

The Tip-Off Global Energy Forecast with Elizabeth Peru *The trusted source since 2003*

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“My major emphasis is on providing practical and useful information, ahead of time, so that you can make sense of your everyday life and plan ahead for an empowered week.”

WHAT MAKES THE TIP-OFF FORECAST SO SPECIAL?

The emphasis is on **providing practical information that is useful for everyday living.**

A new issue of The Tip-Off Forecast is online each Friday covering the next week in advance, day by day authored for the entire globe.

I write The Tip-Off Forecast personally each week drawing in all of my experience and intuitive cosmic skills gained over thirteen years of bringing these unique forecasts to the globe.

You receive an up to date commentary and guidance on current global energy shifts and how you can use what is happening to navigate your life and stay ahead of the curve.

The Tip-Off Forecast is a **UNIQUE** global energy forecast.
You will NOT find this information written anywhere else.

The Tip-Off Forecast includes an **EXPRESS section**, which gives you a *week at a glance* overview of the energetic influences for the week ahead. This is perfect for printing and keeping on the fridge, taking to work or having next to your bed, so you can quickly and simply be prepared for the day ahead.

I fuse the daily forecasts with my intuitive interpretations of the influences we receive from major cosmic events like **Equinox, Solstice, Super Moons, Planet Retrogrades, Meteor Showers, Solar Flares** etc. Thus, bringing you a highly accurate interpretation, written in easy to understand language of what is happening in the world, **all a week in advance.**

You take each day as pertaining directly to you no matter where you live. I don't write in time zones as I feel we are all-inclusive, **one planet, one soul.**

Blessings...Elizabeth

THE TIP-OFF EXPRESS :: YOUR WEEK AT A GLANCE

Date	Theme of the Day	Be Aware Of	Your Opportunities
Friday December 23	Our life purpose calls us to attention, just before year-end.	Lines are easily blurred, so you can access imagination.	Your highest ideals are now coming into clear view.
Saturday December 24	Our dreamy and intuitive state calls for our attention, as this special weekend commences.	Listen to your gut feelings and take seriously, the messages you intuit.	Your right brain is highly active. It's an opportunity to see into your future.
Sunday December 25	It's a powerhouse of cosmic energies on Christmas day. Get set for unpredictable life opportunities to arise.	Conversations could get heated or they could become inspired. Which potential will you choose?	Be open to life altering opportunities. Decisions come after the halfway mark of Mercury Retrograde.
Monday December 26	It's an active and intense start to the final week of 2016.	You're being asked to put your creativity to good use.	Follow your gut and work on your visionary projects.
Tuesday December 27	It's a mentally taxing period, as soul is heard over the voice of our personality. Listen and act.	Slow down, even though you feel like rushing ahead. Savor every moment.	Dreams are intense. Trust what you feel and record your vivid messages.
Wednesday December 28	It's the final 22 Master Day for 2016, as we cement our visions into a new reality.	Your energy reserves are high, so use them wisely. Walk your talk.	Dignity, reward and respect are key themes. Work on your personal expression.
Thursday December 29	It's New Moon, as Uranus turns direct and the pre-shadow of the Pluto Retrograde begins.	Slow down, go within and focus on your 2017 intentions NOW.	This is THE cosmic power day of the week. Be in awe and wonder at your life.

Your Daily Global Energy Forecasts for December 23-29, 2016

(Written for the globe. Read each day as pertaining directly to your time zone, no matter where you live.)

Friday December 23 -- DREAMING OF A 'BETTER' LIFE

Energy Overview:

This is a powerful 24-hour period for the planet. We are being cosmically stirred and encouraged to focus on our life purpose. It's possible that you could feel a weight upon your shoulders, particularly if you are unsure of your talents and how they can be put to good use. You can use this prevailing cosmic influence to open your heart and lead to the answers and steps, which will see you beginning 2017 with a clearer view of your role on this planet. We can also expect rather **intense dreams over the next couple of days**, for soul often gives us the direction we seek while we are asleep. With the Mercury Retrograde in full swing, have you felt an inner urge to start using your innate skills? Do you feel a magnetic pull asking you to create a life of value and recognition? As the week winds down the major emphasis is on **receiving answers** from all the effort you have been applying throughout this final month of 2016. You have been doing a lot of inner work, even if you cannot recall the exact details. Soul is pushing you to live large and to value the precious life you have chosen to lead. This energy will be directing you to live your life on purpose and without hesitation.

Theme of the day: *Soul rouses us to consider the highest possibilities for our life.*

FRIDAY DECEMBER 23: TODAY'S FORECASTED INFLUENCES...

BE ON THE LOOKOUT FOR:

- You could drift off in a daydream over the next 24 hours. Allow this to happen, as grand ideas of expansion are coming to you via your prolific imagination.
- You could feel like taking action, but the timing may not be right. Honour your gut instinct if you get the pull to pause. Likewise, move ahead if this instinct calls to you.

COSMIC INFLUENCES:

- **The Moon's North Node** is causing us to reflect and focus on the reason for being and the life path we came here to develop and lead as a human being.
 - **Neptune** is also in the mix ensuring that the lines between our waking and dreaming realities are blurred. In other words, dimensions are accessible as you go in deep and reveal your most long held and truest desires. **Follow through with passion.**
 - **Mars** is also assisting us to access the drive and important stamina that we need.
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Saturday December 24 -- WINDOW OF COLLECTIVE OPPORTUNITY

Energy Overview:

It's the day before Christmas and following on from the past 24-hours, we are being cosmically stirred to access our imagination. In particular this is in relation to our next steps, which will be coming along soon in 2017. You may also be **feeling extra tired and have the urge to slow down**. If so, follow your call, even if your head's intent is to be running round in a busy haze. Your dreams are calling instead and you may find that your body produces **sore muscles** just from sleeping. If this is the case, I urge you to allow your body the space it needs to rest and absorb the intense amount of light about to infiltrate Earth. You may feel like you are walking between worlds this weekend, and it feels so good. Know that your right brain is being triggered by the cosmic flow and with it, your **imagination is letting loose**. You could feel like you are walking on marshmallows as a window of opportunity opens up within your mind's eye. Your intuitive right brain is in charge and taking over from your normally over-active left and logical sphere. Go with your heightened dream states occurring during the day and at night whilst you are sleeping. You are in the perfect mode for idealising the life you most desire to be living now.

Theme of the day: *As the weekend opens, we're urged to gaze into our own future.*

SATURDAY DECEMBER 24: TODAY'S FORECASTED INFLUENCES...

BE ON THE LOOKOUT FOR:

- Note down the messages you receive in your dreams. Do this as soon as you wake-up. Pay particular attention to the feelings during your dreams. Feelings tell you everything about the messages pertinent for you.
- Before you go to sleep, I suggest that you place your hands over your heart and focus on the love arising from within your soul. This prepares you for a deep rest.
- Read The Tip-Off Forecast for this weekend, as you prepare (on the inner planes) to raise your consciousness and connect with your divine wisdom and insight.

COSMIC INFLUENCES:

- **The Moon** is awakening our inner desire to tap into soul's messages for our life. Intuition is strong, as we lead into the New Moon. Do your best to create some quiet space today, so you can interact with your inner tutor. Trust in your inner guidance.
- **Neptune** is once again an active influence in our lives. In particular, we can feel as though we are ungrounded. If this happens to you, don't worry; it is a passing cosmic phase. This phase is designed to help you receive accurate (often hidden) messages about your next life steps. **Take your intuition seriously right now.**

Sunday December 25 – YOU'RE HIGHLY VALUED & CHERISHED

Energy Overview:

What a truly active planetary energy now sweeps over the planet. We haven't had a Christmas day filled with quite such cosmic intensity in many years. Remember that Mercury is in retrograde (be clear with your speech) and the other key cosmic player influencing us right now is Venus. This tells me that over the next 24 hours your value and worth will be of the **utmost importance**. The past two days have brought in a slower pace and often dream like energy. This has allowed us to now shift gears, as the energy becomes fast paced with surprising twists and turns on offer. Those desires and powerful intuitive messages you have been receiving are now developing into concrete plans. All weekend, the cosmos has been conspiring and working in your favour to propel you into the lifestyle in 2017, that you most deeply desire. **The next 24 hours therefore, could push your buttons** and almost (force) you to make those much required changes you have been putting off.

Theme of the day: *It's a heart activating 24 hours. Stay present and own your true value.*

SUNDAY DECEMBER 25: TODAY'S FORECASTED INFLUENCES...

BE ON THE LOOKOUT FOR:

- Be flexible and open to unusual opportunities. We're nearly halfway through Mercury Retrograde, so hold off on firm decisions until next weekend.
- Our psychic senses and intuition are turned onto high right now.
- **Think big and live large** under this light. Stay positive and focused, as many people may be lashing out if they are unable to accept their own innate beauty and worth.
- Money and wealth are key triggers right now. Identify the source of the energy behind your beliefs around 'abundance'. How deserving are you?

COSMIC INFLUENCES:

- **Venus** is the number one planetary influence over the next 24 hours. This little hot house close to our Sun is causing us to stand in our power and truly own our worth.
- **The Moon** is at its furthest from Earth all month, as instinct gives us what we need.
- **Saturn** is teaming up with **Uranus** to ensure that any plans or ideas sparked, will serve to ultimately fulfill our life purpose. This is superb news on the dawn of 2017.
- **Jupiter** is also a part of this weekend's heady cosmic cocktail, causing us to use our innate skills and talents to expand and push past any self-imposed limits that have held you back in 2016. You can almost feel the exuberant and fast-paced energy of 2017 about to burst onto the planetary scene.

Monday December 26 – CONSIDERING OUR 2017 STEPS

Energy Overview:

As the week begins, you could feel slightly overwhelmed, as the cosmic energies are still intently urging us to stand up for who we are and to follow through with the highest ideals for our life in 2017. This energy asks that you take a considered approach to the lifestyle upgrades you are planning. Soul is ready and able to skyrocket you into action this week, supporting your inner most desires. Over the past few days you have been receiving non-stop messages and in particular images and visions about the path you are to lead in 2017. **Your imagination has been stirred** in order to bring this vital information to the forefront of your conscious awareness. I see this energy as so helpful to us, because rather than feeling lethargic or ready for a rest the day after Christmas, it is likely that you will feel **energised and ready to get the ball rolling on your 2017**. The past year has been long and drawn out and often spiritually arduous. Yes? Yet by the same token it has brought us a soul maturity that we have deeply longed for over the past nine years. It therefore, makes sense that we are now ready and looking ahead (with eager anticipation) to the lighter energy that 2017 will offer up.

Theme of the day: *It's a highly charged 24 hours, as ideas and plans for 2017 flow.*

MONDAY DECEMBER 26: TODAY'S FORECASTED INFLUENCES...

BE ON THE LOOKOUT FOR:

- We are inspired to take action as the week commences. If you are on holiday, this is the perfect occasion to reflect and get the ball rolling on the passion projects you see yourself initiating and following through with in 2017. **Your time is now**. Feel the intense cosmic support that is literally picking you up, like wind beneath your wings.
- The planetary forces are extra potent right now and conspiring to help us rise up and take on the challenge of living in tune with our authentic selves.

COSMIC INFLUENCES:

- **Mars** is the key player causing us to get little sleep right now because our minds are so actively painting the picture of our 2017 lifestyle. Remember, that each year brings with it, it's very own special challenges and joys. We will experience both each year and 2017 will be no exception.
- **The Moon's North Node** is helping to add balance and calm to the current cosmic heat. Pause and reflect every so often today. This will help you to ground and bed in the new wave of optimism, which is taking over Earth. Trust and act in your favour.

Tuesday December 27 -- MENTALLY TAXING

Energy Overview:

Following on from a fast paced few days; we may now feel an abundance of ideas and plans taking over our mind space. There is **a lot of internal chatter going on**. Know that there is a difference between the voice in your head and the voice in your heart. The voice in your head can translate the voice in your heart only when you slow down and focus, otherwise it can be uncertain personality ramblings that you are incessantly tuning into. There is a **push pull energy right now**, meaning that on the one hand, you have an eye into soul's voice, as your connection with spirit is increased. On the other hand you can feel in a rush to activate all of the inspiring and creative solutions now streaming through you.

Theme of the day: *It's a mentally active day, as soul's messages demand to be heard.*

TUESDAY DECEMBER 27: TODAY'S FORECASTED INFLUENCES...

BE ON THE LOOKOUT FOR:

- Over the next 24 hours, it is the perfect opportunity to raise your awareness and to consciously connect with your heart. Do this via meditation or simply sitting still in nature. It will free your overworked mind.
- The bigger picture of your life is of prime concern. We are pausing to be grateful, whilst also planning our next moves. Energy is on the rise and spirits are high.

COSMIC INFLUENCES:

- **Mercury** is a constant in our lives during The Mercury Retrograde, and in particular over the next 24 hours we are feeling the drive to fully understand what it is required in order to fulfill our future steps. You are more focused on your inner voice than at any other time of the month. So honour this call, listen and then act.
- **Neptune** is back in the cosmic picture, this time helping us to pierce the energy field of the heart, so that we can access the wealth of information that soul wishes to deliver. You may notice that your dreams are extra vivid and their messages prolific.
- **The Sun** is teaming up with **Mars** producing some palpable cosmic steam for moving ahead. You can just taste the energy of 2017 now. Yes? In these final five days of 2016, it is important to give thanks for all you have accomplished this year. This will set you up with a strong field of intention for what you are about to manifest in January. It's important to be in a reflective mode (even though you are mentally busy) as you move ahead with what you love. Our personal passion is on the increase, arousing our need to be utilising our natural talents, accepting and acting on our life purpose.

Wednesday December 28 – FINAL 22 MASTER DAY OF 2016

Energy Overview:

We now come to the end of the 22 Master Days for 2016 (2+8+1+2+2+0+1+6=22). These days have been plentiful in 2016, which has given us the added boost to complete life lessons that may have at times felt difficult, yet so necessary. On this final 22 Master Day for 'The Year of Completion' we are constantly reminded about the importance of creating a life of **great meaning, personal reward, dignity and respect**. No doubt you are feeling the inner urge to live a meaningful life that not only personally satisfies you, but that also leaves a mark and makes a difference on this planet. This 22 Master Day offers liberation and allows us to extend and test our wisdom and patience. This is a day to experience the freedom that comes with having confidence in using your innate talents and abilities. So make sure that you do! Therefore, this is a **work oriented and very grounding 24-hour period**. By 'work' I mean that you will likely feel intensely productive and have the energy and desire to carry out your innermost wishes.

Theme of the day: It's a powerful day to cement your highest visions into a new reality.

WEDNESDAY DECEMBER 28: TODAY'S FORECASTED INFLUENCES...

BE ON THE LOOKOUT FOR:

- Allow the cosmic forces to guide you and build up your life of value and reward. You will likely feel reinforced and able to carry out your future wishes with good results.
- Speak up, extend your voice and freely express your far-reaching individual views.
- You will find your powerful voice accelerates over the next 24 hours.

COSMIC INFLUENCES:

- **The Sun** is beaming within our hearts and literally opening a door to our voice box allowing our truth to flow. **Personal expression** is a key theme right now. Ensure you can back up your words with your actions, for **what you begin today will have long-range effects**. This is nothing to be afraid of and everything to embrace.
- **Mercury** is strongly activating our life force. We are being awakened to the cosmic pulse and a hushed excitement is brewing. Over the next 24 hours you may feel a quickening within your cells, along with a push and desire to be heard. Expressing what you truly mean becomes a top priority. You may find that an inner excitement gives you the required energy to dive right into heart-felt projects that you have been pushing aside. Use this cosmic upswing in energy to move you along in expressing who you are and what you love in your every day life. **Focus on the positives** today and drive create a healthy opening into 2017.

Thursday December 29 – URANUS MOVES DIRECT ON THE NEW MOON

Energy Overview:

What a fabulous energy for 'elevated' new beginnings over the next 24 hours. This is the BIG cosmic energy period of the week, as the Moon becomes dark and new and we make our intentions NOW for the NEW YEAR. I urge you to **use this day to utmost advantage**. You will likely feel released and ready to begin 2017 in your power. **Cleanse your home and body**, welcome in a fresh day and be in awe and gratitude for your wondrous life path.

Theme of the day: It's a power period for the globe. Be focused in everything that you do.

THURSDAY DECEMBER 29: TODAY'S FORECASTED INFLUENCES...

BE ON THE LOOKOUT FOR:

- You're more than ready to move past your comfort zone on a daily basis.
- Take a few moments and focus on what you desire to experience in 2017. Write down your dreams and wishes and ask soul to show you how this may come about. Light a candle, be still and get ready to record the visions and messages from spirit.

COSMIC INFLUENCES:

- **Uranus** now moves direct after being retrograde since August. Over this long five months we have been forced to think outside the square, get creative and take risks and make opportunities that you would normally hold back on. So have you? Have you been pushing past your comfort zone? Have you gone on a solo holiday, tried new hairstyles or clothing or perhaps you have begun a new diet and lifestyle regime? Have you acted impulsively and felt alive for it? Whilst Uranus has been retrograde you have been shown that you do have the foresight, courage and ability to strike out of your own accord. The Uranus Retrograde has taught us that being a little rebellious has its distinct advantages, for this is when we break out of our norm and explore the vast range of possibilities just waiting for us to encounter.
- At **New Moon** the Moon becomes dark, as the reflective light of the Sun is hidden from our view and we turn inwards to the light of soul. Soul is calling and speaking to you about what is to come in 2017 and how you can focus your most important, heart driven desires. This is a **period to be reflective**, to go on an inner journey and to consider what you desire to create in your life over the next six months.
- We are also entering the **pre-shadow period** of the upcoming **Pluto Retrograde**, which will commence in April 2017. This is a long lead in and simply means that in the background of your everyday life, you are already preparing for next year's five-month period of inner reflection and clearing out the past. The cycle will continue.

SNEAK PEAK for DEC 30 – JAN 5: Days which will be detailed next issue:

December 30: At the halfway mark of the Mercury Retrograde, we get down to business.

December 31: On the final day of 2016, the cosmos says, “Be in Your Power...”

January 1: Hello 2017 ‘The Year of New Beginnings’, relax and let the air clear.

January 2: We are experiencing a balanced flow in this first week of 2017.

January 3: The Quadrantids Meteor shower peaks on Groundhog Day. Emotions are high.

January 4: We are having intuitive bursts of insight, as communication flows freely.

January 5: A higher evolutionary phase is here, buoyed by favourable cosmic alignments.

OUR CURRENT PLANETARY RETROGRADES

There are now **TWO planetary bodies** in retrograde motion relative to Earth.

THE URANUS RETROGRADE: OUR INNER REBEL (August 15/16 – December 29, 2016)

In summary, this Uranus Retrograde (over five powerful months) assists us to:

- Go on a solo holiday or somewhere out of character that we have longed for.
- Travel to new places and discover the magic in your own hometown.
- Experiment with new hairstyles, clothes, friendships, careers, food, ideas etc.
- Try anything you have always wanted to, but haven't had the courage to undertake.
- Get flexible and jump onto ideas in the moment. Spontaneity rules supreme
- Shift your perceptions by acting with increased carefree abandon each day.

THE MERCURY RETROGRADE: COMMUNICATION RE-SET (Dec 19, 2016 – Jan 8, 2017)

In summary, this Mercury Retrograde (over three powerful weeks) assists us to:

- Get clear on who we are with a thorough personal communication overhaul.
- Become flexible and able to change at a moments notice.
- Find the best solutions to our daily issues in the most creative way.
- Release and re-set relationships that contain lingering energy imbalances.
- Become the researchers and detailed specialists of our own lives.