

# Winter Solstice

## SINGING JOURNEY RETREAT

### SOUNDING & LISTENING WITHIN

DEC 14 - 17, 2017 ○ NEW YORK, NY

**Are we listening?**

**Are we listening to Art?**

**Are we listening to ourselves?**

**Are we listening to the Universe?**

**Are we listening to each other?**

**Are we listening to Spirit?**

**Are we listening?**

We are made from Sound. From the Big Bang to cultural stories of Creation beginning with Sound, our own bodies are vibrating molecules. The Rubin Museum, dedicated to Himalayan art, has so succinctly put forth a most dynamic exhibit, *The World Is Sound*, to explore more deeply how we experience Art, Sound, and our World.

Ancient Tibetan mantras, Pauline Oliveros' Listening Deeply exhibit, *Le Corps Sonore* - a sonic labyrinth, Sacred Spaces including full Tibetan shrine, to the OM Collective chorus await our full listening. We'll spend a full day here in both the museum and retreat space, immersing ourselves in sound and art, learning to listen with our whole body. Complete with a concert by sitar legend Pt. Krishna Bhatt.

Walk through Times Square and experience Max

Neuhaus' work in the likes of such company as John Cage and his inimitable 4'33". Millions walk by never noticing Times Square public sound installation which bubbles up from the subway grates celebrating the Cosmic Drone.

Ruth Cunningham, of famed Medieval vocal group, Anonymous 4, and devoted sound healer, will share the beauty of her voice and insights of the Coming Light from the Divine Feminine and Marian perspective.

Celebrate with the Paul Winter and his Consort in the 38th year of NY's iconic Winter Solstice Celebration in the largest cathedral in the world, St. John the Divine.

Come with me and let's listen and experience profound Art and Music for A Winter Solstice Retreat in the epicenter of cultures on our planet ~ New York City.

*— This Retreat will engage light chant, with emphasis on active Listening, within and without.*

*— Active listening will be balanced with time and space for Silence.*

*— All ears and voices welcome!*