Know Your Risk

Get tested for Hep C if:

- You were born between 1945-1965
- You’ve injected or snorted drugs
- You got a tattoo or piercing in an informal setting or with non-sterile equipment
- You’re a health care worker and came in contact with infected blood or bodily fluids
- You’ve had hemodialysis (blood filtering) for a long time
- You have HIV
- You have symptoms of liver disease
- You were treated with a blood clotting factor (for something like hemophilia) before 1987
- You had an organ transplant or blood transfusion before 1992
- You’ve had sex with a partner with Hep C, or have had sex with many people
- Your birth mother had Hep C

Once you become a Duffy Health Center patient, you will have access to quality, affordable health care.

Additional services include:
- Medical care
- Mental health counseling
- Benefits enrollment
- Case management
- Spiritual care

Hep C is curable

Hepatitis C Treatment Program

94 Main Street, Hyannis, MA
(508) 771-9599
DuffyHealthCenter.org
What is Hep C and why should I get treated?

Hep C is a virus affecting the liver. It can have no symptoms, but chronic infections can lead to scarring of the liver, and ultimately to liver cancer.

It is important to seek medical attention if you have been exposed to the virus, or if you know that you have Hep C, even if you do not feel sick.

“\textit{I feel so much better now. In all ways, I have more energy and feel like doing a lot more. It changed my life.”} 
- Duffy Hep C Patient

Hep C Medications

Hepatitis C infection is treated with medications intended to clear the virus from your body. Most treatment requires only one pill a day for 8 to 12 weeks. Your doctor will determine what medication will best fit your needs. You will need to continue with doctor visits and tests so that your response to treatment can be carefully monitored and evaluated.

What is the purpose of the medication?

- Clear the Hepatitis C virus from your bloodstream
- Slow down progression of inflammation and scarring of your liver
- Reduce the chances of developing cirrhosis and liver cancer

Different Stages of Hep C

Stage 1: Mild fibrosis without scarring

Stage 2: Mild to moderate fibrosis with some scarring

Stage 3: Fibrosis or scarring spreading but no cirrhosis

Stage 4: Severe scarring or cirrhosis

Treatment is available as a shared medical appointment. In special cases, your provider may determine that you will be treated on an individual basis.

Duffy offers a team approach to Hep C, offering:

- Primary care
- Behavioral health counseling
- Treatment for substance use disorders
- Group and peer support
- Lifestyle education

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