

HIGH-TIDE

EAT.
DRINK.
RELAX.

STARTERS

CONCH FRITTERS

Served with a spicy remoulade 15

FRIED CALAMARI

Lightly breaded, topped with parmesan served with a side of marinara 18

CHICKEN WINGS

BBQ, hot or sweet thai chili sauce served with blue cheese or ranch & veggies 16

CHIPS & SALSA

House-made fire roasted salsa 9
Add guacamole 4

CHICKEN TENDERS

Served with ranch, honey mustard or BBQ 12
Add fries 4

QUESADILLA

Filled with cheese, peppers and onions served with house-made salsa and sour cream 14
Add guacamole 4 Add jalapeños 1
Add chicken 8, pulled pork 8, steak 9 or shrimp 10

COCONUT SHRIMP

Seven fried coconut battered shrimp served with mango vinaigrette 14

SHRIMP COCKTAIL

Six shrimp served chilled with cocktail sauce 16

SALADS

GARDEN SALAD

Topped with tomatoes, carrots, cucumbers, and onions with your choice of dressing 12

CAESAR SALAD

Crisp romaine, parmesan cheese and croutons tossed in a creamy Caesar dressing 13

CAPRESE SALAD

Fresh mozzarella, tomato slices and fresh basil drizzled with a balsamic reduction 13

ICEBERG WEDGE

Covered with crumbled blue cheese, bacon, tomatoes, onions, croutons and blue cheese dressing 15

SPINACH SALAD

Topped with cantaloupe, walnuts, red onions, Brie cheese served with honey mustard dressing 16

PROTEIN ADD-ONS

Tofu 7, Grilled Chicken 8, Steak 9, Fried Calamari 9, Mahi 10, Shrimp 10, Seared Tuna 15, Salmon 15

SALAD DRESSINGS

Caesar, Ranch, Balsamic Vinaigrette, Blue Cheese, Honey Mustard, and House-made Mango Vinaigrette

ONE DOLLAR FOR ALL ADDITIONAL SAUCES

KIDS MENU 12 & Under

CHICKEN TENDERS & FRIES 10

HOT DOG & FRIES 10

GRILLED CHEESE & FRIES 10

 = HIGH TIDE FAVORITES



LUNCH FAVORITES

GRILLED TACOS

Two soft flour tortillas with your choice of chicken, mahi, steak or shrimp garnished with shredded lettuce, Pico de Gallo and parmesan cheese, topped with spicy remoulade
Served with pasta salad 17

FISH & CHIPS

Virgin Islands Summer Ale battered mahi mahi served with french fries and creamy tartar sauce 18

PULLED PORK SANDWICH

Slow roasted pork smothered in Sweet Baby Rays BBQ sauce topped with lettuce and pickles
Served with pasta salad 15

SANDWICHES

*All sandwiches served with pasta salad
Substitute fries, sweet potato fries or onion rings 3
Substitute side salad or Caesar 5*

GRILLED MAHI SANDWICH

Grilled plain or with a creole blackened seasoning served with a creamy tartar sauce 18

CHEESEBURGER

Choice of American, cheddar, swiss or provolone cheese 16
Add bacon, grilled onions or mushrooms 2

TURKEY, BACON, GUACAMOLE WRAP

Turkey, cheddar, bacon, guacamole and pico de gallo wrapped in a flour tortilla and warmed on the grill 14

CHICKEN SANDWICH

Grilled or cornflake battered fried with choice of cheese served with a spicy remoulade sauce 16
Add bacon 2

TUNA SANDWICH

Seared rare tuna filet topped with wakame salad, lettuce, tomato, onion and wasabi aioli on a brioche bun 19

BLACK BEAN BURGER

House-made black bean and corn burger with your choice of American, cheddar, swiss or provolone cheese 14

BRIE BLT

A twist on the classic BLT with Brie cheese, sliced onion and mango chutney 15

CAPRESE SANDWICH

Fresh mozzarella, tomato, basil and lettuce dressed with a balsamic reduction on a sub roll 15
Add chicken 8

DESSERTS

KEY LIME PIE 8

PEANUT BUTTER PIE 10

MANGO PASSIONFRUIT CHEESECAKE 10

CHOCOLATE LOVERS CAKE 10

ICE CREAM 6

(340) 714-6169

BREAKFAST 8AM
LUNCH 11AM
DINNER 5PM
HAPPY HOUR 3PM-5PM

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Please inform your server if you have a food allergy.

A 20% gratuity added to parties of 5 or more. Only 2 credit cards per table. 3% service charge on all credit cards

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

HAPPY HOUR DAILY 3-5

FROZEN DRINKS

MANGO TANGO

Half Mango Daiquiri & Half Strawberry Daiquiri 12

LIME IN D' COCONUT

A Colada with Coconut Rum and fresh lime 12

BUSHWACKER

An adult "milkshake" with Dark Rum, Kahlua, Baileys, Coconut, Amaretto & Creme de Cacao topped with nutmeg in a chocolate drizzled glass 12

BBC

Baileys Banana Colada... with Rum of course! 12

STRAWBERRY SHORTCAKE

Stoli Vanilla Vodka, Baileys, Amaretto and Strawberry 12

DAIQUIRIS

Banana, Mango or Strawberry 10

COLADAS

Traditional Pina Colada, or your choice of Strawberry, Mango or Banana 10

HOUSE MARGARITA...

On the rocks 10 frozen 12
Cuervo Gold Tequila, Triple Sec, Fresh Lime & Simple Syrup
...Upgrade to Premium Tequila & Cointreau... Milagro 2, Casa Noble Reposado 4, Don Julio or Patron 5

BEERS

STATESIDE BEERS

Miller Lite, Coors Light, Bud Light, Budweiser, Michelob Ultra 5

IMPORTED BEERS

Heineken, Corona, Corona Light, N/A Heineken 6

ISLAND BEERS

Carib, Red Stripe, Reef Life IPA, VI Tropical Mango Pale Ale VI Summer Ale 6

SPIKED SELTZERS

Assorted flavors 6

BEVERAGES

SOFT DRINKS

Coke, Diet Coke, Sprite, Ginger Ale, Club Soda, Tonic 3

BREWED UNSWEETENED ICE TEA or LEMONADE 3

RED BULL 5

TING, VI ROOT BEER, or BARRITTS GINGER BEER 4

BOTTLED WATER 3

ORANGE JUICE, CRANBERRY JUICE, or PINEAPPLE JUICE 3

GRAPEFRUIT JUICE or FRUIT PUNCH 4

PASSION FRUIT JUICE or GUAVA JUICE 5

ON THE ROCKS

LIVIN' THE DREAM

Stoli Citros, Blue Curacao and lemonade 8

HIGH TIDE

The Official Drink of Kenny Chesney's No Shoes Nation Tour, Blue Chair Bay Banana Rum, Sprite & Pineapple Juice 10

ISLAND GIRL

Blue Chair Bay Coconut Rum, Orange Juice, Pineapple Juice and Sprite 10

BUBBLES ON THE BAY

Champagne, Aperol and Passionfruit Juice over ice 14

CARIBBEAN GUNSLINGER

Bulleit Bourbon, hint of Chambord, Green Ting and a dash of Angostura Orange Bitters 12

PUSSER'S PAINKILLER

Pusser's Rum with Pineapple Juice, Orange Juice, and Cream of Coconut with ground nutmeg on top 12

A-GUAVEE

El Recuerdo Mezcal Tequila, Cointreau, Guava Juice and fresh lime in a salted glass 14

AHAB'S QUEST

Grey Whale Gin, Pink Ting, splash of Chambord and dash of Angostura Orange Bitters 14

DARK N STORMY SEA

Kraken 94 proof Black Spiced Rum with Barritts Ginger Beer and splash of Angostura Bitters 11

KINGSTON RUM PUNCH

Light And Dark Rums, Pineapple, Orange & Cranberry Juice with a splash of Grenadine 8



GET ANY DRINK IN OUR
LIVIN' THE DREAM
SOUVENIR PINT GLASS
TO TAKE HOME! +10

WINE & CHAMPAGNE

LUNETTA

Prosecco, 187 mL, Italy 10

LUNETTA ROSÉ

Prosecco, 187 mL, Italy 10

VEUVE CLICQUOT

Brut, 375mL/750mL 55/100

VEUVE CLICQUOT ROSÉ

750 mL 120

WHITES & ROSÉ

KENDALL-JACKSON

Chardonnay, CA 13/47

MATUA

Sauvignon Blanc, New Zealand 12/44

CAVIT

Pinot Grigio, Italy 10/34

MANON

Rosé, Côtes de Provence 11/38

BATASIOLO

Moscato D'Asti 8/28

REDS

HOUSE RED

Red Blend 10/34

MONTES ALPHA

Cabernet Sauvignon, Chile 13/47

MÉNAGE À TROIS LUSCIOUS

Pinot Noir, CA 11/38

