



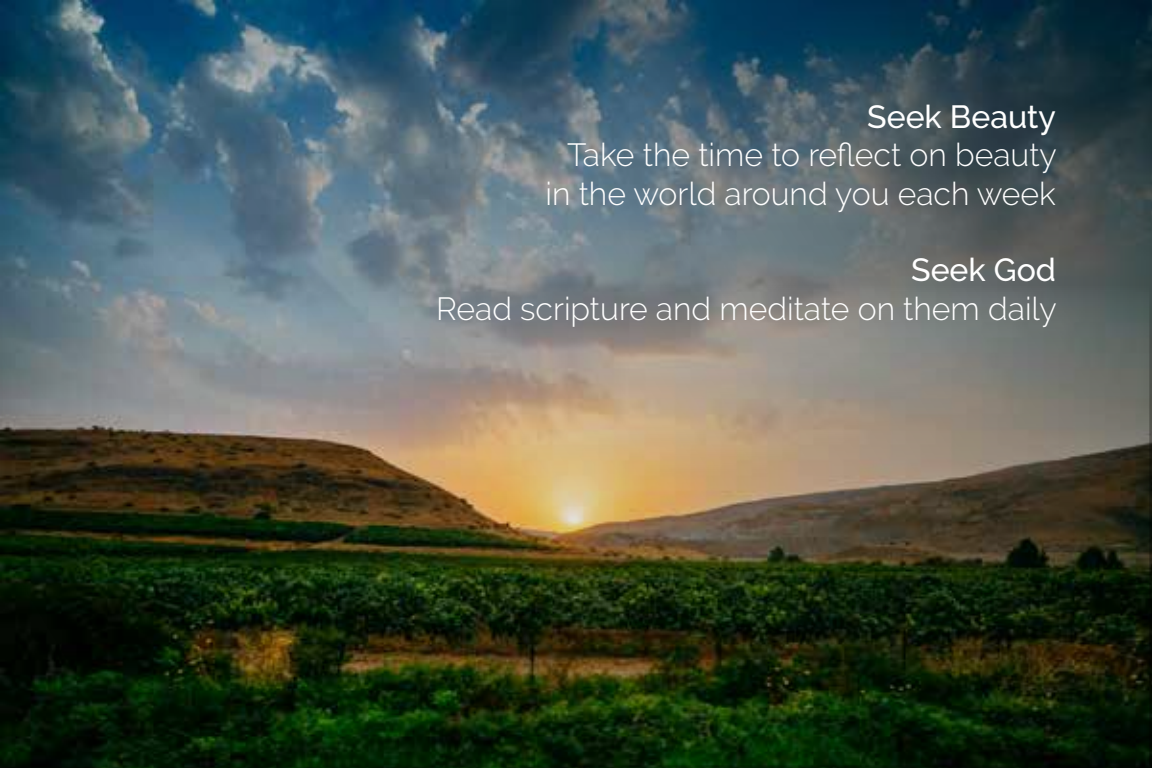
the rhythms of ecclesia

## **Be Real**

Acknowledge your weakness and  
confess your sin to those that love you

## **Be Kind**

Choose to be a blessing to those around you each week



## Seek Beauty

Take the time to reflect on beauty  
in the world around you each week

## Seek God

Read scripture and meditate on them daily



## Be Hospitable

As people of the table, share a meal with someone inside and outside our community

## Serve Others

Be open to the freedom of sharing time and financial resources with others in love.

Avoid the pitfalls of selfishness that isolate us from community