directly. Participants must give on-scene medical personnel the freedom to determine which facility will be utilized.

FIRST AID STATIONS

The First Aid stations have basic first aid supplies and are in constant radio contact with the Race Director and medical personnel. EMR personnel, will equip our Finish area Aid station. American Ambulance will provide first aid and EMR services.

There will be first aid available at 13 stations along the marathon course and seven stations along the half marathon course to serve the participants.

RACE DAY ENTERTAINMENT

You will have lots of entertainment along the marathon course and in the Finishers Village.

DISPOSABLE TAG TIMING SYSTEM

All Marathon and Half Marathon event participants will be timed with the SVE timing system. Your time starts when you cross the Start line and will stop when you cross the Finish line. In accordance with USATF rules, overall and cash awards are determined by gun time. Age group awards and relay awards are determined by the Chip time. Good news! Each relay teams members will be given their own disposable tag. No need to pass on your chip!

RELAY BUS TRANSPORTATION

A Relay bus will take EACH 2nd leg member to his/her start point on the course. The bus will remain there to pick up the first Relay leg member and will return directly to the Finish area of Woodward Park. Sorry, we cannot make additional stops along the course. Relay members should ride the bus to the start point. This makes it easier for you and your friends. Only participants may ride the bus to the drop off point.

RELAY BUS PICK UP TIMES & LOCATION

1st Leg Start Line (No bus) A bus will return you to the start area from the relay exchange.

2nd Leg Buses will depart from the west side of Friant Road, just north of Shepherd. There will be signs directing runners to the buses.

Buses will be available to load beginning at 6:00a and Departure Times are 6:45a, 6:53a, 7:01a and 7:10a.

HOTEL SHUTTLES

Shuttles are available from the Host Hotels to the Start area beginning at about 5:30a and will run approximately every 30 minutes. Please check at your hotel's registration desk for further information. After the race, you may catch a shuttle back to the Host Hotels near the point where you were dropped off.

LITTER FREE COURSE

All runners and walkers are kindly requested to make the Two Cities Marathon & Half litter free. Please discard your cups, plastic bottles, and gel packets into the litter boxes that are provided along the route.

Alternatively, please drop your litter and excess clothing at the water stations. At the start, please ensure that all plastic tops, black bags, clothes, etc. are discarded well clear of where the runners are running. If left in the road they will be a hazard to other runners. Please use the litter bins, found at the Finish area and in the parking lots, for all refuse. *Let's keep Fresno and Clovis clean!*

COURSE ETIQUETTE

Please be considerate of your fellow competitors. Do not run or walk more than two people abreast, especially on the more narrow trail sections. STAY TO YOUR RIGHT! Be very aware of the faster runners who may be passing you or have already turned around and are running toward you.