

# EARTH-FRIENDLY RESOLUTIONS BINGO

It can be easy to create habits that are good for you and the planet! Check out some of the suggested activities for an eco-conscious New Year!

Complete a row, column, or diagonal line of 5 boxes and be entered to win a \$5 Moscow Food Co-op Gift Card! Complete every box on the card and be entered to win a \$50 Moscow Food Co-op Gift Card!



Our green squares have resources and more information on the back!

<p>Make your own granola with a tasty organic recipe!</p>	 <p>Convert to shampoo and conditioner bars for hair care</p>	<p>Bring reusable shopping bags on your next grocery trip</p>	<p>Switch up your commute - try walking, biking, or taking the bus!</p>	<p>Install a water-saving shower head. <b>Mark off 2 more boxes!</b></p>
<p>Buy coffee or tea in bulk with a reusable cloth bag</p>	<p>Place a reusable water bottle in your car for on-the-go fillups</p>	<p>Put reusable utensils in your bag to avoid plastic silverware</p>	 <p>Learn a new skill or hobby</p>	<p>Pick up your next household appliance at a thrift store, instead of buying new</p>
<p>Set up a monthly donation to an online charity doing work or advocating for the environment <b>Mark off 5 more boxes!</b></p>	<p>Use eco-friendly de-icer on your driveway or sidewalk</p>	 <p><b>FREE!</b></p>	<p>Dry your clothes naturally, inside or outside</p>	<p>Watch or read an environmental documentary or book in January <b>Mark off 2 more boxes!</b></p>
<p>Share your favorite organic grocery item on social media</p>	<p>Cook your next dinner from scratch</p>	<p>Host a distanced clothing swap with friends</p>	<p>Make a meal plan for the upcoming week to limit food waste <b>Mark off 3 more boxes!</b></p>	<p>Commit to taking 3 minutes off your shower time this year</p>
 <p>Check household for leaks</p>	<p>Curate a capsule wardrobe to minimize unnecessary purchases! <b>Mark off 5 more boxes!</b></p>	<p>Shop locally for birthday and anniversary gifts this year</p>	 <p>Try Meatless Mondays with your family</p>	<p>Grab a reusable straw to skip single-use straws</p>

No-Contact Entry Available: Snap a photo of your completed BINGO card and email it to [BoardAdmin@moscowfood.coop](mailto:BoardAdmin@moscowfood.coop), or share it on social media and tag us [@MoscowFoodCoop](https://www.instagram.com/MoscowFoodCoop).

MOSCOW FOOD CO-OP - JANUARY 2021



# RESOLUTIONS RESOURCES



**[Click here to see some delicious organic granola recipes.](#)**

**Check a local hardware store to find your new favorite water saving shower head, or contact your city's water department to learn about programs to decrease water use in your home!**



**[Click here to learn about 30 eco-friendly hobbies you can pick up this year!](#)**

**[Click here to learn more about eco-friendly alternatives to salting your sidewalk or driveway, to help prevent slips and falls!](#)**



**[Click here to learn more about meal planning to help prevent food waste.](#)**

**[Click here to see our list of books and movies that share sustainability education!](#)**



**[Click here to learn more about creating a capsule wardrobe!](#)**

**[Click here to see a great list of recipes to make Meatless Mondays easy and delicious for the whole family.](#)**

