You can help prevent hearing loss in your loved ones!

When you are invited to a celebration where there will be music (such as a Wedding, Bar Mitzvah, ‘Quince’) please copy the message below and return it with your RSVP.

Thank you for your invitation. The celebration will surely be a wonderful event!

Do you know that by the age of 19, one out of every five U.S. teenager suffers from hearing loss caused by noise and that 30% of young adults from NIHL (Noise-induced Hearing Loss)? Although this type of hearing loss is preventable, once it occurs it is permanent and irreversible.

Sounds over 85 decibels can cause permanent hearing loss. Many bands and DJs play at 97 decibels and even louder. At 97 decibels, hearing loss can occur after only 30 minutes.

Please request that your DJ or bandleader keep his or her sound volume at a safe level (<85 decibels).

Thank you for protecting your friends and family and for spreading the word!