The New York Times

Frugal Portland

Published: May 10, 2009

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The food carts even have Portland's second-favorite beverage covered. Spella Caffè, next door to Ziba's, pulls what I deemed the best espresso in Portland, rich and mellow. At \$1.75, it's also the least expensive of the city's high—end coffee drinks. At Stumptown's several locations, the sharp, bitter and acidic shot costs \$2. It's meant to go with milk, they say; alas, I can't drink milk.

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New York Times Travel