EXHIBIT E
Hi Jim. See below, as per our conversation.

I am taking the following pain medications for over 15 years, for severe and chronic pancreatic pain that is akin to pancreatic cancer pain, as prescribed, in varying doses, Fentanyl Citrate 400 mcg, 600 mcg, 800 mcg, 1200 mcg, and 1600 mcg. I take 60% less now than what I was taking just a few years ago. I take each dose, as prescribed: each 4 hours as needed for pain. I have exacerbated pain anytime I smell food, eat food, digest food (digestion happens about 30 minutes after eating and again 2-3 hours after eating), or sometimes just randomly. The way I choose between doses is the level of pain matches the dose of medication I take. Big pain with vomiting (I take Zofran several times daily when pain induces shaking and vomiting) gets a higher dose of pain medication, smaller pain gets a lower dose of medication. I always err on the side of taking the smaller dose if the pain is a "wobbler" and can be between two doses. If I have to follow the medication up with a smaller dose because the dose was not large enough, I follow up with the 400 mcg or 600 mcg—depending on if the pain is rising or staying the same.

Further, please take notice, I decreased the 400 mcg dose of Fentanyl in 2019 by about 80 doses. A few months later, I had to increase the number of doses per month by about 10 because the pharmacist at Campus Pharmacy was not able to "break a box of 30 lollipops" so I had to fill the prescription in increments of 30. To account for this, I just filled the prescription later than the supply it was ordered for.

This pain medication allows me to practice law and serve as a prominent traumatic brain injury litigator and managing attorney for the largest personal injury firm in California and a top 5 largest personal injury firm in the United States. I am an internationally recognized speaker about litigating traumatic brain injury cases and law practice marketing and management at trade conferences, in May alone, I am speaking at the National Trial Lawyers conference in Miami and the Dordick Trial College in Cabo San Lucas Mexico. Additionally, I serve as the chairman of the Brain Injury Association of California and chair the largest traumatic brain injury conference in the world for over 6,000 doctors, lawyers and medical professionals. I also serve on the boards of our state trial lawyer association (CAOC), Los Angeles Trial Lawyer's Charities (LATLC) and am a past Board member for Rancho Los Amigos, a brain injury rehab hospital in Los Angeles. Super Lawyer magazine has given me their Rising Star award for the last two years, and awarded me with a top 10 woman litigator in the United States in 2019. Further, last year, National Trial Lawyers recognized me as a Top 40 Under 40 for Traumatic Brain Injury Litigators, Personal Injury Lawyer, and Truck Accident Lawyer. I am able to rise to this level of practice because Dr. Bockoff counsels me on how to manage my pain and prescribes medication for me that allows me to manage my pain so I can be a contributing member of society and to my field of practice.

Please feel free to reach out with any questions or concerns, my personal cell phone number is  [Redacted].