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nowledge is the synthesis of ideas from many sources and perspectives: What your doctor knows and says, what your own experience and values tell you, what organizations like PCRI say, what the guy at the local support group says, and many more. They are all good, however, none tell the whole story.

And you, the researcher, synthesize a bigger picture from all of these perspectives by combining what your doctor knows with the knowledge you have acquired from other sources while factoring in your personal preferences and priorities. This is how you come up with the best decision for your situation.

## This issue of Insights presents:

- A new tool that compares 28,000 peer reviewed papers to chart the effectiveness of different local treatments for each risk level.
- A New York Times bestselling author and friend of PCRI sharing his patient perspective, boiled down into 8 key points.
- A quick recap of the PCRI conference
- An introduction to a genomic test can add additional clinical perspective for men considering adjuvant or salvage radiation.

Everything that you learn about prostate cancer fits somewhere in the context of your own journey. The more you explore, the more you get a sense of where everything is relative to you. As you read this issue, we trust you are already on the path, aspiring to get the best care you possibly can.