



## *McLaughlin Grows Urban Farm 2017 CSA Program*

1105 Terrace,  
Muskegon, MI 49442  
[www.communityencompass.org](http://www.communityencompass.org)  
farmmanager@communityencompass.org  
231.728.3117

### **CSA Information/Registration**

**Order Before March 1st for Early Bird Discount!!!**

#### **What Will I Get?**

2017 will include several types of shares. Read through the descriptions below to find the perfect sized share for you!

#### **Full Weekly Share**

Each Full Weekly Share (equivalent to full grocery bag or more) consists of freshly harvested, superbly cleaned, naturally grown vegetables. We have found that one Full Weekly Share is ideal for a family of three or four who expect to eat a lot of vegetables, or a larger family with an average amount of vegetables in their diet. If you are concerned about being able to consume a full share of vegetables each week, consider finding someone to split with: sharing is encouraged!

Possible seasonal vegetables offered will include a bounty of assorted mature and baby kale, lettuces, salad mixes, Swiss chard, mustard greens, spinach, heirloom tomatoes, root vegetables, summer and winter squashes, onions, leeks, cabbage, cucumbers, eggplant, assorted beans, snap peas, bell and hot peppers, a variety of herbs and more!

#### **Every-Other-Week Share**

The same size as the Full Weekly Share, but picked up half as often....every-other week! This share was designed for smaller families or individuals who may not be able to utilize the full-sized share. The key to using this share affectively is to use the produce that will wilt or spoil quickest first (such as lettuce or spinach), saving hearty vegetables (such as potatoes or collards) for later use.

Possible seasonal vegetables offered will include a bounty of assorted mature and baby kale, lettuces, salad mixes, Swiss chard, mustard greens, spinach, heirloom tomatoes, root vegetables, summer and winter squashes, onions, leeks, cabbage, cucumbers, eggplant, assorted beans, snap peas, bell and hot peppers, a variety of herbs and more!

#### **Spring Salad Share**

Available for four weeks in the spring, this share consists of enough assorted fresh greens to make several large salads for each week distributed!

#### **Greens Share**

Available for six weeks in the late autumn, this share consists two or three heavier variety greens such as (but not limited to) kale, cabbage and collards, to cook and use for several hearty side or main dishes each week distributed!

### **Is What's Listed What I Will Receive?**

What grows on McLaughlin Grows Urban Farm is at the mercy of the weather and pests. While we can manage most pests, weather is another matter. The produce distributed will be determined by what grows on the farm and may differ somewhat from what is listed. **Harvest and subsequently what is included in the shares is dependent upon what is available.**

### **Share Delivery Service**

For an additional fee, your share will be dropped off AT YOUR HOME on pick-up day! This service is available for Full Weekly Share (\$50), Every-Other-Week Share (\$25) **ONLY**. To preserve the freshness of the produce, delivery is **not available for the salad and greens shares** and they **MUST BE PICKED UP**.

### **What Else is New This Year?**

**You Pick Days:** The farm will be having days for shareholders to come in and pick certain produce **at no extra charge** on a first come/first serve basis during the harvesting season when there is an abundance growing. All we ask in return is that you pick only what you will use. This opportunity will be dependent on the weather and pests allowing our produce to flourish.

### **New "Market-Style" Pick Up Days!!! \*\***

We are continuing this new format for the **FULL SHARE** and **EVERY-OTHER-WEEK SHARE**. When you come in to pick up your CSA share, the produce will be in baskets or bins. The "MENU", or amounts available to each shareholder will be prominently displayed. Each shareholder will be signed in, then proceed to fill their market bags with produce, according to the menu. For example, the menu may say "4 pounds of greens, 4 summer squash, 2 eggplant, and 6 onions". With this you could take 4 pounds of all one type green or mix it up and combine several types to total the 4 pounds! Moving on to the summer squash, you see both zucchini and yellow crooked neck...take a total of any four you wish! Don't worry...if this is a bit confusing we will walk you through the process each pick up day until you feel confident!

\*\*Market-Style is not available for those choosing the delivery option. Those choosing to have their share delivered will have a variety of all produce being offered prepackaged and delivered to their door.

**"Leave One/Take One" Table:** Don't care for eggplant? There will be a special table to "leave one/take one". You can leave that eggplant on the table and grab the onions someone else put there to replace it!

**Workplace CSA:** Wellness programs are springing up all across the workplace, and healthy food can be added to your fitness plan! Gather five or more staff members from your workplace and register each for either the "Full Weekly Share" or "Every-Other-Week Share". We will deliver your freshly picked produce the afternoon of harvest day right to your place of work at no extra charge! In addition, a cooking demonstration will be arranged using the produce in your CSA share once during the harvest period for those participating! All other benefits of a delivered CSA membership apply to the workplace CSA.

*McLaughlin Grows Urban Farm is a program of Community enCompass and helps achieve our mission to empower people and build community in Downtown Muskegon neighborhoods by sharing God's love, as we walk alongside neighbors, seeking justice and a better quality of life for all through long-term, sustainable changes.*





**McLaughlin Grows Urban Farm  
2017 CSA Registration**

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

*Please provide a valid email address in order to receive weekly CSA e-newsletters.  
Please list a phone number where you can be reached on the day of your pick-up.*

**Gift Registration** (please include the gift recipient's contact information)

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Order Before March 1st for Early Bird Discount!!!**

**Full Spring/Summer Share:** 12 weeks (June 7<sup>th</sup> – August 23<sup>rd</sup>)

Site	Address	Time	Value
McLaughlin Grows	Larch and Hoyt	Wednesdays from 3-6pm	\$320
<b>Early Bird Order!</b>			<b>\$300</b>
Drop Off Service		Wednesdays	Add \$50

**Every-Other-Week Spring/Summer Share:** 6 weeks (beginning June 7th and ending Aug. 16<sup>th</sup>)

Site	Address	Time	Value
McLaughlin Grows	Larch and Hoyt	Wednesdays from 3-6pm	\$165
<b>Early Bird Order!</b>			<b>\$150</b>
Drop Off Service		Wednesdays	Add \$25

**Full Fall/Winter Share:** 12 weeks (August 30<sup>th</sup> – November 15<sup>th</sup>)

Site	Address	Time	Value
McLaughlin Grows	Larch and Hoyt	Wednesdays from 3-6pm	\$320
<b>Early Bird Order!</b>			<b>\$300</b>
Drop Off Service			Add \$50

**Every-Other-Week Fall/Winter Share:** 6 weeks (August 30<sup>th</sup> – November 8<sup>th</sup>)

Site	Address	Time	Value
McLaughlin Grows	Larch and Hoyt	Wednesdays from 3-6pm	\$165
<b>Early Bird Order!</b>			<b>\$150</b>
Drop Off Service			Add \$25

**Spring Salad Share:** 4 weeks (May 10<sup>th</sup> – May 31<sup>st</sup>)

Site	Address	Time	Value
McLaughlin Grows	Larch and Hoyt	Wednesdays from 3-6pm	\$75
<b>Early Bird Order!</b>			<b>\$70</b>

**Greens Share:** 6 weeks (October 11<sup>th</sup> – November 15<sup>th</sup>)

Site	Address	Time	Value
McLaughlin Grows	Larch and Hoyt	Wednesdays from 3-6pm	\$150
<b>Early Bird Order!</b>			<b>\$145</b>
Drop Off Service			Add \$50

Share Type: \_\_\_\_\_ Cost: \_\_\_\_\_

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Delivery Fee: \_\_\_\_\_

Share Subtotal: \_\_\_\_\_

Tax deductible donation towards CSA share for a needy family.

Share Type: \_\_\_\_\_ Cost: \_\_\_\_\_

Delivery Fee: \_\_\_\_\_

Total Owed: \_\_\_\_\_

Payment method: \_\_\_\_\_ Check/Money Order \_\_\_\_\_ Pay Pal

**CSA Share Payment Options:**

**Check or Money Order:** Fill out registration form and check payment type. Make check or money order payable to “Community enCompass”. Return registration form and payment to 1105 Terrace, Muskegon MI 49442.

**Pay Pal:** Fill out registration form and check payment type. Return registration form to 1105 Terrace, Muskegon MI 49442. Follow link to PayPal:

**CSA Member Agreement:**

In registering for a 2016 McLaughlin Grows CSA share, I/we the registrant(s) understand the following:

1. CSA members must pick up their share on the scheduled pick up day, during the scheduled pick up time.
2. CSA members who cannot pick up their share must find someone to pick up their share for them, or alert McLaughlin Grows farm manager that they will not be picking up the share **before pick up day.**
3. CSA shares that are not claimed on the pick up day **will be donated to needy families** unless prior arrangements have been made.
4. McLaughlin Grows is not responsible for unclaimed shares.
5. No refunds will be issued for unclaimed.

*McLaughlin Grows Urban Farm grows using ORGANIC PRACTICES, so there may be occasional discoloration spots on vegetable surfaces. This does not affect the quality or taste of the produce. Slight imperfections are the very small price we pay for fresh, healthy, SAFE food!*

I have read and understand the above.

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Signature

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Name

Date

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Signature

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Name

Date

Please call 231.728.3117 or email [farmmanager@communityencompass.org](mailto:farmmanager@communityencompass.org) with questions.

Complete registration online at: [communityencompass.org](http://communityencompass.org) (click on the McLaughlin Grows link)

Or mail/drop off completed form, with payment made out to **Community enCompass** (with **McLaughlin Grows CSA Share** written in the memo line), to our administrative office at **1105 Terrace, Muskegon, MI 49442.**

*Demographic information for reporting purposes only:*

Number of people sharing this CSA \_\_\_\_\_

Number of people 18 and younger \_\_\_\_\_

Number of people 60 and older \_\_\_\_\_

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