



Seaman's Scarf

Materials:

2 skeins Lamb's Pride Worsted, 380 yards (347 m) or comparable worsted weight yarn

Needles: size US 6 (4 mm) and US 8 (5 mm); cable needle

Gauge: approximately 7 stitches per inch (2.5 cm) in cable pattern stitch on size 8 (5 mm) needles.

Abbreviations:

k: knit

p: purl

kfb: knit in the front and back of the stitch (increases one stitch)

pm: place marker

C4B: cable four back: slip next two stitches to cable needle, holding in **back** of work; knit next two stitches from left needle, then knit two stitches from cable needle.

C4F: cable four front: slip next two stitches to cable needle, holding in **front** of work; knit next two stitches from left needle, then knit two stitches from cable needle.

k2tog: knit two together (decreases one stitch)

DIRECTIONS

Using size 6 (4 mm) needles, cast on 40 stitches. Knit eight rows (four garter ridges), increasing six stitches evenly over the last garter (wrong side) row as follows:

(k5, kfb, k6, kfb) 3X, k1

Change to size 8 (5 mm) needles and work pattern stitch as follows:

Row 1 (right side): k46

Row 2: k3, pm, k40, pm, k3

Row 3: k3, (C4B, C4F) 5X, k3

Row 4: k3, p40, k3

Row 5: k46

Row 6: k3, p40, k3

Row 7: k3, (C4F, C4B) 5X, k3

Row 8: k3, p40, k3

Work these eight rows for a total of 13X, or until work measures 15" (38 cm) from cast-on edge, then begin ribbing as follows:

Row 1 (right side): slip one stitch purlwise, (k4, p4) 5X, k5

Row 2: slip one stitch purlwise, (p4, k4) 5X, p4, k1

Work these two rows until ribbed section measures 15" (38 cm). Resume eight-row cable pattern stitch, working it a total of 13 times or until patterned section is as long as first section excluding garter ridges. Change to size 6 needles and knit eight rows (four garter ridges), decreasing 6 stitches evenly over the first knit row as follows: (k5, k2tog, k6, k2tog) 3X, k1.

Bind off, weave in ends. Blocking optional.



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