

NO COST-SHARE PREVENTIVE MEDICATIONS



by drug category

At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women's unique health care needs, and are updated periodically to reflect new advances in science and medicine.

Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Check your plan materials or visit myCigna.com for more information. You can also use the Prescription Drug Price Quote tool on myCigna.com to compare prices at local retail pharmacies and Cigna Home Delivery PharmacySM. If you have questions, you can **call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we'll be happy to help.**

Religious exemptions to covering contraceptives

PPACA allows certain non-profit employers to exclude coverage for contraceptive services due to religious beliefs.

If you're a woman with medical coverage through one of these employers, Cigna will let you know that your plan does not cover these medications, and Cigna will offer to pay for your contraceptive services and specific medications at no additional cost to you if you choose. This coverage isn't administered, funded by or connected in any way to your employer's health coverage, and is private and confidential.

Your healthcare professional

Talk with your doctor about choosing the medication or product that's right for you. If your doctor feels a certain contraceptive product (on this list) isn't medically appropriate for you, have your doctor contact us to determine what other contraceptive products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you'll need to get a prescription from your doctor.

GO YOU[®]



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

855125 b 01/14

This list represents the medications that Cigna administered plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.

ASPIRIN PRODUCTS

Available to:

Males: 45 – 79 years

Females: 55 – 79 years

Adult Low Dose Aspirin
 Adult Low Dose Aspirin EC
 Ascriptin
 Aspir 81
 Aspirin
 Aspirin Buffered
 Aspirin EC
 Aspir-Low
 Aspir-Trin
 Aspricin
 Aspidrox
 Bayer Aspirin
 Bayer Chewable
 Children's Aspirin
 Children's Chewable Aspirin
 Ecotrin
 Ecpirin
 Lite Coat Aspirin
 Lo-Dose Aspirin EC
 Low Dose Aspirin
 Low Dose Aspirin EC
 Miniprin
 St. Joseph Aspirin
 Tri-Buffered Aspirin
 TX-Prin

BARRIER CONTRACEPTION

Available to Females

Femcap
 Gynol II
 Ortho All-Flex
 Today Contraceptive Sponge
 VCF
 Wide Seal Diaphragm

EMERGENCY CONTRACEPTION

Available to Females

Ella
 levonorgestrel

My Way
 Next Choice One Dose

FOLIC ACID SUPPLEMENTS

Available to Females
(Only products containing from 0.5 mg – 0.8 mg of folic acid are included)

Classic Prenatal
 Daily Prenatal
 Engran-HP
 Folic Acid
 KPN
 Maxinate
 Natalins
 Natelle-EZ
 One Daily Prenatal
 P-D Natal Plus With Folic Acid
 Prenatal
 Prenatal Formula
 Prenatal Multi + DHA
 Prenatal OTC
 Prenatal Vitamins
 Preque 10
 Right Step Prenatal Vitamins
 Stuart Prenatal
 Stuart Prenatal + DHA

HORMONAL CONTRACEPTION^{^*}

Available to Females

Amethia
 Apri
 Aviane
 Balziva
 Camila
 Camrese
 Daysee
 Errin
 Estarylla
 Gianvi
 Jolessa
 Junel FE
 Kariva

Kurvelo
 levonorgestrel
 Levora
 Loryna
 Low-Ogestrel
 Microgestin
 Mono-Linyah
 Necon
 noreth-ethinyl estradiol/iron
 Nortrel
 Ocella
 Ogestrel
 Prevfem
 Quasense
 Sprintec
 Tri-Estarylla
 Tri-Linyah
 Trinessa
 Tri-Sprintec
 Vestura
 Zenchent
 Zeosa
 Zovia

^ If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

** Generic hormonal contraceptives are available at no cost-sharing to you, even though they may not be listed here.*

PEDIATRIC MULTIVITAMINS (containing fluoride and fluoride supplements)

Available to Males and Females: six months – six years

ADC w/Fluoride
 Escavite
 Fluorabon
 Fluor-a-day

Fluoride
 Fluoritab
 Flura-drops
 Ludent Fluoride

Multivitamins w-Fluoride-Iron
 Multivitamins with Flouride
 MVC-Fluoride
 Polytab
 Poly-VI-Flor
 Poly-VI-Flor with Iron
 Polyvitamins with Fluoride
 Sodium Fluoride
 TL-Fluourivite
 Triple Vitamin w/Fluoride
 Tri-VI-Flor
 Tri-VI-Floro
 Tri-vitamin with Fluoride
 Tri-vite w/Fluoride
 Tri-vite w/Fluoride Iron
 Vitamins A,C,D & Fluoride

PEDIATRIC IRON-CONTAINING PRODUCTS

Available to Males and Females:

six – 12 months

Children's Ferrous Sulfate
 Children's Iron
 Fer-In-Sol
 Fer-Iron
 Ferrous Sulfate
 Icar
 Wee Care



All health benefit plans and insurance policies contain exclusions and limitations. Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

"Cigna," the "Tree of Life" logo and "GO YOU" are registered service marks, and "Cigna Home Delivery Pharmacy" is a service mark, of Cigna Intellectual Property, Inc., licensed for use by Cigna Corporation and its operating subsidiaries. All products and services are provided by or through such operating subsidiaries and not by Cigna Corporation. Such operating subsidiaries include Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Tel-Drug, Inc., Tel-Drug of Pennsylvania, L.L.C., and HMO or service company subsidiaries of Cigna Health Corporation, including Cigna HealthCare of Arizona, Inc., Cigna HealthCare of California, Inc., Cigna HealthCare of Colorado, Inc., Cigna HealthCare of Connecticut, Inc., Cigna HealthCare of Florida, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc. (IL & IN), Cigna HealthCare of Indiana, Inc., Cigna HealthCare of St. Louis, Inc. (MO, KS & IL), Cigna HealthCare of North Carolina, Inc., Cigna HealthCare of New Jersey, Inc., Cigna HealthCare of South Carolina, Inc., Cigna HealthCare of Tennessee, Inc. (TN & MS), and Cigna HealthCare of Texas, Inc. "Cigna Home Delivery Pharmacy" refers to Tel-Drug, Inc. and Tel-Drug of Pennsylvania, L.L.C.