THE ULTIMATE HAPPINESS WALL

EVERYTHING YOU NEED TO CREATE YOUR OWN HAPPINESS WALL FOR THE INTERNATIONAL DAY OF HAPPINESS.

livehappy® PRESENTS #happyacts
HOW TO BUILD A HAPPINESS WALL
Creating your own Happiness Wall is simple and easy to do—have fun by getting crafty with borders and colors!

Celebrate the International Day of Happiness March 20! To honor this day, the Live Happy team encourages you to join other happy activists around the world in hosting a Happiness Wall! It can be at your local school, office, business, park or other public spaces where passersby can write how they share happiness with others. Embrace your creativity and inspire others in your community to change the world. It’s easy! Tell us where you are putting up a wall at happyact.org/wall-map.

Painted Bulletin Board For Your Office

Gather these materials:
• 4-6 cork tiles (available at home stores or Amazon.com)
• Chalk pencil
• Cookie cutter or mason jar lid
• Acrylic craft paint
• Paint brush
• Scissors
• Cardstock
• Hole punch
• String

1. & 2. Arrange your tiles on a flat work surface. Use the chalk pencil to trace circles as desired. Paint, let dry, and add a second coat if desired.
3. Cut letters for a banner from cardstock, punch holes in the top of each, and hang on twine.
4. Hang the tiles and banner with small finishing nails, Command Strips, or push pins. Secure the cards in place with push pins.
#HappyActs Banner for Your School

Gather these materials:
- 2 yards fabric plus two ¼-yards in contrasting colors
- Stitch Witchery
- Fusible webbing or fabric glue
- Scissors
- Cardstock
- Tape
- Safety pins
- Pushpins

1. Use the Stitch Witchery to make a 2-inch hem at the top of the large piece of fabric.
2. & 3. Cut out large letters and adhere to the base fabric with fusible webbing or fabric glue.
4. Cut 1-inch-wide pieces of cardstock and make paper chains, securing each loop in place with tape. Hang the banner with pushpins, add the chains and secure the cards in place using safety pins.
HAPPINESS WALL
EVENT GUIDE
Unite your community by creating positive connections with others makes the world a better place.

Which of your communities could benefit from happiness?
There’s a community where you live, work and play. There are also the communities of worship, civic involvement, educational institutions and even your own family functions. By building a Happiness Wall in your community, you can spark a happiness movement and watch it positively impact you and those around you.

How can I bring the International Day of Happiness to my community?
You can easily create a Happiness Wall for any and every community you are part of in three easy steps.

Step 1: Find the perfect spot.
A blank wall. A clean white board. A bulletin board. Big or small, you can find a spot that will work for a Happiness Wall!

Step 2: Start decorating.
Get some colorful paper (orange is our favorite) and come up with creative ways to decorate your wall.

Step 3: Gather supplies.
Keeping supplies handy will make it easy for people to share #HappyActs on the wall.

Step 4: Spread the word.
Let everyone know about your Happiness Wall event—the more the merrier! Promote your event on social media or by posting flyers around town.

Now, encourage others to share their #HappyActs
No one wants to be first! Start off by adding a few of your own. That’s it!
GET SOCIAL

Tell your followers about your Happiness Wall event and encourage passersby to complete wall cards and post photos to their social networks.

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THANK YOU FOR HOSTING A HAPPINESS WALL AND MAKING THE WORLD A HAPPIER PLACE!

All of us here at Live Happy sincerely appreciate your time and dedication in supporting #HappyActs and the International Day of Happiness.