

# Tips to Grow a Great Organic Garden



*Ideas from **Pringle Creek Sustainable Living Center** where we believe growing healthy food can be part of everyone's life.*

## Healthy soil = Healthy plants

\*Compost is a key ingredient in organic gardening.

\*Natural and organic fertilizers differ from chemicals in that they feed your plants while building the soil. Look for products like concentrated seaweed.

\*Use leftover coffee grounds to add nitrogen to the soil.

\*Mix 1 Tbsp. Epsom Salt with 1 gallon of water and spray on plant just before it blooms and then 10 days later to add magnesium and increase plant yields.

## Pick the right crops for your garden

\*If you grow it for fruit or the root, you'll need full sun.

\*If you grow it for the leaves, stems or sprouts, then partial shade is fine.

## Not a lot of space for a garden? Try container gardening.

- \*Pick varieties that are smaller growers like bush tomatoes, mini peppers, and lettuces.
- \*Plant your seed potatoes in a tub and continue to add dirt as they grow.
- \*Think about putting an edible garden in your front yard or on a patio.
- \*Anything can be a garden container – even old cowboy boots. Just make sure it has drainage holes.

## Resources

Listings of organic products: [OMRI.org](http://OMRI.org)

Great tips about gardening in small spaces and containers.

<http://www.urbanfarmonline.com/urban-gardening/>

Ideas for container gardens.

<http://www.sunset.com/garden/fruits-veggies/small-space-vegetable-gardens>

Suggestions for edible gardens

<http://www.bhg.com/gardening/vegetable/vegetables/grow-vegetables-in-containers/>

Gardening on a budget:

<http://www.moneycrashers.com/home-vegetable-garden-ideas/>

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