

December 2015

*Second Chance*  
—of—  
*Northwest Florida, Inc.*

*"A Non-profit Organization Serving the Needs of Adults with Brain Injuries and their Families."*



**Brain Waves Newsletter**

**A Seasons of Gifts**

We have decided to use a common theme every month to sync our Music Therapy classes, Life-Skills classes, and Art classes. Having a theme with which to tie together our ideas will help us all work as a team to provide the maximum benefit to all the members here at Second Chance.

Also, many people with brain injuries do much better in a calm stable environment with structure and consistency. This enables them in order to be able to learn and remember new things. Since many also have memory problems, it is especially helpful to follow-up on things they are learning. Having classes that are working toward a common theme can help piece things together and create this needed follow-up.

Decembers theme of the month will be "A Season of Gifts". We will be discussing the benefits of giving and receiving of many different types of gifts such as, time, respect, helping others, home-made gifts, etc. in our life-skills, music therapy, and art classes. In our art classes, some of our members have painted Christmas Trees which will be auctioned off during the Festival of the Trees event held by Bethel Village Dec. 1<sup>st</sup> through Dec. 4<sup>th</sup> which benefits women and children affected by drug addiction. Below are some pictures of the beautiful paintings:



**Meeting Place**

819 E 11<sup>th</sup> St.  
Panama City, FL 32401

**Meeting Time**

Monday - Friday  
8:00 am – 3:30 pm

**Email**

[sherl@schance.org](mailto:sherl@schance.org)

**Website**

<http://www.secondchancenwfl.com>

**Facebook**

<https://www.facebook.com/pages/Second-Chance-of-Northwest-Florida-Inc>

**Mailing Address**

819 E 11<sup>th</sup> St.  
Panama City, FL 32401

**Phone Number**

850-769-7779

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**President**

Sherl Morden

**Executive Director**

Jon Cupp

# December Happenings

Covered dish Dec. 1st  
featuring guest speaker  
Ms. Olivia Byrd Cooley.

Dance lessons  
Dec. 8th  
&  
Dec. 22nd

Pilot Club (Christmas gifts &  
Tee Shirts). Christmas Lunch  
& Party-Board Members  
invited. Starts at 10:30 am  
Dec. 23rd.



Holiday Festival  
Dec. 3rd  
3-6pm-featuring a  
pie eating contest.

Christmas at the Village  
(Our Dance!!!) Dec. 19th.  
Everyone is invited-Free  
10am--1pm.

**CLOSED:**  
Dec. 24th & 25th  
(Christmas Eve &  
Day)  
and  
Dec. 31st & Jan. 1st  
(New Year's Eve &  
Day)



Maddie's La Casita  
&  
Festival of the Trees  
Dec. 4th.

Caroling at P.C. Mall  
&  
Pizza Hut-Dec. 11th

Monthly Theme:  
A Season of Gifts.

Bay County Health  
Foundation  
Tour Dec. 15th.



Brunch at Second Chance  
& then  
Christmas Party at the  
Council on Aging Respite Center  
Dec. 18th at 1pm.

Birthday  
celebrations for the  
month of Dec. 7th.



"When you find yourself in the position to help someone, be happy and feel blessed because God is answering that person's prayer through you.

Remember: Our purpose on earth is not to get lost in the dark but to be a light to others, so that they may find their way through us."

~Alberto Casing



We are like one big family-we all help each other!!!



# Merry Christmas

From All of Us at  
Second Chance!!!

