

# GOAL DIGGER

A GUIDE TO APPROACHING YOUR FUTURE

WITH INTENTION

## BREAKING DOWN YOUR LONG-TERM GOALS

	PRESENT - 1 YEAR	1 -2 YEARS OUT	3 - 4 YEARS OUT	4 - 5 YEARS OUT	LONG-TERM GOAL 5± YEARS
MID-TERM GOAL					
SHORT-TERM GOALS	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	

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