

Gideon's Closing Prayer

Welcome, welcome, welcome.

I welcome everything that comes to me today
because I know it's for my healing.

I welcome all thoughts,
feelings, emotions, persons,
situations, and conditions,

I let go of my desire for power and control.

I let go of my desire for affection, esteem,
approval and pleasure.

I let go of my desire for survival and security.

I let go of my desire to change
any situation, condition, person or myself.

I open to the love and presence of God
and God's action within.

In the name of the Father

the Son and the

Holy Spirit

Amen