

SUNDAY OF THE HOLY FATHERS

July 16, 2017

Saints Commemorated today: St. Athenogenes the Holy Martyr of Heracleopolis; St. Julia the Virgin-martyr of Carthage; 1,015 martyrs in Pisidia; and St. Helier the Hermit, Martyr of Jersey

EPISTLE READING

Titus 3:8-15

Brethren, Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

GOSPEL READING

Matthew 5:14-19

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

ENTRANCE HYMN: PLAGAL OF THE FIRST MODE

Let us worship the Word who is unoriginate with the Father and the Spirit and from a Virgin was born for our Salvation, O believers, and let us sing His praise. For in His goodness He was pleased to ascend to the Cross in the flesh, and to undergo death, and to raise up those who had died, by His glorious Resurrection.

FOURTH MODE

As the first-called of the Apostles, and brother of their leader O Andrew, entreat the Master of all that peace be granted unto the world and great mercy to our souls.

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PROSFORO COMMITTEE

Jesus is the Bread of Life Who offers Himself for our salvation. "Unless you eat the flesh of the Son of man and drink His blood you have no life in you; he who eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day" (John 6:53-54). **We NEED parishioners willing to join the Prosforo Committee.** If needed, we will do an instructional class for anyone who would like to join but is not sure how to prepare the Prosforo. **Generally it means making the Prosforo for two Sundays during the year and occasionally making extra for weekday Liturgies. Please contact the office if you are able to volunteer. Thank you.**

COFFEE HOUR

Please note that the coffee helpers, *at Father George's direction*, do not start brewing the coffee until Father begins passing out the Antidoron. We thank you for your patience and cooperation.

DISCRETIONARY FUND

The Discretionary Fund is to assist families that face financial crisis, students that need financial aid, single moms, philanthropic institutions in this city and overseas, people with catastrophic illnesses, and missions for the Archdiocese, etc. Thank you for your support. If you would like to help please contact Father George or make donations payable to the Discretionary Fund.

BULLETIN FLYERS

We will no longer be including flyers in the weekly bulletin. They are on the table in the Fellowship Hall. This week there are flyers for: **Direct (Auto) Debit forms.** Please take what you need.

REQUEST FOR TRANSFERRING PARISHIONERS

We are blessed to welcome new parishioners to Saint Andrews. We ask that you pick up a welcome packet from the table in the Fellowship Hall. You should call the office and schedule an appointment with Father prior to beginning to receive the Sacraments. *We also ask transferring parishioners to follow the Uniform Parish Regulations, Art 18, Sec 2: "A parishioner wishing to move from one Parish to another must present a letter of transfer from the Priest of the Parish from which he or she is moving stating that he or she is in good standing."*

CHURCH ETIQUETTE

There should be NO talking in the Narthex during the Divine Liturgy. (No one should be congregating in the hallways or Fellowship Hall). It is completely disrespectful to God and to the worship service of our Church.

Please remember to dress appropriately and modestly for church services. There is no chewing gum, talking or crossing your legs in church. Everyone should arrive on time for the Liturgy. Do not leave trash (bulletins, paper, etc) in the pews. It is considered disrespectful for anyone attending Orthodox Christian services to cross their legs during service, chew gum or come in late. Also women who are planning on taking Communion should not wear lipstick or should remove it before going up for Communion.

TURN OFF CELL PHONES. Thank you.

A NOTE TO OUR VISITORS

People of different religious affiliation or tradition who behave in a respectful manner are always welcome at the liturgical services of our Holy Orthodox Church but **ONLY MEMBERS OF THE ORTHODOX CHURCH who share a common faith and practice a specific spiritual discipline may participate in the Church's sacraments and receive Holy Communion at the Orthodox Divine Liturgy. The Greek Orthodox Church has a closed communion and no intercommunion with any other Christian body.** We are blessed by your presence with us and thank you for your understanding. May God bless you always.

A NOTE TO ORTHODOX CHRISTIANS

ORTHODOX CHRISTIANS PLEASE NOTE: The proper preparation for receiving Holy Communion is: 1) prayer; 2) keeping the fast throughout the year (Wednesdays, Fridays, Great Lent, fast of the Holy Apostles, fast of the Dormition and the Christmas Fast, etc); and 3) most important, participating in the Sacrament of Holy Confession and Repentance. **ALSO follow these guidelines as you approach for Holy Communion: Take the red cloth from the person before you and place it under your chin. Say your baptismal name. Open your mouth wide and receive the Holy Spoon in your mouth, lower your lips on the Holy Communion spoon and carefully remove the Holy Eucharist so that there is nothing left. After partaking of the Sacrament blot your lips and hand the red cloth to the person behind you. Receive one piece of antidoron, return to your seat and read the post communion prayer. Lipstick, lip gloss, lip balm, etc, should be removed prior to approaching the chalice. Receiving the precious Body and Blood of our Lord and Savior Jesus Christ should not be treated like a fast food service. You should come on time for the Divine Liturgy (that means at the beginning) and not leave until the completion of the service. This means that every time you eat this bread and drink from this cup you proclaim the Lord's death until he comes. It follows that if anyone eats the Lord's bread or drinks from his cup in a way that dishonors him, he is guilty of sin against the Lord's body and blood. So then, everyone should examine himself first, and then eat the bread and drink from the cup. For if he does not recognize the meaning of the Lord's body when he eats the bread and drinks from the cup, he brings judgment on himself as he eats and drinks. That is why many of you are sick and weak, and several have died. If we would examine ourselves first, we would not come under God's judgment. But we are judged and punished by the Lord, so that we shall not be condemned together with the world. (1 Corinthians 11:26-32).**

At the time of communion, please allow families with infants to approach first, followed by the children and then the adults. Thank you.

The Communion Prayer is located in the Divine Liturgy Books on page 40 (old edition) and 66 (new edition). Everyone is encouraged to participate in the reciting of the Communion Prayer together.

MINISTRY ACTIVITIES

Please remember to check the ECCLESIASTICAL CALENDAR when scheduling activities. They should **not** be scheduled during service times. This is disrespectful to God and unacceptable. Thank you.

REMINDER FOR PARENTS

For the convenience of parents with crying children, a "cry room" is located off the Narthex for your use. **ATTENTION PARENTS: PLEASE MAKE SURE YOUR CHILDREN ARE NOT WANDERING AROUND THE CHURCH DURING SERVICES. THIS IS VERY DISRUPTIVE TO EVERYONE. THANK YOU!**

YOUR PRAYERS HELP...

“...I was sick and you visited Me...” St. Matthew 25:36. “Holy Father, Physician of our souls and bodies have mercy, forgive and heal thy servants.” The following brothers and sisters in Christ need your constant prayers and love, *recovering at home or ill at home/hospital*: Artemis Hoke (home), Rose Rorres (home), Anna Efthimiou (home), Jim Zeinis (home), Anthoula Pefanis (home), and Nick Limberopoulos (home). *In nursing homes or home bound*: Diana Katsanis (Golden View), Esther Magrames (Waterford), Mary Manos (Wellbrooke), Amelia Morris (Miller's Merry Manor, Walkerton), and Joan Rekos (Signature)

Today's **Ushers** are: Manolis Anagnostou, George Mighion, Chris Strafford, Pete Arvan, Mike Chronopoulos. If you are not serving in the pangari today, you should join everyone in the Sanctuary. Thank you.

Today's **Epistle Lesson** will be read by **an Altar Boy**.

Sigrid Thanos prepared Prosforo for this morning. May our God grant you spiritual joy always.

The Coffee Hour was lovingly prepared for our entire community by. We thank you for your love and generosity.

