YogaKids classes combine storytelling, art, games & music to engage the whole child in learning through yoga.

Focused on building self-regulation skills; energizing & calming through yoga, family style. Parent participation required to best carry-over concepts learned.

Adapted from our usual model to be offered virtually, in the privacy & safety of your own home via Zoom.

Each class will come with a personalized email including the class theme, story book information, activities, and optional art project ideas as extensions of the theme.

**Family Zoom Yoga; Relax and Connect with your kiddo(s)!**

**Classes for 3 - 8 year Olds**

- Thursdays from September 3rd to November 5th, from 5:15-6:15pm

  $120 for 10 weeks tuition for 1 child
  $160 for 2+ siblings
  plus $20 annual registration fee.

**Parents say,**

"My daughter was always excited for Thursday!"

"It's just the right amount of time for kids and number of weeks to commit to."

"Mia’s pretty much the ideal teacher: sincere, experienced with kids, enthusiastic."

**TLC Learning Center**

611 Korte Parkway
Longmont, CO 80501

Call us **303-776-7417**

www.LearningWithTLC.org
info@LearningWithTLC.org