

- RISE & SHINE -

biscuit sandwiches & oatmeal served till 11am

Beignets {"Ben-yays"} - 3
the doughnut of New Orleans - 3 per order,
fried in 100% refined peanut oil

Buttermilk Biscuits - 2
true southern style buttery & crumbly
add **pimiento cheese** + 2

The Big "O" - 4
hot & steamy oatmeal - steel cut Irish oats
topped with raisins & Steen's Cane Syrup

Gras-NOLA - 4
our granola with almonds & raisins
ask for it "wet" with milk + 1

Yogurt from the Farm - 4
Trickling Springs Creamery, plain & natural
add seasonal fruit + 1.25
add granola + 1.25

BISCUIT-BY-YOU

- 2 -

*add any of the following
for an additional cost:*

- ❖ Benton's Bacon + 2
- ❖ Turkey Sausage + 2
- ❖ Ham + 2
- ❖ Egg {scrambled with milk, baked to fit} +.50
- ❖ NY Sharp Cheddar Cheese + 1

DAILY HOOKY SPECIALS!

Monday-Friday 4-7PM

half-priced bottles of wine
happy hour pricing
specialty drinks
changes daily - ask!

*Buy-one-get-one-free select
baked goods - 5-7PM*



SIDES & SHAREABLES
**available from 11am-close*

Daily Quiche Plate - changes daily so ask us, comes with a side salad - 9

Mason Dixon Humus - red bean humus, XVOO toast points - 6

J. Baker's Pimiento Cheese - Ritz crackers - 6

"Not My Mom's" Deviled Eggs - 3 per order & pack'n heat - 4

Candied Spiced Pecans - sweet and spicy pecan halves - 6

Cheesy Mac - flavor changes, ask what's being served up today - 7

Creole Cream Cheese & Pepper Jelly - warm buttermilk biscuits - 8

Hot Nuts In A Jar - VA peanuts, shallow fried in bacon fat creole seasoning - 4

Braised Collards - 6 hour braise, bacon, cider vinegar, crushed red pepper - 4

Blackened Turkey Meatballs - oven-roasted tomato sauce, parmesan - 6

- cultivating a culture -
- arlington, va -

· EATERY ·

- a taste for the South -
- est. 2010 -

DAILY "BLUE PLATE" SPECIALS

Ask what we're serving, or check our board!

Monday through Friday

- DAILY SAMMIES -

served 11am-close

THE MUFF-A-LOTTA - 9

salami, mortadella, ham, provolone, olive salad, toasted sesame seed Italian roll

Smoked "Douille" Dog - 9

local andouille sausage, creole mustard slaw, toasted split roll

Pimiento Cheese {Grilled} - 7 (v)

on white bread, slightly warm outside, cold center

Grilled Chicken Salad - 8.25

alfalfa sprouts, avocado, toasted whole wheat
[make it a salad + 1]

Bayou BLT - 9

Benton's bacon, oven-cured tomatoes, baby greens, mayo, toasted white bread

- SOMETIMES SAMMIES -

available until 3pm

Seasonal Veggie-ville - 8.50 (v)

ask what we have this season,
toasted honey grain

The Arm Drip - 9

our roast beef po boy - sliced roast beef in gravy, sautéed sweet onions, mayo, swiss cheese, Leidenheimer bread

Mr. T - 8.50

shaved all natural turkey, baby greens, pepper jack, creole aioli, toasted honey grain

- SOUPS & GREENS -

served 11am-close

Gumbo - 5 cup / 9 bowl

ask what type we have today

Seasonal Soup of the Day - 4 cup

All "Kale" Caesar! - 7.50

romaine hearts, kale, peppery parmesan cheese crisps, caesar dressing
try it "Bloody" with bacon & oven-cured tomatoes + 2

Your Daily Greens - 8.50 (v)

heritage blend of lettuces, sliced apples, candied spiced pecans, local chèvre cheese, balsamic vinaigrette

Da Bayou Chopped - 9

chopped romaine, crumbled blue cheese, Benton's bacon, chopped egg, avocado, oven-cured tomatoes, radish, mustard vinaigrette

upgrade to entrée status, add a 5-oz grilled chicken breast or chilled poached Gulf shrimp to any salad + 3.50

- LITTLE Y'ATS -

Kids Sammies

❖ All Beef Dog - 4

❖ Turkey Melt - 5.25

❖ Grilled Cheese* - 4

**add ham + 1.25*

(v) *Vegetarian*