



Social Media Agreement

This document outlines our office policies and our agreement related to use of Social Media. If you have any questions about anything within this document, we encourage you to bring them up when you meet with your therapist. Once you fully understand this agreement, please sign below and we can provide a copy for you to keep. As new technology develops and the Internet changes, we may need to update this policy. If we do, we will make sure you have a copy of the updated policy.

CSAM currently has a professional Facebook page (www.facebook.com/csamsandiego), a Twitter account (@CSAMSanDiego), and blog (<http://csamsandiego.com/blog/>). We welcome you to follow or periodically check any of these social media sites. First, the following guidelines are important to note:

FRIENDING

We do not accept friend or contact requests from current or former clients on any social networking site (Facebook, LinkedIn, etc). We believe that adding clients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship.

FANNING

We keep a professional Facebook Page to share occasional thoughts and information from the clinic. We welcome you to view, “like,” or subscribe to our page and read or share articles posted there. However, keep in mind that this could potentially compromise your confidentiality if others see that you “like” a page of an anxiety and stress management clinic.

FOLLOWING

We will share tweets on Twitter that we think may be of interest to our clients and other mental health professionals. In addition, we will publish a blog on our website every couple weeks. We invite you to voluntarily follow us on Twitter and/or subscribe to our blog (which will also be shared on Twitter and Facebook). However, note that being a follower on Twitter or leaving comments on our blog may compromise confidentiality. In addition, please note that we will not follow you back. We only follow other health professionals and do not follow current or former clients on Twitter or blog pages. If there are things from your online life that you wish to share with us, please bring them into your sessions where they can be viewed and explored together, during the therapy hour.



CSAM
The Center For Stress
& Anxiety Management

Mission Valley:
2878 Camino del Rio South, Suite 200, San Diego, CA 92108

Carlsbad:
1265 Carlsbad Village Drive, Suite 210-C, Carlsbad, CA 92008

Rancho Bernardo:
16959 Bernardo Center Drive, Suite 200, San Diego, CA 92128

INTERACTING

Please do not use Social Networking sites (other than the Contact Us page of our website) to contact your therapist about clinical issues. These sites are not secure and messages may not be read in a timely fashion. It may also create the possibility that these exchanges become a part of your legal medical record and will need to be documented and archived in your chart. If you need to contact your therapist between sessions, please call her directly.

EMAIL

Email may be used to arrange or modify appointments. However, please do not use email to communicate content, information, or questions related to your treatment or your condition unless your therapist agrees to this and arranges it in advance as an acceptable part of your therapy.

CONCLUSION

Thank you for taking the time to review our Social Media Agreement. By signing below, you agree that you have read and understand the information provided and that all of your questions have been answered to your satisfaction, and that you agree to cooperate and abide by the terms herein.

Client’s Printed Name _____

Client’s Signature _____

Date _____