

AVOYELLES CATHOLIC ATHLETIC LEAGUE  
RULES AND REGULATIONS

SACRED HEART  
MOREAUVILLE

ST. MARY'S ASSUMPTION  
COTTONPORT

ST. ANTHONY OF PADUA  
BUNKIE

ST. JOSEPH  
PLAUCHEVILLE

# CONSTITUTION

## Article I

### Name

This league shall be known as the Avoyelles Catholic League. This league shall be governed by the Elementary principals.

## Article II

### Objective of the League

The object of this League shall be to promote, regulate, and direct the interscholastic activities of its members. Its purpose shall be as follows:

1. To assist, advise, and aid organizing and conducting interscholastic sports.
2. To protect members of the League preparing and enforcing eligibility rules that will equalize and stimulate wholesome competition.
3. To preserve the game for the students and not sacrifice the students to the game.
4. To prevent the exploitation of the programs of the school member by special interest groups.
5. To promote the spirit of sportsmanship and fair play in all athletic contests.

This League is vitally interested in the welfare of every student participating in athletic contests. It is for their protection that the league operates.

## Article III

### League Membership

Section 1: Schools eligible for membership. The membership of this league shall consist of those Avoyelles Catholic schools participating in sports, whose principals agree to conform to the rules and regulations of this league. Any exception to the rules shall be made by the majority vote of the league principals.

Section 2: Application for membership. Schools desiring membership in the League

must make written application to the principals. All applicants for membership must be approved by a majority vote of the league principals. New members will be considered only at the spring meeting of the League.

## Article IV

### Commissioner of the League

Section 1: The elective officer of the League shall be the Commissioner. The host schools Athletic Director that year will act as Commissioner.

Section 2: Duties of the Commissioner:

1. host annual meeting for all sports to schedule events
2. send schedules to head referees
3. any game discrepancies reported to commissioner

Section 3: The Commissioner will be the Athletic Director of the Host School on a rotation basis as follows:

1. Sacred Heart School (11-12)
2. St. Mary's Assumption (12-13)
3. St. Anthony of Padua (13-14)
4. St. Joseph School (14-15)

## Article V

### Officials

Section 1: It is the responsibility of each home school to supply the appropriate number of referees for the league games. Must have the minimum number of referees per sport. Failure to comply will result in the forfeiture of games to the visiting teams.

Section 2: A coach cannot referee a league game in which his/her school is playing. (Exceptions: During a tournament if a referee does not show, both coaches must agree on another coach to referee.)

Section 3: A parent cannot referee a game in which his/her child is playing.

Section 4: Expenses for the referees shall be paid for by the home team.

Section 5: It is the responsibility of each home team to provide a time keeper and an official scorer.

Section 6: All tournament finals (A & B teams) must use the appropriate number of referees.

## Article VI

Section 1: The School with the winning season is responsible for purchasing their own League Championship trophy or board for their school. For tournament purposes only 1<sup>st</sup> and 2<sup>nd</sup>

Section 2: Any make-up games must be played prior to the final regular season game. All team win/loss records must be turned in to the Commissioner within 24 hours of the last league game. Playoff game date will be established at the annual meeting. Location of playoff game(s) will be determined by the Commissioner by the flip of a coin.

## Article VII

### Admission Fees

Admission fees at all league athletic events shall be determined by the home team, not to exceed \$3.00 for adults and \$3.00 for students. Coaches, cheerleaders, and boosters are to be admitted free when in uniform.

## Article VIII

### Penalties for Rule Violations

Section 1: Infractions on age and or grade eligibility will cause the guilty school to forfeit the played game.

Section 2: Second infraction of either offense will result in the whole team, on which Player infraction occurred, being suspended from league play for the remainder of the season.

Section 3: Any infraction reported to the league commissioner shall be reported to the league principals for final action.

Section 4: Any infractions must be reported to the Commissioner within 24 hours.

## Article IX

### Deviations

Any deviation from the rules and regulations set forth in this Constitution is to be made by the majority vote of the League Principals only.

These rules and regulations become effective for 2012-2013.

# By-Laws

## Article I

### Eligibility Rules

Section 1: A player must be a full time student. A birth certificate shall be required of all students who take part in athletics.

#### Section 2: **A-Team Players**

Rule 1: A pupil becomes ineligible for participation in interscholastic athletics if he/she has reached his/her fifteenth birthday before August 15 of the school year.

Rule 2: A student's eligibility ends upon promotion from the eighth grade.

Rule 3: Each coach shall be responsible for the eligibility of the players.

Rule 4: A student eligible to participate on the B-Team as defined in Section 3 of Eligibility Rules, may also participate on the A-Team **if and only if player is an active member of the B-Team.**

#### Section 3: **B-Team Players**

Rule 1: A pupil becomes ineligible for participation in interscholastic athletics if he/she has reached his/her thirteenth birthday before August 15 of the school year.

Rule 2: A student's eligibility ends upon promotion from the sixth grade.

Rule 3: Each coach shall be responsible for the eligibility of the players.

#### Section 4: **Birth Certificates**

A birth certificate shall be required for all students who take part in athletics. And a photo static copy of this certificate shall be kept on file at their school. This copy of the birth certificate should be readily available upon request by the Commissioner, in case of a dispute.

#### Section 5: **Eligibility List**

The eligibility list shall show the name, birth date, and the grade of each participant in the league events. It is required that this list be signed by the principal and the coaches and kept on file at their school. A copy of the

eligibility list is to be sent to the Commissioner by October 1.

Section 6: Repeaters become eligible upon passing the next grading period according to Avoyelles Parish promotion requirements.

#### Section 7: **Scholastic Requirements**

Rule 1: A student must pass at the end of the grading period to be eligible. A student must have a 2.0 average at the beginning of school and maintain at least a 2.0 average during the year in order to be eligible. **It is the individual school's responsibility to enforce this provision.** All GPA will be calculated at the end of the six-week or nine-week grading period. The grading period is to be determined by each individual school.

Rule 2: Incomplete grades are considered failures.

Rule 3: No pupil may become eligible through night school attendance, special examination or tutoring. A student may become eligible through attending summer school.

Section 8: Physicals annually held on file in office prior to practicing cheerleaders and all sport participants and kept on file at home school.

## Article II

### Schedules

Schools are limited to one home and one away game with each school in the league. Scrimmages are not to be considered games. All other games are considered non-league games. Before schedule is finalized it must be approved by the principal.

## Article III

### Meetings of the Coaches

Section 1: Special meetings must be called upon request from one-third of the membership of coaches.

Section 2: The principal of each school or Athletic Director in his/her school designated by he/she in writing shall represent the school at league meetings of the coaches. Only the principal shall vote on league business that affects the Constitution.

Section 3: Each school shall be allowed only one vote on all league matters.

Section 4: Representatives of a majority of the member schools shall constitute a quorum.

Section 5: Rule changes will only be considered at the annual fall meeting of the League Athletic Directors.

## Article IV

### Playing Rules

Section 1: L.H.A.A.A. rules shall govern the Catholic Athletic League with exception of the following:

A-Teams	6 minute quarters playing time
B-Teams	5 minute running quarters

Section 2: **Applicable to all A-Team games**

1. The clock will be stopped only for foul shots, jump balls, and/or on every whistle.
2. An over time or extra period increment will be for a duration of 2 minutes; such period to continue until the tie is dissolved.
3. A half-time break of five minutes will be observed. Half-time occurs between the 2<sup>nd</sup> and 3<sup>rd</sup> quarters.
4. A team must be ready to play 15 minutes after scheduled game time: otherwise, the game is forfeited.
5. A-Teams will be allowed **4 time outs** to be used anytime during the game. **One time out allowed per 2 minutes of overtime.**
6. The following persons only are authorized on the players' bench: Players, Coach, Assistant Coach Trainer, Manager, Principal, Priest or Faculty Moderator. All personnel will conduct themselves in accordance with the rules concerning sportsmanship.
7. The 3-point shot will be recognized.

Section 3: **Applicable to all B-Teams**

1. B-Team games are running time except for the last 2 minutes of each half, which will be playing time. During regular time, the clock will be stopped only for foul shots, and/or on signal from the official. B-Team will be allowed **3 time outs** per game to be used anytime. **One time out is allowed per 2 minutes of overtime.**
2. If any team has a 4 point or greater lead, they may not utilize the full court Press upon in-bounds by the losing team. The penalty for this infraction is:  
**First Offense: Warning**  
**Subsequent Offenses: Offending team receives a technical foul. Only implies after in-bounds pass.**
3. An overtime or extra period increment will be for duration of 2 minutes; such period to continue until the tie is dissolved.
4. A half-time break of five minutes will be observed. Half-time occurs between the 2<sup>nd</sup> and 3<sup>rd</sup> quarters.
5. A team must be ready to play 15 minutes after scheduled game time; otherwise , the game is forfeited.
6. The 3-point shot will be recognized.
7. Foul shot line may be moved forward two feet. This is optional – to be determined by each child and coach.
8. The following persons only, are authorized on the players' bench: Players, Coach, Assistant Coach, Trainer, Manager, Principal, Priest, or Faculty Moderator. All personnel will conduct themselves in accordance with the rule concerning sportsmanship.

Section 4: Players and coaches must act in a sportsmanship like manner at all times while participating in the League's programs. This conduct is to be an example to youngsters both on and off the court. A coach is not allowed to leave his/her bench in a game, except when a time out is called to talk to his/her team.

Section 5: If a team is unable to play in any tournament game on a scheduled bracket, the coach must notify tournament director **no later than day before game in question**, prior to beginning of tournament play. The penalty for failing to comply will result in **Automatic Forfeiture of next league game**. The league commissioner must be notified within 24 hours of infraction.

Section 6: **Every member present** of each team **MUST PLAY in every game**. Failure



to do so will result in forfeiture of the game that the infraction occurred. It is the responsibility of each school to assure that the official scorekeeper is tracking tournament play.