Less than 25% of people can stop using opioids on their own. A comprehensive outpatient program of counseling, medical treatment and behavioral therapies has been shown to dramatically increase the likelihood of recovery from addiction.

“Suboxone has changed my life positively in so many ways. I have been drug-free for 6 1/2 years and I feel great. I have been able to hold a job and keep my home. The staff at Duffy has been so helpful and kind.”

- Duffy Client

Once you become a Duffy Health Center patient, you will have access to quality, affordable health care.

Duffy offers a team approach to substance abuse treatment (opioids, alcohol, nicotine, cocaine, cannabis, and other substances).

Additional services include:
- Medical care
- Mental health counseling
- Benefits enrollment
- Case management
- Spiritual care

"Become a recovery champion!"

94 Main Street, Hyannis, MA
(508) 771-9599
DuffyHealthCenter.org
Evidence Based Treatment

Since 2006, Duffy Health Center has been a leader on Cape Cod in evidence based opioid addiction treatment services in the primary care setting.

Duffy offers assessment, counseling, behavioral therapies, medication, and peer support. Our model is based on best practice treatment and recovery. Your team will include physicians, nurses, medical assistants and counselors.

Supporting the Journey of Recovery

Addiction is a chronic disease of the brain, and like other chronic illnesses, there are treatments available to assist in the journey of recovery.

Most people cannot just walk away from addiction. They need help to change their thinking, behavior, and environment.

Our approach has been shown to:

- Improve patient survival
- Increase ability to stay in treatment
- Decrease illegal opioid use and activity
- Increase ability to complete school and hold jobs
- Improve birth outcomes among pregnant women with substance use disorders

These medications and therapies also help lower a person’s risk of contracting HIV or hepatitis C by reducing the potential for relapse.

"Suboxone has changed my life for the better in almost every way. I haven’t missed a day of work. Drugs were the worst thing in my life. Take them out of the equation and boom! -- my life is so much better. I am a different person." - Duffy Client

Our program lets people to continue school or work while receiving services.

We offer buprenorphine (Suboxone) and naltrexone (Vivitrol) to help patients with opioid addiction maintain a normal life. These medications reduce the side effects of withdrawal and curb the cravings that can lead to relapse.

For more information, call (508) 771-9599

"Between the counseling, meetings, and Vivitrol, this has been life-changing. It's helped me change my outlook and way of thinking. Duffy has been so conducive to my health!" - Duffy Client