The Power of Peer Support

A look into the work of Recovery Support Navigators
Melissa Payne and Jeremy Wurzburg
Reflections
A note from Heidi Nelson, CEO

You often hear this time of uncertainty compared to the Great Recession or post-9/11. Not many people were moving halfway across the county in 2010, but that was the year we moved to Cape Cod and I became the CEO of Duffy Health Center.

The table had been set: Duffy was well-established in the community; with strong programs and a core of staff and managers who were devoted to the cause of health care for the homeless; and the best Board on Cape Cod, in my estimation. We were positioned to grow.

It’s easy to fall into the numbers. In the past ten years our budget has increased almost five-fold, from $5 to $29 million, annual patients from 2,600 to 3,400, and staff from 55 to almost 90 in 2020. However, the richness of our growth story is told in the programs and services we offer to persons experiencing or at risk of homelessness on Cape Cod.

Because of our ability to capitalize on Affordable Care Act funding for heath center growth, our federal base grant has tripled, allowing us to expand behavioral health services, including increased psychiatric care and improved coordination with hospitals and other referring agencies.

Based on our reputation as the first community health center on the Cape to offer Medication Assisted Treatment for substance use disorders, we have partnered with the Mass. Dept. of Public Health and other funders to tackle the opiate addiction crisis by expanding MAT from 120 to 400 patients; providing recovery support for pregnant and parenting women; serving teens and young adults with problematic substance and alcohol use behaviors; and connecting clients to community services through our recovery support navigation.

Despite the challenges our patients face in properly managing their chronic diseases, we have developed a team of staff focused on improving the health of those with Hepatitis C, diabetes and other high risk, high cost conditions.

For the first time, in 2018 we hired staff dedicated to quality improvement and improved our disease management scores such that we receive annual quality awards from our federal funders, the Health Resources & Services Administration (HRSA).

At Duffy we know that integrated care doesn’t just happen, even if you have primary care, behavioral health and case management all in the same building. It’s hard work and requires staff and technology to make that happen and we’ve made great strides.

We added a unique position to provide spiritual care, a critical component in healing, for our patients and staff, and initiated a ground-breaking suicide prevention program.

I could not have predicted that 10 years after arriving, in 2020, we would be facing perhaps our greatest challenge, the COVID 19 pandemic. Our team approached the emergency fearlessly and intelligently, with the knowledge that very few others could address the need for coronavirus care, basic hygiene and food for homeless persons - especially the unsheltered homeless. Our effectiveness is based on strong community connections and the respect we garner from our peers and supporters.

It has been my great pleasure to lead this team, partner with this Board of Directors, and to serve this community for the past ten years. I ask you, our stakeholders, to continue supporting our wonderful organization and to spread the good word about Duffy Health Center.

Thank you,
Heidi R. Nelson, FACHE
CEO, Duffy Health Center

A Day at the Showers
Written by Cathy Finn, Case Manager, Duffy Health Center

For years, Duffy Health Center has conducted a shower program as part of our integrated model of care. We offer this service for individuals experiencing homelessness and without access to the utilities needed for hygiene, a key factor in overall health. Due to COVID-19, this shower program inside Duffy was paused, but leadership acted quickly through our partnerships to obtain shower stalls from the Massachusetts Emergency Management Agency so that we could continue providing this vital service.

Wednesday was a very average day at the showers. When I got to Duffy at 8:30, a half hour before the showers opened, there were already three people waiting. One person settled in his car where he spends his days and nights and a young couple who are sleeping in the woods. By the time I came out to set up, fifteen minutes later, another person had joined them, and within minutes a fifth person drove up in his ramshackle old truck.

Our shower team set up the tables under the tent, pulling out the shower bags we hand out to each patient: towel, toothbrush, toothpaste, deodorant, shampoo and soap.

When available, we have food to hand out. We always have Naran to hand out to our patients, telling them that even if they don’t need it, please keep it on hand for other people. The opiate crisis is still an issue on the Cape, while we fight COVID.

The cleaning staff showed up at nine and gave the two showers in the trailer a good first go-through. They clean and decontaminate the showers thoroughly between each shower, then the next person gets their 20 minutes.

The gentleman in the truck had to get to his job and although we work on a first-come, first-serve basis, the folks waiting were kind enough to let him go first. He took a quick splash and was off to work.

The showers are generally in constant use throughout the 3 hours we run the program Mondays, Wednesdays and Fridays. But the ability to get clean is only a part of what we have to offer. Our two Recovery Support Navigators (RSN) are in constant motion, talking to patients about drug and alcohol use, working to get anyone who wants to into detox programs. I have watched as they negotiate with patients, negotiate with detox facilities and set up transportation for our patients to have their next chance at sobriety. After folks return from detox, our RSNs help our patients get into sober homes or other places that help them protect their sobriety safely.

They are also handing out phones we received as part of a grant program: flip-phones with 3 months service so we can keep in contact with them as they navigate their lives. This has been a literal lifeline for folks living out in the woods or who are in active addiction. There is always a way to get help.

The Duffy van is our office, packed with the socks, underwear, and masks (made for us by wonderful volunteers). We sit there and do our work quieter times, continuously our outreach to the other people whose health we support.

About half the people that show up to the shower program have case management needs. I have helped folks apply for unemployment; make appointments at the RMV; told them about food availability; assisted patients in getting their medical needs cared for by Duffy; given information about housing options; gotten people needed cab rides; gotten bandages and antibiotic cream; provided lots of socks, underwear, masks and t-shirts; and have been a listening ear… and that’s just in the last two days.

So Wednesday was an average day - eleven people showered and we worked with at least 6 more people, touching base with those who stop by because they know we are there to help.

We are working with people who are living in their cars; men and women in tents in the woods. We have folks in their 60s and see those who are just nineteen. The shower program has brought out people we hadn’t worked with closely before, and many have told me how thankful they are for this program. Every day I hear people say how wonderful Duffy is, how they have been supported by us. I always tell them it is our job - but what they say touches my heart. Every single day.

If you are interested in supporting Duffy programs such as the shower program, please visit DuffyHealthCenter.org/give.
Community Health Centers: On the front lines of COVID-19

Community health centers like Duffy have been on the front lines of the coronavirus pandemic all across the country. Each week, the Health Resources & Services Administration (HRSA) surveys health centers to track their COVID-19 response. The National Association of Community Health Centers presents this data to stakeholders in the form of infographics.

Data on this page represents responses from the week of September 11, 2020, when 69% (946) of health centers responded nation-wide.

Since April 3rd, over 4 million health center patients have been tested for COVID-19 and 12% have tested positive.

Duffy Health Center has the ability to provide both antigen and antibody testing for those in our care who need clearance to work, obtain new housing, or stay in the local shelter.

Source and Notes: Data presented in this fact sheet come from the Bureau of Primary Health Care, Health Resources and Services Administration, Health Center COVID-19 Survey collected on September 11, 2020. 69% (946) of federally-funded health centers responded. Survey data are preliminary and do not reflect all health centers. Some duplication of patients tested from week to week may occur. For more information, please visit https://bphc.hrsa.gov/emergency-response/coronavirus-healthcenter-data.
The death of George Floyd on May 25th ignited a multiracial and multigenerational movement against racism; a systemic racism that has infiltrated policies and practices at every level, causing immeasurable harm and generations of trauma to those who are Black, Indigenous, and/or People of Color (BIPoC).

Throughout our country’s history, access to housing, economic opportunity, higher education, and health care have been readily available for those who are white, but not for those who are BIPoC.

As a provider of care for persons experiencing homelessness, we know that Black people represent only 13% of the U.S. population but 40% of people who are homeless. This is a staggering statistic – and one that can be traced back to public policy. Placed against the backdrop of COVID-19, we have the data that starkly reveals how people of color have been disproportionately impacted by a public health emergency.

The current movement has sparked individual, businesses, agencies, and organizations to become more aware of equity and inclusivity for all people by taking a hard look at their practices and policies. Soon after Mr. Floyd’s murder, the leadership team at Duffy Health Center began internal conversations about diversity, equity, and inclusion (DEI). We wanted to pull back the layers of our work—from internal policies and procedures; to our hiring practices; to how we provide health care—to ensure we are meeting our mission in providing equitable health care to our most vulnerable community members, regardless of race or ethnicity.

We have taken time to create a thoughtful and meaningful action plan embraced by all at Duffy Health Center—one that we will execute to support DEI in our workplace. Led by a volunteer staff committee representing all levels of our agency, we have created a substantial DEI action plan.

We are making the commitment to:

- carefully examine our policies and procedures to identify and reconcile structural racism,
- increase the representation of Black, Indigenous, People of Color on our staff and our board to more fully represent the populations we serve,
- implement meaningful trainings for new hires and ongoing trainings for staff and board on issues of DEI, and
- undertake reviews of care to ensure access to and equitable delivery of all health care services we provide.

These are the main themes of our action plan, and our work is underway. We commit to keeping our community apprised of our efforts and thank you for your support of them.

To learn more about our DEI action plan, please visit DuffyHealthCenter.org/DEI.
Anyone who has been in the vicinity of Duffy Health Center since our shower program began in April has likely seen Jeremy and Melissa outside, 3 hours per day, 3 days per week. Those within earshot may be surprised by their ability to provide empathy and compassionate support to any individual they encounter. It’s remarkable to witness the ease with which they can jump from addressing someone’s need for clean socks to getting someone struggling with substance use into a detoxification program that will start that very day. They never stop.

Jeremy Wurzburg and Melissa Payne are Recovery Support Navigators at Duffy Health Center. Their job is to provide non-clinical services to people engaged in treatment for substance use disorders at Duffy and elsewhere in the community. They offer guidance in identifying recovery goals and assist individuals in obtaining appropriate social services, resources, and assistance. They work closely with Cape Cod Hospital, St. Joseph’s House, the AIDS Support Group of Cape Cod, Housing Assistance Corporation, and the Community Impact Unit of the Barnstable Police Department to ensure that all systems are working effectively to wrap services around people who need them. Above all, they are fierce advocates for their clients.

“We have the ability to meet people where they’re at, because we’ve been where they’re at,” says Melissa. “We can bring a level of empathy and understanding that others may not.”

Jeremy and Melissa are both individuals in sustained recovery. The Recovery Support Navigator role, which is a national evidence-based model, acknowledges the value of peer relationships and social networks to an individual’s successful recovery. As stated on their website, the Substance Abuse and Mental Health Services Administration, part of the U.S. Department of Health and Human Services, “established recovery support systems to promote partnering with people in recovery from mental and substance use disorders and their family members to promote individual, program, and system-level approaches that foster health and resilience.” (www.samhsa.gov/find-help/recovery)

During the COVID-19 pandemic, Melissa and Jeremy have been witness to what can happen when peer support and connection is taken away. “We’ve seen people in long-term recovery relapse due to the social isolation and the inability to go to meetings,” shares Jeremy. “We’ve been reaching out to individuals who we know are high-risk for relapse, but we’ve also seen the impact that isolation can have on those who had been in recovery for years. That’s why the shower program has been so important, because it’s not just a shower, it’s an opportunity to connect with our patients even though they can’t come into the building. Since March, we’ve assisted with almost 200 placements into detoxification facilities.”

Since the inception of the Recovery Support Navigator role at Duffy Health Center in 2016, we have witnessed the ways in which the power of peer support can dramatically alter the course of a person’s life. Relationships built on the connection of similar experiences are full of trust and understanding.

“Melissa and Jeremy bring the power of their own lived experiences to their roles and empower our patients through some of the most challenging periods in their lives, while also celebrating the successes in their process,” shares supervisor Daniel Rodrigues, LICSW, Associate Director of Substance Use Disorder Services.

**Perfectly Different Faces**

“Each person has something that makes them unique. A silly laugh, sparkling eyes, or big rosy cheeks. There’s a different story behind each name. So many journeys, not one is the same.”

Perfectly Different Faces is the story of Duffy Health Center and those we serve, written by Melissa Payne and illustrated by Jeremy Wurzburg. It’s available for purchase on Amazon - 10% of every purchase goes back to supporting recovery services at Duffy Health Center. Enjoy!
When a teen faces challenges with substances, families may have trouble identifying a problem. Some may deny that there is a problem. Even when a substance use challenge has been identified and the family unit wants to address it, it can be difficult to know what steps to take to begin the path towards supporting a struggling teen.

For teens and families in Barnstable County, RecoveryBuild Alternative Peer Group for Teens (APG) is there. The program was created by Behavioral Health Innovators, Inc. a non-profit organization co-founded by Stephanie Broody and Mary Beth Schoening, two women who have lived through the experience of not knowing how to support a family member through substance use challenges. The program is based on the nationally recognized model that provides clinical support for both the teen and the family unit, while also providing structured social activities for the teens and their peers. APGs have an 85% recovery rate vs. a nationwide recovery rate of 30%. (Morrison, C. & Bailey, C., 2012 April)

RecoveryBuild APG is staffed by two Licensed Mental Health Counselors and a Recovery Peer Mentor who have lived experience with substance use and recovery. Duffy Health Center provides clinical supervision and administrative support. The APG model includes evidence-based practices such as Family Systems Theory and peer to peer support. It is based on the Houston model, where APGs have been in existence since the 1970s. Teens are provided with the tools needed to make a lifestyle change as they move towards recovery, and parents learn how to support them through the process.

RecoveryBuild APG is a 6-month treatment program with two main goals: to build competencies around recovery skills and relapse prevention, and to help participants learn and maintain health skills as well as engaging in ‘substance free activities.’ The group meets two evenings per week, with Tuesdays dedicated to recovery-based treatment. Clinicians facilitate individual sessions, support with group psychoeducation and with “group process” which includes coping skill building. They also create and update treatment plans through the group process. Thursday is activity night where the focus is peer connection, building and supporting the growth of “sober fun” facilitated by the Peer Recovery Mentor.

The program is open to teens between 13 and 18 years old with a history of substance use. It is the only program of its kind in Barnstable County. The group meets either at the Pier Recovery Center in Hyannis or (currently) via Zoom. Referrals to the program can come from schools, parents, grandparents, athletic coaches, counselors, and community-based organizations.

When a teen joins RecoveryBuild APG, they have the opportunity to: talk to peers who are going through the same thing; hear how others deal with challenges in their recovery; listen to success stories and the consequences of substance use; achieve goals to feel the success of recovery; and celebrate the success of overcoming a substance use challenge. The program wraps around each teen and provides them with the social and emotional tools necessary to cope with whatever life may throw at them - without the use of substances.

For more information about RecoveryBuild Alternative Peer Group, visit RecoveryBuild.org. If you are concerned about a teen’s substance use, please contact APG by calling (774) 487-5227 or emailing APG@duffyhealthcenter.org.

Since 2018, Duffy Health Center has participated in a Massachusetts Department of Mental Health project to reduce suicides among adults in Barnstable County. The initiative is based on the national Zero Suicide model and is funded by the Substance Abuse and Mental Health Services Administration.

Pathways to Hope
Suicide Prevention through Compassionate Connection

Pathways to Hope is one of our more creative endeavors. It is not a program in which patients are enrolled, but rather an initiative that informs how the Duffy care team can best serve our patients who are at risk of suicide; an internal means of identifying high-risk patients who struggle with suicidal thoughts, suicidal ideation, and/or past suicide attempts. This knowledge enables the Pathways Team to provide these patients with the support they need to cope and persevere.

The development of Pathways to Hope has been informed by the expertise of Duffy staff members, those who are interacting with patients daily. The Pathways Team includes Psychiatric Nurse Practitioner Carol LeProhon; Licensed Mental Health Therapists Catherine Downes, Maryann Landry, and Susan Jimerson; Recovery Support Navigator Adam Schwamb; Community Health Worker Susan Childs; and Pathways to Hope Coordinator Pamela Wannie. Administrative support is provided by leaders of Duffy’s Behavioral Health, Quality Improvement, and Information Technology departments.

Cape Cod and the Islands has the highest rate of suicide in the state of Massachusetts. Through Pathways to Hope, Duffy staff and providers are able to create structures that are built around individuals who are at risk of suicide - structures built to help hold them if they are at risk of falling down. Clinical services include frequent assessment of their mental health and accelerated access to behavioral health services. One of the most powerful aspects of the program, however, is the compassionate connection made by Pathways Case Managers on a regular basis.

As Duffy Spiritual Care Provider Pam Wannie notes, “One of the things that individuals experiencing or at risk for homelessness deal with is a feeling of thwarted belongingness because of their homeless status. When you put that together with loneliness, isolation, sometimes substance use and mental health issues, you have people wondering whether they even belong on this earth. One of the most beautiful antidotes to that sense of thwarted belongingness is connection; feeling like someone cares if you’re here.”

Duffy Case Managers on the Pathways Team actively track patients who have suicidal ideation to ensure that they have regular contact with someone from one of Duffy’s departments. If there is a week that the patient does not have any scheduled appointments with a Duffy provider, Case Managers will reach out to them. This is often as simple as a quick conversation to check in on appointments, or to help connect patients to resources in the community. Outreach is done through phone calls, text messages, or even sending a card.

This connection is a way to remind the individual that they matter; that someone is thinking of them and cares about them. Especially with the increased social isolation and dismay caused by the COVID-19 pandemic, the Pathways Team has seen the huge impact that a phone call or text can make. The connection also provides an opportunity for the Case Manager to see if a patient may be in need of any additional support, and offer it if needed. A close collaboration with the Samaritans on Cape Cod allows for a referral to their “Caring Connections Program” for additional opportunities for meaningful connection.

The Pathways Team meets weekly to continue the active development of this initiative, assessing progress to determine next steps. A second phase is in its early stages, which will include a psychoeducational group for patients struggling with suicidal ideation. It will focus on skill building, coping mechanisms, and peer support. In recognition of the value of patient input, the team is also exploring the idea of creating a focus group of patients who have benefited from Pathways to Hope, to learn what worked well for them at each stage of their care; what helped to remind them of their importance in our world and empowered them to carry on.
Curing Hepatitis C
Intensive Clinical Care During a Pandemic

Since March, the Duffy Team has shifted, adjusted, innovated, worked and re-worked our programs and services to best serve the individuals in our care, despite a global pandemic. As one member of our Senior Leadership Team has observed, years of work in health care for the homeless equipped the Duffy Team to meet the challenges brought on by the pandemic, because we are so used to functioning amidst uncertainties.

One of Duffy Health Center’s most innovative clinical programs is for the treatment of Hepatitis C (Hep. C). Since 2016, a multi-disciplinary team has provided medical treatment and primary care, wrapped in other services, such as nutrition education, harm reduction, and mental health support. These services are provided in a group care model; patients move through treatment as a cohort over the course of a 12-week clinical treatment. Since its inception, the program has maintained an incredible 94% cure rate.

&ldquo;I loved the program. The people were kind and caring to me.&rdquo; – E.L., patient

The multi-disciplinary structure of the team running the program is a key tenet of its success. Nurse Practitioners Carrie Sullivan and Su Wasseluk provide clinical care. Shantel Williams, LPN, Population Health Coordinator, manages the logistics of obtaining the medication from the specialty pharmacy and tracks when a patient picked up their medication from Duffy, but all other treatment protocols were managed over the phone.

With another cohort of 9 patients slated to begin treatment in May, the team came together to evaluate the success of the &ldquo;hybrid&rdquo; model that had been quickly implemented in March. &ldquo;What we found was that the approach we thought would work best for the patients didn’t actually work,&rdquo; shares Emily. Duffy was not seeing patients in-person at this time unless they had an extreme medical need that could only be met in person. With Margaret’s support, the team gained permission for the Hep. C patients to have in-person medical visits. With this switch, the patients quickly picked up on the routine and immediately became more engaged in treatment.

&rdquo;At first I was nervous about starting a new cohort during this time,&rdquo; shares Shantel. &ldquo;But it’s rewarding to still be able to be there for our patients, even with everything going on. We really want them to be treated.&rdquo;

&ldquo;It’s different without the group model. When people went through treatment together, there was an energy that made it extra special. But the fact that we’re still treating people individually and still getting them the medication to be cured is phenomenal,&rdquo; reflects Carrie. Su echoes Carrie’s sentiments. &ldquo;In primary care, you don’t get to cure many things;&rdquo; she says. &ldquo;The group energy of overcoming it together was really unique. But Shantel, Emily and Margaret are a power trio. It’s been amazing how their continuous attention to the program has kept things going and ensured that this program persists, even through the pandemic.&rdquo;

Two more cohorts began the program in late summer. The team continues to reach out to members of future cohorts to ensure that they are physically and mentally prepared to begin their journey toward a cure.

&ldquo;Thank you for taking away my Hep C with a smile.&rdquo; – T.M., patient
Thank you to our community.

At the onset of the COVID-19 pandemic, the world entered a period of uncertainty unlike any known in this era. In the face of this uncertainty, Duffy Health Center was overwhelmed by the generosity of partner agencies who sprung into action to support vital programs for our most vulnerable neighbors. **We could not have done it without them.**

One of the first agencies to respond was The Cape Cod Foundation through their Strategic Emergency Response Fund. Multiple grants were made to Duffy by the Foundation with funds from the Massachusetts COVID-19 Relief Fund. This support has enabled us to continue our shower and food programs for unsheltered individuals who are without access to adequate sanitation or nutrition. We are so very grateful for the continued support of The Cape Cod Foundation and their commitment to so many in our community.

The Cape Cod 5 Foundation stepped in with the intention to support those most vulnerable in our community. Duffy Health Center offers our shower program 3 days a week and will be indefinitely. The program isn’t just about showers and clean clothes - it’s a chance for our staff to connect with those experiencing street homelessness and connecting them to services they might need during this time of crisis. We are grateful to the Cape Cod 5 Foundation for their support of those who need it most.

When Duffy Health Center’s doors closed in March, our clinical providers quickly transitioned to providing care via telehealth to ensure the continued care of our patients. They have been doing so ever since, with the exception of very few in-person visits. We are so very grateful to our partners at The Cooperative Bank of Cape Cod for their support of our work during this crisis which has directly impacted our patients’ health.

The Cape and Islands United Way tirelessly supports organizations across our community - and their work hasn’t stopped during COVID. They have generously given to Duffy in support of our food program for those experiencing street homelessness. We are so grateful to the Cape and Islands United Way and their support of this program that has proven vital for so many.

Eastern Bank Charitable Foundation has been a generous supporter of Duffy Health Center for many years. Their gifts have underwritten the start of many successful clinical programs and, recently - to support low and moderate income individuals and families where the need is greatest. One of the greatest needs for many patients during this crisis has been transitional housing. Many patients have relapsed; many have sought treatment. And many need access to sober housing - a demand greater than ever. We are grateful to Eastern Bank Charitable Foundation for their support of those most vulnerable in our community.

The Yawkey Foundation recently been in receipt of a very generous gift from the Yawkey Foundation to support this work!

ROAR: Ride for Opioid Addiction Recovery

Did you see the motorcycles and purple shirts ROAR-ing across the Cape on a beautiful Sunday in September? Perhaps you were stopped in traffic to let the 250 bikes pass? If so, you were one of the lucky ones. ROAR – the Ride for Opioid Addiction Recovery - is now in its 3rd year, and it is changing lives one bike at a time. The ROAR Fund of the Cape Cod Foundation, a donor-advised fund that was started in 2017, has generously selected Duffy Health Center as one of their beneficiaries each of its 3 years. Because of COVID-19, this year’s ride looked a little different than the past – but also proved to be its largest to date.

ROAR started in 2018, a fundraising-via-motorcycle-ride organized by Jamie Pina and Karen Herrand. A scenic motorcycle ride through the town of Barnstable, money was raised through rider entry fees, t-shirt sponsorships and a post-ride raffle and silent auction. All money raised provides assistance for those transitioning into sober housing. The couple had seen first-hand the benefits of sober housing when Jamie’s son received a scholarship from The Herren Project (ROAR’s other beneficiary). This transition was life-changing for his son.

The ride has grown each of its 3 years: 110 bikes in 2018, 175 bikes in 2019 and 250 bikes this year. Held September 13th, this year’s ride started at Falmouth High School and ended at Barnstable High School - a ride 40 scenic miles long. Funds are raised through entry fees ($20 a rider) and t-shirt sponsorships. There was not a post-ride celebration with lunch, raffle and silent auction as there had been in years past however this year’s ride has raised the most money yet. The 2020 ride saw 17 new t-shirt sponsors which Jamie attributes to more people knowing about the ride and wanting to support it. Jamie and Karen work in partnership with their ROAR organizing committee which has already started their planning work for the 2021 ride – including fundraising efforts.

“There are so many people and families touched by this epidemic in our community,” said Jamie. “We are getting bigger every year not just because people learn about ROAR and want to ride in it, but because the number of people impacted by the epidemic is growing and people want to help.”

In 2019, the ROAR Fund’s generous $7,000 gift to Duffy helped 11 clients transition into sober housing. Safe, stable housing is one of the first steps for people to regain their footing to access employment and reconnect with family and support systems. “We can’t wait for our 4th year,” said Jamie. “It’s going to be the biggest yet.”
This special event is a unique coming-together of three local agencies – Champ Homes, the Cape Cod Council of Churches, and Duffy Health Center.

We serve some of our most vulnerable neighbors here on Cape Cod – those living on our streets; those at risk of losing their homes; those who are struggling with substance use disorders; those who need assistance putting food on the table for their families; our neighbors who need our help now more than ever. Our community has been faced with so many challenges these last several months, and we’ve been working tirelessly, day in and day out, to provide the programs and services that have never been needed more.

John McDermott, famed Irish Tenor, has previously partnered with Champ Homes for their annual fundraiser. Mr. McDermott will be sharing some beautiful songs with us. We are grateful to Mr. McDermott for his time and generosity in sharing this event, Hymns of Hope.

Upon purchase of your ticket (starting at just $10!), you will receive an email containing a link to the concert. This link is yours to use indefinitely. We are most grateful to you for supporting this event through your ticket purchase.

If you are able and the spirit moves you, we hope that you’ll consider giving an additional gift. With the purchase of a $50 ticket, you will have the opportunity to download a recording of Mr. McDermott’s CD, “Great Is Thy Faithfulness.”

HymnsOfHopeCapeCod.org
Learn more & purchase your ticket!