

PCRI & ZERO

Prostate Cancer 15K/5k Run/Walk!



We are committed to bringing generations together for our annual **Prostate Cancer 15K/5K Run/Walk** in Los Angeles!

This fun-filled event will help support prostate cancer research and education. Get involved in promoting awareness this year by joining PCRI and ZERO for this exciting event!

When: June 21st, 2014

Where: Shoreline Aquatic Park, Long Beach, CA

If you will be in the Los Angeles area the weekend of June 21st, don't miss out on the fun! Whether you are a seasoned athlete or a casual walker, this event is a fantastic opportunity to raise awareness for prostate cancer. There will be food, prizes (including a chance to win an iPad mini) and fun for the whole family!

Visit <http://losangeles.zeroprostatecancerrun.org/> for more information and to register today!

Interested in volunteering on race day? E-mail info@pcri.org to learn how you can help!



PROSTATE CANCER RESEARCH INSTITUTE



Dear Supporters,

The prostate cancer journey can be very exhausting. I know because my son and I traveled that path with my husband for 13 years before he lost his battle with prostate cancer in 2013. Along the way, PCRI helped re-infuse us with energy by showing us tools and resources we needed, helping to bring clarity and hope to our journey.

This goal of infusing men with resources and renewed energy is a priority at the PCRI. We call it "patient empowerment," but since science and medicine are notorious for changing words and phrases, you may now hear it called "shared decision making." The goal of empowering patients is challenging. Patients have unique cancer characteristics, and come from different perspectives and backgrounds.

The PCRI does its best to meet these individual needs by providing FREE access to experienced Helpline Facilitators. We also host a popular, patient-focused conference each September. And now we are launching the Blue Community, a FREE online discussion forum where patients and caregivers can interact, exchange information, and learn from each other's experiences. The PCRI also provides a FREE quarterly newsletter that updates patients with the latest advances in prostate cancer care.

PCRI needs your financial support to keep these programs thriving. Donations to the PCRI are tax deductible. PCRI is audited annually and is continually certified as one of the Best Charities of America. As we move on into summer with Father's Day approaching, keep the PCRI in mind as a place of support for you, and keep us in mind as a place that benefits from your continued support.

As always, a heart-felt thank you. And I hope to see you at our September Conference, on Blue Community, on Helpline, or wherever our paths cross.

Warm Regards,

A handwritten signature in black ink that reads "Jan Manarite".

Jan Manarite, PCRI Senior Educational Facilitator

