

## WHAT'S THE STORY?

### DISCOVERING EMPATHY & BUILDING STRONG RELATIONSHIPS

And it was just then that the penny dropped, as Lexie began to tell her teacher what had happened to her just 1 year ago. As she explained through her tears, Lexie's teacher couldn't help but think, 'if only her class mates knew her story, if only they knew her background, then maybe they would stop calling her those names.'

In ***What's the Story?***, we unpack the meaning of empathy, and why it's such a significant part of fostering positive relationships. We focus on the use of story as a powerful tool for learning the art of empathy - when we understand the feelings attached to our own stories, we have a greater capacity to relate to the stories and feelings of others, allowing for greater connection and the ability to 'walk in someone else's shoes'.

Our presentation covers key aspects of the focus area, 'Communicating and interacting for health and wellbeing' in the Australian Curriculum, allowing for easy connections in the classroom.

Key teachings from the Christian story are expressed through a reflection on Jesus' life; drawing out stories that give examples of what different feelings mean, how we might better understand the feelings of those around us and in turn, develop more positive relationships with one another.

This highly interactive workshop has a preferred maximum capacity of 60 students. To ensure content is age appropriate, we require groups to be split by year levels (eg. R-2, 3-5, 6-7).

To book a seminar contact Matt or Hannah at SMG on (08) 8378 6800 or email [seminars@smg.asn.au](mailto:seminars@smg.asn.au)

**\*Curriculum codes: ACPPS005, ACPPS020, ACPPS037, ACPPS038, ACPPS056**

“MESSAGE WAS SIMPLE,  
CLEAR AND WELL  
DELIVERED. PRESENTERS  
WERE ENTHUSIASTIC!

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