Give a Girl a Chance
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For young girls in rural Malawi, puberty often leads to school dropouts, simply due to lack of sanity materials during menstruation. Those girls, who continue their education, avoid school around five days a month due to menstruation, and such absenteeism is detrimental to their grades. Some girls even trade their body for sex just to have money to buy pads which often leads to early pregnancy, early marriages, contraction of HIV/AIDS, gender based violence, maternal death, child mortality among other atrocities.

Girls still use old rags, leaves, papers as sanitary pads in different rural areas, this brings discomfort, create odor, social exclusion, harbors bacteria and cause infection, can cause hepatitis B or thrush, sometimes even stains when they leak and declines the education part of a girl child. By providing to girls simple necessities such as reusable cloth pads, we will be able to address the issue.

In Malawi few girls make it to secondary school level and fewer to universities, when a girl starts her menstruation while at primary, there are few chances that she will reach secondary school. This project provide reusable cloth sanitary pads to students at Kochilira Primary School. In an attempt to support adolescent girls continue their education. This project formed "ITS A GIRL" club at beneficiary school. At this club girls are trained on how to make cloth sanitary pads and how to maintain healthy wellbeing. This club provides access of information to girls about menstrual healthy and other issues that affect girls. This project aid to addressing the social beliefs and stigmas surrounding menstruation and support girls education.