



FROM THE PRESIDENT

Dear Friends of Hill House,

This wonderful home for our elderly continues to thrive and grow. Our mission is sustained and fulfilled on a daily basis thanks to the tireless efforts of our professional staff, our innumerable volunteers, and a dedicated board of committed, working directors. We continue to operate at full capacity and our interest list of potential future residents remains extensive. For the first time in five years, we opened an application period from July through September 29, 2014, pending and in anticipation of our forthcoming expansion.



We encourage our supporters, donors, and geriatric care givers to review any family member, friend, acquaintance, or client who might be candidates for residency and call Hill House to register your interest.

Our resident activity level remains high via programming integration within the surrounding community. The spring and summer months have been filled with Island Beach Ferry trips, picnics, visits to the Bruce Museum, a trip to the Dogwood Festival, and regular shopping excursions. Our annual resident art show once again was well attended by community visitors.

I would like to announce that our Board of Directors is about to launch **The Capital Campaign for Hill House** under the leadership of Joy Lautenbach, past president of Hill House and a current board member. The campaign will raise funding necessary to complete the building of our new wing, as well as sustain continuing maintenance, upkeep and repairs, and enhanced resident programming for both our existing facility with 37 units and our new wing with 24 units.

We are thankful for past generosity of our donors that enabled us to pursue and undertake such a major project. Our fiscal health and stability gave us a step up. The end result will provide much needed additional housing for low and moderate income elderly in our area. We look forward to our community's continuing confidence and support as we proceed with this exciting and challenging public-private partnership together with the Connecticut Department of Housing.

~ Samuel T. Telerico, *President*

HILL HOUSE ANNOUNCES NEW BOARD MEMBERS

The Hill House Board of Directors welcomes Carolyn Cleveland, Diane Fox, Pat Geismar and Kathy Petersen as new members of the Board. These new members bring a multitude of talents and experience to Hill House.



Carolyn Cleveland is a long-time resident of Greenwich and recently of Riverside. She worked as a financial assistant at the Greenwich Arts Council and at Greenwich High School as both an aide and substitute teacher. Carolyn's volunteer work in the community has included the Bruce Museum as a member of the Science Committee, the Rock Ridge Association as Assistant Treasurer, Greenwich High School as a PTA President, and Greenwich Scholarship Association as President. She has also been active at the First Presbyterian Church and at her Alma Mater, Dickinson College, where she served on the Board of Trustees.



Diane Fox recently retired from a long and successful nineteen-year career as Director of the Planning and Zoning Department and Town Planner for Greenwich. She also served as one of the three Greenwich representatives to the Southwestern Regional Planning Agency (SWRPA). Diane has been active in local organizations in Greenwich including service as a past President of Greenwich Rotary. Diane and her husband, Ed, have lived in Riverside for thirty-six years where they raised their two sons.

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NEW BOARD MEMBERS... *continued*



Pat Geismar worked for the Greenwich Board of Education for twenty-five years and twenty of those years as a Guidance Counselor at Greenwich High

School. She has also been a longtime active volunteer in a number of community activities. At the Junior League she served on the Board and is now on the Advisory Board. She was a Co-Chair of the fundraising for Child Care 2000 and raised over \$3,000,000 for what is now Children's Day School. At the United Way of Greenwich she served on the Board on Allocations and as Chair of the Planning Council. She also served two terms on the Board of Social Services in the early 2000's and was Co-Chair during her last year. She has been involved with Meals on Wheels for many years and helped with the fundraising for River House/ Greenwich Adult Day Care. As a member of the First Congregational Church in Greenwich Pat has participated as a member of many committees and sings in the Church choir.



Kathy Petersen, her husband Tom and their young son, Thomas III, moved to Riverside in 1983. Kathy began a career at *TIME* magazine in

1971 where she held various marketing positions and became Manager and Director of *TIME* magazine special events. She led and directed a team for all sales and marketing events for the magazine before retiring in 2009. While working, Kathy still found time to be involved with the Junior League, Riverside School, Brunswick and Greenwich High School. Now retired, she has become more active in the community at St. Paul's Episcopal Church, Riverside Yacht Club, and as a Healing Touch Practitioner at Greenwich Hospital and the Bendheim Cancer Center.



Hill House residents during the annual Residents Association luncheon at Villa Italia Ristorante in Stamford



*Wednesday's Concert Series at Roger Sherman Baldwin Park
L-R: Letty Militana, Prudence Whitely, Jesslyn McNamara, Jean Turek and Caroline Ducibella*





*Trip to the Bruce Museum in Greenwich
L-R: Lee Baer, Virginia Reed, Kathleen Connery, Prudence Whitely,
Catherine Stroll and Eliza Lex*



Ice cream at Tod's Point, enjoying beautiful breeze coming from the Sound. L-R: Caroline Ducibella, Irene Sechler, Lee Baer, Audrey Mead, Kathleen Connery, Elaine Sicilian, Patricia McQuade, Charles Egenberger, Lucy Williams and Marsha Whelan



*Hill House "Art Exhibit 2014"
L-R: Kathleen Connery, Patricia McQuade, Caroline Ducibella, Elaine Sicilian, Charles Egenberger and our wonderful art teacher Lucie Anderes*



*Trip to Captain's Cove Island in Bridgeport
L-R: Virginia Reed, Anne Echedy, Tess Bologna, Lee Baer and Jesslyn McNamara*



Birthday celebration for Josephine Gleeson with her aide Sharon

The Annual Volunteer Reception will be held Thursday, November 20, 2014 at 5:00 PM to honor the many volunteers that serve Hill House during the year. There are more than fifty volunteers in our community that serve Hill House each week at the reception desk, in the dining room, or in other capacities.



*Concert by talented musicians... the Araki family and their friends
L-R: Stanley Araki, Miharu Naito, Ichita Matsunga, Iris Araki and Alex Araki*

2014 – 2015 BOARD OF DIRECTORS

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SENIOR RESIDENCE
10 Riverside Avenue
Riverside, CT 06878
203.637.3177

RETURN SERVICE REQUESTED

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UPCOMING EVENTS AT HILL HOUSE

- October 29, 11:00 AM Games, Crafts and Music with the Greenwich Japanese School
- October 31, 5:00 PM Halloween Party with Games and Fun
- November 4, 2:00 PM Holly Hill Tones Performance
- November 10, 4:00 PM Tranquil Moments
Meditation Class with Linda
- November 20, 5:00 PM Annual Volunteer Reception
- November 26, 12:45 PM Visit with the Nutritionist –
“Facts on Fiber” Presentation
- November 29, 10:00 AM New York Botanical Gardens
Train Show

Visit our website at www.hillhousefriends.org and click on “Calendar” to view all of the activities and programs in which our residents are participating!

ANNUAL APPEAL

Our 2014–15 appeal will be mailed shortly. With your support our program is able to include nutritious meals, cultural and social activities, programs and classes, transportation to local stores and places of interest, and 24-hour supervision by a dedicated and caring staff. We are grateful to you for helping Hill House continue to deliver a warm, caring and stimulating environment to its residents.

COMMUNITY BLOOD PRESSURE SCREENING

Hill House offers FREE Blood Pressure Screening for its residents, volunteers, and local residents and workers in collaboration with the Greenwich Department of Health. As high blood pressure or hypertension is a principle risk factor for heart disease, heart attack, and stroke, nurses offer wellness counseling as part of the service. Other risk factors include: family history, smoking, overweight and obesity, lack of regular physical activity, stress, and alcohol or drug abuse. Screenings are offered the 1st and 3rd Friday of each month from 10:00 AM to NOON.

MISSION: To offer affordable housing for the area’s low to moderate income well elderly population in a safe and caring homelike atmosphere which encourages older people to be independent, physically active, and involved with their families, friends and community.