

FALL 2016 TRAINING SCHEDULE

Class times are 6:00 pm - 9:30 pm.

Classes begin September 26th.

Class times for Saturday October 1st &
Saturday November 5th are 8:30 am-4:00 pm

- Mon. Sept. 26 Introduction/Feeling Awareness*
- Sat. Oct. 1 Active Listening*
- Mon. Oct. 10 Suicide
- Mon. Oct. 17 Community Services/Policies
and Procedures
- Mon. Oct. 24 Crisis Intervention
- Mon. Oct. 31 Mental Health
- Sat. Nov. 5 Intro to Information & Referral*
- Mon. Nov. 7 Learn Computers

Training site: To be determined

* Required attendance. Only 1 absence is permitted.

Training times, topics and location are subject to change.

A confirmation letter/email and directions will be sent prior
to the beginning of training.

- Enroll me in the training class, I want to volunteer.
- I am enrolling for personal or professional growth.
A \$75 non-refundable fee is enclosed.
- I am not able to attend training at this time. Please
send me future training mailings.

Name: _____

Address: _____

City: _____

Zip: _____

Phone: _____

Cell: _____

Email: _____

Make Checks payable to "CONTACT Helpline"
and mail with this registration form to:

CONTACT Helpline
PO Box 90035

CONTACT
Helpline
CONTACT HELPLINE
P.O. Box 90035
Harrisburg, PA 17109

CONTACT
Helpline

Want to make
a difference?

CONTACT CAN HELP

Want a great
volunteer opportunity?

CONTACT CAN HELP

Providing our community with free,
confidential listening, health and
human service information and
referral 24 hours a day, 7 days a week.

CONTACT Helpline Volunteer Training

CONTACT Helpline has provided 24 hour listening, information and referral services to South Central Pennsylvania since 1970. We respond to a wide range of needs: family problems, substance abuse, mental health issues, housing, emergency services and health problems.

No matter what,
CONTACT is there to help.

You Make a Difference

As a CONTACT volunteer, you provide a valuable community service. You also receive many benefits such as new friendships, acquiring new skills and opportunities for continued learning. The CONTACT experience will be as fulfilling for you as it is for those who reach out for help.

Training

The training program is designed to help you learn the art of "active listening" and includes topics such as drug and alcohol issues, crisis intervention, community resources, problem solving, mental health issues and suicide. New classes begin every three months in January, April, July and September. Training includes 35 hours of classroom training spanning 6 weeks. Apprenticeships are 20 hours over 4 weeks.

Commitment

After completion of training, volunteers are asked to give a minimum of 12 hours a month on the phones. Shifts are flexible, you pick the times that fit your schedule. We ask that you commit for at least one year as a volunteer.

CONTACT Helpline

Dial 2-1-1

(Health and Human Services Information
& Referral Assistance)

or call

652-4400

249-6226

800-932-4616

(Emotional Listening Support)

CONTACT Helpline

PO Box 90035

Harrisburg, PA 17019

Phone 717-652-4987

Fax 717-652-5017

Email: contact@paonline.com

contact@paonline.com



CONTACT
usa

Someone to listen... someone to care.

Listening Service

Our volunteers are ALWAYS available to listen - no matter what time of day or night. A problem may seem overwhelming until you talk it through. Or it may seem too small to call us about, but it is not. We will listen, no matter what, without passing judgment or telling you what to do. Your call will be kept confidential. We are always a phone call away.

We provide FREE information & referral

to thousands of services and support group in Adams, Cumberland, Dauphin, Franklin, Fulton, Huntingdon, Juniata, Mifflin, Perry and York Counties. Our information covers a broad range of topics including: food pantries, recreation, health care, legal assistance, housing, counseling, support groups, and crisis intervention services.



CONTACT is the "gateway" to human services throughout our region. Our goal is to point the caller in the right direction. We are increasing access to human services by offering the easy to remember telephone number 2-1-1. Now anywhere in our service area, you can call 2-1-1 and you will be assisted with finding resources to meet your need.

2-1-1 is part of a larger project throughout Pennsylvania and the Country. We are now able to be available to assist during a disaster with this easy to remember 2-1-1 telephone number. As a result we are helping more callers than ever before.

Building a better community,
one call at a time.