



Welcome to the Clinic – Department of Family Medicine

What is Family Medicine and Primary Care?

Family medicine is the medical specialty which provides continuing, comprehensive health care for individuals and families. The scope of family medicine encompasses all ages, both sexes, each organ system and every disease entity. Family medicine is one of the medical specialties that practice “primary care”.

Primary care is that care provided by physicians specifically trained for and skilled in comprehensive first contact and continuing care for persons with any undiagnosed sign, symptom, or health concern (the "undifferentiated" patient) not limited by problem origin (biological, behavioral, or social), organ system, or diagnosis.

Primary care services include health promotion, disease prevention, health maintenance, counseling, patient education, diagnosis and treatment of acute and chronic illnesses in a variety of health care settings (e.g., office, inpatient, critical care, long-term care, home care, day care, etc.). Primary care is performed and managed by a personal physician often collaborating with other health professionals, and utilizing consultation or referral as appropriate.

Dr. Janzen is a Board Certified Family Physician. He trained at the University of Nebraska School of Medicine in Omaha, and completed his Residency in Family Medicine at St. Joseph Hospital in Wichita. Prior to medical school, he completed his BS Degree in Medical Technology – hence his interest in laboratory testing and his service as Medical Director of the Clinic Laboratory. His hobbies are woodworking and fishing – and occasionally a round of golf.

Dr. Janzen’s Nursing Staff – Dr. Janzen is assisted by two very capable nursing staff.

Amy, LPN - answers the phone, communicates Dr Janzen’s responses to your questions or concerns, and schedules any tests and referrals recommended by Dr. Janzen. She assists in the office during your visits as needed.

Gina, LPN - will greet you and check you in for your visit, as well as assisting Dr. Janzen during exams and procedures.

Questions – we are here to help you be as healthy as you can be. Health care can be complicated, overwhelming, and confusing – we are here to help. If you have questions – please ask. Our nurses are trained to answer many of your questions – for others they will discuss with your doctor and call you back. If at any time you want to speak directly to the doctor – tell us. While he will often not be able to talk to you immediately – he will call you back usually over the noon hour or after 5 pm.

Appointments - As a courtesy, we will call to remind you of your next scheduled visit. If you are unable to keep your appointment, please call our office at least 24 hours before your appointment to cancel or reschedule so we can give your appointment to another patient.

Same Day Care – if your physician is unable to work you into his/her schedule, you may be asked to go to our Same Day Care area. This department is staffed by one primary physician and a nursing staff and they will assist your physician in meeting your urgent care needs. Hours are 8:30 am – 6:00 pm M-F, and 8:30-noon on Saturday.

Medications – we ask that you bring your medication bottles with you to each regular checkup appointment, and at least a list of medications with dosages to all other appointments (injuries, sick calls, etc). It is best if you keep an updated list of medications in your billfold or purse – just in case.

Refills – at each visit, please tell us if you will need refills on your medications before your next regularly scheduled visit. If you run out between appointments, please call Dr. Janzen’s office (669-2512) during office hours to request that refills be called to your pharmacy. For call in refills – please allow two (2) working days.

NOTE: Please do not call after hours for refills unless it is an emergency. We are unable to call in any controlled substance (pain pills, sedatives, sleeping pills, etc) outside of office hours.

Lab Testing – Laboratory hours are 7:30 am – 5:00 pm Monday-Friday, and 8:00 am-noon on Saturdays. If you are scheduled for fasting lab prior to a visit, we ask that you go to the lab the day before (1-3 days is okay) your visit with Dr. Janzen so that most if not all lab results can be done and reviewed with you at the time of your visit.

AFTER HOURS CONTACTS: The Clinic Family Medicine department consists of 10 family physicians who share after hours and weekend call. For after-hours emergencies or urgent questions, call the Clinic’s main number (620-669-2500). The answering service will put you in contact with the doctor on call.

Services provided by Dr. Janzen – Dr. Janzen was board certified in Family Medicine in 1988, and has been recertified in 2000 and 2007. Some of the services he provides are listed, with those of special interest indicated with *

Adolescent care	Hospital care	Physicals – Pre-employment
Asthma treatment	Hypertension care*	Hospital care
Biopsies & Minor Surgery	Immunizations	Physicals - Insurance
Cancer screening	Joint injections *	Physicals – school & sports
Cardiac stress tests	Laceration repair	Preventive medicine*
Cholesterol management*	Minor orthopedics	Second opinions
Diabetes care*	Osteoporosis screening	Sports injury care
Geriatrics & Nursing Home medicine	Removal of lumps, moles, and warts, skin cancers	Workman’s comp injury evaluation and treatment *
Gynecologic care	Pediatric & Newborn care	Urgent & sick care
Heart monitoring – 24 hr	Physical - DOT (truck driver)	Vasectomy*
Hormone therapy	Physicals – Executive & other	Wellness counseling

Other Clinic Services – the Clinic have full service medical laboratory and radiology departments. Approximately 95% of laboratory tests ordered by Clinic physicians are performed in-house by Clinic medical technologists. The Clinic radiology department offers services in plain x-rays, MRI, CT, PET, ultrasound, nuclear medicine imaging, bone densitometry (DEXA), mammography – and is staffed by three board-certified radiologists. The Cardiovascular department offers echocardiography, stress tests, and screening for peripheral vascular disease.