



Honouring Our Seniors



Seniors who fared well through the Covid-19 pandemic

Seniors who continued on with their daily life as per usual, acted no different, carried on like normal and remained socially connected with others in their community.



Loneliness, isolation, frustration and depression

Common experiences amongst seniors who were isolated and socially withdrawn or abandoned by others as a result of the Covid-19 pandemic.

Occasional loneliness

Some seniors managed by having a single person/companion to check in on them, such as a spouse, friend, or visitor. For some seniors, a pet or their faith/beliefs helped to carry them.

