

UUTC UPDATE

APRIL 29th, 2016



UNITARIAN UNIVERSALISTS OF PENNSYLVANIA COUNTY

A WELCOMING CONGREGATION

INTUITION: SCIENCE FACT OR FICTION? by Rev. Dr. Paula Gable

Sunday, May 1st at 9:30 and 11:00am — *coffee time between services*

Some people think of intuition as a mystical power. Skeptics write it off as a matter of lucky guesswork. But scientists who study the phenomenon say it's a very real ability that can be identified in lab experiments and visualized on brain scans. According to one spiritual expert, "Intuition is soul guidance, appearing naturally in man during those instants when his mind is calm (Paramahansa Yogananda.)" Who's right? Could the correct answer be, "All of the above?"

SEE PG 8: DEADLINE FOR SUUSIships (SCHOLARSHIPS) IS TOMORROW, APRIL 30TH

This term
intuition does
not denote
something
contrary to
reason, but
something
outside the
province of
reason.

— Carl Gustav Jung

NEXT WEEK at UUTC

Chair & Wall Yoga — Mon 5/2 @ 3:15pm

Morning Meditation — Tues 5/3 @ 7:00am

Men's Group — Tue 5/3 @ 9:00am

Dream Group — Tue 5/3 @ 2:30pm

SMART Recovery — Tue 5/3 @ 6:00pm

Eclectics Jam — Wed 5/4 @ 9:30am

Being Group — Wed 5/4 @ 1:00pm

Morning Meditation — Thurs 5/5 @ 7:00am

Women's Luncheon — Thurs 5/5, off-campus

Drum Circle — Thurs 5/5 @ 7:00pm

Living the Tao — Fri 5/6 @ 10:30am

Vitality Yoga — Fri 5/6 @ 1:30pm

Mindfulness — Sat 5/7 @ 8:30am

CONGREGATIONAL FORUM, MAY 4TH, 6:30PM

Wednesday, May 4th is the second Positive Parenting Class being conducted by Mountain Sun. IT IS ALSO the night of a Congregational Forum to give Members and Friends the opportunity to discuss the 2016-2017 budget. This will mean lots of cars, lots of kids, and lots of cerebral carnage...er, calisthenics.

Quite seriously, we will have approximately 30 children in our care the evening of the 4th, beginning at 5:30, while their parents attend class to make themselves more effective and less stressed. These parents and the instructors will be in Social Hall. The children, we hope, will be at the spacious park.

Which means, that as you enter the building for the FORUM, please be courteous of the class in session. The curtain will be drawn, but we all know that it is not sound proof. Go to the eastern (LEFT) entrance to the sanctuary on little cat feet, if you will, please!

Please take advantage of the opportunity this Forum represents: questions answered on the 4th will allow us to have a short and sweet Congregational Meeting on the 22nd.

RIGHT AROUND THE CORNER . . . SUMMER!

I am not trying to rush spring, but summer is right around the corner and I am in the midst of putting together a Summer Schedule for our Children's Religious Exploration CRE programming here at UUTC. CRE takes a break from curriculum during the summer and concentrates on SUMMER FUN! Do you have a talent, special story, book or activity that you would like to share with our children one Sunday during the 11:00 service? Arts, crafts, environmental education, cooperative games, music, yoga, etc...it's summertime fun! If so, **I would love to hear from you**. If you do not want to take the lead, perhaps you would enjoy being an assistant that day. Just send me an email and let me know what date works best for you to Heather at creutc@gmail.com.

The age range in the summer can be varied. We tend to get a lot fewer of our usual families and many more visitors, grandchildren and the like. But I find that most stories and hands-on activities can be easily adapted to teach and entertain most ages between 4 years old and 10 for a one hour. The average number of children on a summer Sunday can range from 2 to 8 youth. Feel free to contact me with questions and for more information.

Currently Open Dates: June 12 & 19, July 3, 10, 24, and 31, August 7

Help provide happy memories for our children and grandchildren!



HOW YOU CAN HELP IN THE SEARCH FOR OUR NEXT SETTLED MINISTER

The most important issue for the future of our congregation is obtaining the next full-time settled minister who is the best fit for our congregation. We all want a minister who can lead us together into being the finest congregation we can be. Your Ministerial Search Task Force is already hard at work on this process.

There is just one problem. Nationally 58 other Unitarian Universalists congregations are also in the process of searching for their next minister. However, there are not 59 UU ministers looking for a church to serve. Sadly, not every congregation will get a new minister.

As you can see, we are in competition with 58 other UU congregations for our next settled minister. In October of this year each of these churches will post on a secure website a resume of their church. Ministers looking for a congregation to serve will examine these websites to determine which ones are of interest to them. Obviously, we want to present an accurate and positive picture of our congregation to attract their interest, giving us the best opportunity of securing the right minister for our church.

This is where you come in. We have until October to get our congregation in the healthiest position to make our best presentation. As a retired minister, I know what a prospective minister will be looking for:

- **A congenial, positive, loving spirit in the church.** No minister wants to go to a church where there is a negative, complaining spirit. Any prospective minister will check us out by contacting people who know us. You can help by maintaining and encouraging a positive spirit in our congregation.
- **A solid support staff with which to work.** We have stretched ourselves financially this year and taken that important step. We have an excellent church staff, and that will help us in our search for the minister who is the best fit for our congregation. You can help by being supportive of this decision.
- **A church in healthy financial condition.** No minister wants to go to a financially struggling congregation. In October we must provide financial information on the secure website. We must include our fiscal year budget, the amount pledged toward that budget, and the percentage of affiliated families that financially support the congregation. Every potential minister will see this information. This year it is more vital than ever that each of us make a pledge and do the best we can to step up in our giving to put us in a position to attract the best ministerial candidates for our congregation.

In these three ways **you** can help make a difference in our search for the next settled minister to lead the church we all love into the future.

Earle Rabb, on behalf of your Ministerial Search Task Force

SOCIAL ACTION TEAM NEWS

SOCIAL ACTION OUTREACH FOR MAY—RISE & SHINE

Rise and Shine Freedom School is a comprehensive academic mentoring program where every child can shine! Tutors include members of UUTC. Scholars of all races are accepted and no Rise and Shine scholar has dropped out of school in the 18 years of the program. R&S is committed to long term support and empowerment for scholars from Kindergarten through 12th grade. Strategies of the program are implemented to ensure scholars leave R&S able to “think, read, write, compute, enjoy the arts and become economically independent”. Help support this empowering program for our Transylvania County youth. Go to www.riseshine.org for more details.



SECTION 8 HOUSING NEEDED

Aaron Vandegrift, who has been attending UUTC regularly is looking for Section 8 Housing. A property that would qualify would rent for no more than \$550 a month. There are some other limitations, as well. For information on Section 8 rules, contact WCCA, 884-2255. Aaron loves Brevard and would dearly love to stay, but is having a lot of trouble finding a place to rent. You can reach Aaron at 384-3954 or sageacrin@gmail.com.

RESULTS FOR THE CHILDREN'S CENTER

Your donations to The Children's Center for April totaled \$1559. Many thanks for your generosity!

TEAM MEETING NIGHT • MAY 18TH

Our next Team Meeting Night will be May 18th. Wednesday's kick-off meeting was a great success, with wonderful feedback from ARE, CRE and Social Action. One of the best parts was getting to hear everybody's projects and plans. And pizza. Did we mention pizza? Mark your calendars!

DRUM CIRCLE • THURSDAY, MAY 5TH

Come join Joyce Pearsall, Doug Bennett and the rest of the gang for our monthly Drum Circle at 7:00pm!



Who Do You Call? Leadership of Committees and Teams

<u>Board Executive Committee</u> , Peg Hall	828-553-7541	president@uutc.org
<u>Administration Committee</u> , Peter Mockridge	828-862-5485	peterb@peterbmockridge.com
<u>Finance Committee</u> , Ed Carroll	678-777-8021	edcarroll555@gmail.com
<u>Property Committee</u> , Vacant	828-xxx-xxxx	
<u>GMAC (Governance/Ministry Advisory Council</u>		gmac@uutc.org
<u>Adult Religious Exploration Team</u> , Dave Hunter	828-884-6647	dwhunter53@aol.com
Being Group, Jane Hilliard	828-877-4796	jhilliard1@comporium.net
Christians in Exile, Jean Rowe	828-883-9538	uurevjeanr@aol.com
Covenant Circle Ministry, vacant		
Dream Group, Carol Flake	828-553-4910	cflake@comporium.net
Drum Circle, Joyce Pearsall	828-883-9879	jepearsall@comporium.net
Eclectics, John Austin	828-884-3466	jsa0416@gmail.com
Men's Group, Bill Thomas	828-885-8229	billthomas@comporium.net
Women's Discussion Group, JoAnn Crawford	828-877-5344	nccrawford@hotmail.com
Women's Potluck, Joan Lemire	828-231-9259	tjbindire@yahoo.com
<u>A/V & Tech Team</u> , Margaret Kimble	828-553-6206	technology@uutc.org
<u>Building Team</u> , RK Young*	828-877-6121	building@uutc.org
<u>CRE Team</u> , Heather Layton	828-877-2174	cre@uutc.org
<u>Events Team</u> , RK Young	828-877-6121	live@uutc.org
<u>Fellowship Team</u> , RK Young*	828-877-6121	fellowship@uutc.org
<u>Grounds Team</u> , Bill Edmonds	828-884-2837	grounds@uutc.org
<u>Loving Hearts Helping Hands Team</u> , David Parker	828-885-2093	lhhh@uutc.org
<u>Membership Team</u> , Carol Moore	828-862-8447	membership@uutc.org
<u>Music Team</u> , Carol MacAllister	828-551-0587	wisdomtreegal@gmail.com
<u>Nominating Committee</u> , Isabel Lynch	828-877-4170	isabelplynch@gmail.com
<u>Personnel Team</u> , Virginia MacDonald	828-862-6505	personnel@uutc.org
<u>Settled Ministerial Search Team</u>		search@uutc.org
<u>Social Action Team</u> , Sue Null	828-877-2550	suenu@rice.edu
<u>Stewardship Team</u> , Gary Kendrick *	828-877-6440	gary.kendrick@gmail.com
<u>Worship Team</u> , Alice Hardy	828-577-1868	hardy542@gmail.com

*indicates contact only

UPCOMING EVENTS



A (LAID BACK) JOURNEY INTO THE WORLD OF MINDFULNESS • SATURDAY, MAY 7

9:00 am -- 4:00 pm with Vegetarian/Vegan-friendly continental breakfast and lunch provided.

The day will be led by practitioners of several different "styles" of contemplative practice.

If there is enough interest from parents, children, and youth, we will hold a brief (approximately 30 minute) session in guided imagery for people of all ages (3 and up.) The **Practice Period for All Ages is free** to all who wish to attend this segment. **RSVP ASAP if you would like your child(ren) to participate, so we can incorporate this segment into the program.**

Fee: \$15 including continental breakfast and a wholesome, vegetarian lunch (with vegan option.) You are free to bring your own food if we cannot meet your dietary needs.

Scholarships are available by contacting Paula Gable at revpaula@uutc.org. We encourage an additional Love Offering for those who wish to practice generosity by helping to fund scholarships and child care, provided FREE upon request. (We MUST KNOW in advance if you wish to have child care for part or all of the program.)

Presenters/Practice Leaders:

Ward Johnson, MFT, MS, a licensed therapist in NC and CA, will open the day by leading us in gentle warm-up exercises to increase our receptivity to Spirit. He has nearly 40 years of experience in offering psychological tools for self-healing.

Rev. Dr. Paula Gable, Interim Minister of UUTC, will provide instruction and lead a session on Zen.

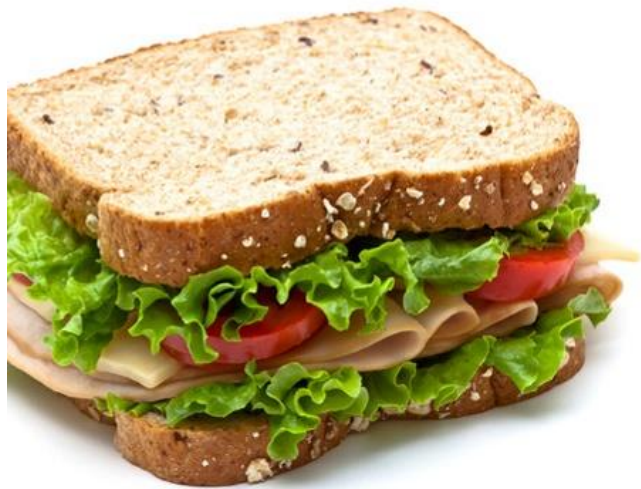
Doug Bennett, author of *What Color Socks Does God Wear?* and *Life and Spirit in the Quantum Field* will speak on Awareness of God (The Intelligent Quantum Field). He will also lead an exercise to increase our understanding and awareness of the quantum field.

Mary Margaret Camalo will explore the intersection of mindfulness, psychology & spirit. Learn more about Mary Margaret, a former nun, at her [website](#).

Register online [HERE](#) to reserve a space, or sign up at the front desk. For questions about the program, or to volunteer for the Team, contact revpaula@uutc.org. We need planners, gophers, cooks, furniture movers, flyer posters, PR gurus, and clearer-uppers, to name a few. Create good karma by volunteering.

A schedule is available in the bulletin this Sunday. Hope you can join us!

UPCOMING EVENTS, CONTINUED



SANDWICH SUNDAY • MAY 1ST, AFTER THE SECOND SERVICE

Coffee time is never enough! Come enjoy being with Members, Friends and Visitors on Sandwich Sunday, May 1st, after the 11:00 service. Bring a sandwich (and one to share) and a piece of fruit or chips. The Membership Team will provide lemonade. Please join us for this expanded social time, either in the park or in the Social Hall. There's

no need to sign up - but you can call Carol Moore at 862-6447 if you have questions.

UUTC WOMEN'S GROUP ANNUAL LUNCHEON—THURSDAY, MAY 5TH

Held at Sandy Kirkman's home, this annual event is always a joyful occasion. All UUTC women, Members and Friends are welcome. Bring a dish to share. For directions, see the front counter for contact information and directions. For other questions, call Sandy at 507-4968.

WONDERFUL WEDNESDAY • MAY 11TH

Our May Wonderful Wednesday dinner program will feature renowned Brevard College professor of Philosophy and Religious Studies, Dr. Mel Bringle. Her program is entitled, "Eat Your Heart Out: The Costs of Envy." Her PhD in Theological Studies is from Emory University. Her scholarly work bridges the disciplines of theology and psychology in a contemporary approach to the seven deadly sins. She has just published her third book, *Envy: Exposing a Secret Sin*.

Dr. Bringle is beloved by her students and is in great demand as a speaker and teacher. In 2002 she was recognized as the "emerging hymn text writer" of the US and Canada. Her original texts and translations are included in hymnals in numerous denominations in North America and Scotland.

The serving line for dinner opens at 5:30. There is no charge for the meal, but donations are gratefully received. Dinner reservations are necessary, and can be made at the sign-up sheet on the church office desk, by e-mailing the church, and calling the church (877-6121).

Everyone is invited to enjoy a fine meal and a delightful program with Dr. Mel Bringle.

SUUSI 2016



Nothing could be finer . . .

Lynn Halsey has years of SUUSI experience and can be of assistance as well. It's FUN!

Registration began April 15 • Application for SUUSIships (scholarships)- April 30th

Deadline for early registration \$50 discount- June 1 • On-line Registration closes July 1

MEET OTHER SOUTHEAST UUs!

The Southeast Unitarian Universalist Summer Institute is returning to WNC this summer, July 14-23rd, right in our backyard. Its a 6 night, 7 day UU extravaganza for **ALL ages**. The link is <http://www.suusi.org/index.php>. The offerings are many—go check them out!

A hard copy of the catalog is at the front desk to peruse. Chocolate tasting? Wine tasting? Hiking, canoeing, bird watching, photography with your phone, Asian brush painting...and those are just a TINY portion of the ADULT offerings!

Heather Layton and her son Rion attended SUUSI last year when it was at VA Tech and can answer questions you may have.

BLUEGRASS TO BACH CONCERT SERIES • MAY 7th @ 7:00PM

Salsa Shark is an Afro-Cuban Jazz ensemble based out of Western North Carolina. The group performs classic Afro-Cuban jazz selections, including music by Cal Tjader, Dizzy Gillespie, and Mongo Santamaria, as well as original music in the Afro-Cuban/Afro-Caribbean style. : Jason DeCristofaro (vibes), Warren Gaughan (piano), Kevin Kehrberg (bass), Ruben Garcia (congas), Isaac Wells (timbales). The musicians are amazing and the rhythm is infectious! Wear your dancing shoes!

Doors open @ 6:30, fresh baked goodies during intermission. Unitarian Universalist Fellowship, 2021 Kanuga Road, Hendersonville, NC.

828-693-3157 --- offic@uufhnc.org

<http://uufhnc.org/>

LICENSED MARRIAGE & FAMILY THERAPIST OFFERING FREE COUPLE'S COUNSELING

Ward Johnson, LMFT, a Brevard-based licensed Marriage & Family Therapist, **is seeking couples who wish to receive either no-cost or low-cost Couple's Counseling.** Ward has nearly forty years' experience in private practice in California and North Carolina, and his office is located at Mountain Counseling Center on Country Club Road. (<http://mountaincounseling.com/meet-our-providers.html>) He is working to complete another high-level certification as a Gottman-Certified Psychotherapist, and needs additional "treatment hours" to fulfill the final requirements for the training. The Gottman Method is a structured, goal-oriented, scientifically based method of interventions and exercises especially designed to enhance the relationship of couples. Therapy will last a minimum of six to eight sessions, and will not exceed twelve sessions, all at little or no cost to participants. Please contact Ward Johnson, LMFT, at [828-553-8879](tel:828-553-8879) or by email at wardjohnson@comporium.net for additional information or to sign up for this opportunity to

SOFTBALL STARTS THIS MONTH!



We'd love to give you the date of the first game, but can't at press time. The suspense is killing us. 😊

So who's playing? Besides organizer Andrew Maciula, here are a few of the names on the roster: Chanley Layton, Julie Bowman, Marcus & Jessica Webb, Anastasia & Anthony Dill, Margaret Kimble, Bill Edmonds (who is itching to play catch—someone give him a call!), Cheri Miller, Amy Pointer, John Felty, Sharon & Tim Draegen, Elly Andujar, Lauren & Matthew Agrella -Sevilla, Richard Coadwell, Stephen Houseworth, Melissa Pearl, Ann Holshouser, Lindsey Green, Dalton Johnson, Mark Lane and Brad Toms. Backup if we need her: Shelly Webb!

Hope you will plan to come out and support the Team!

TREASURER'S REPORT TO THE CONGREGATION FOR MARCH 2016

Dear Friends and Members,

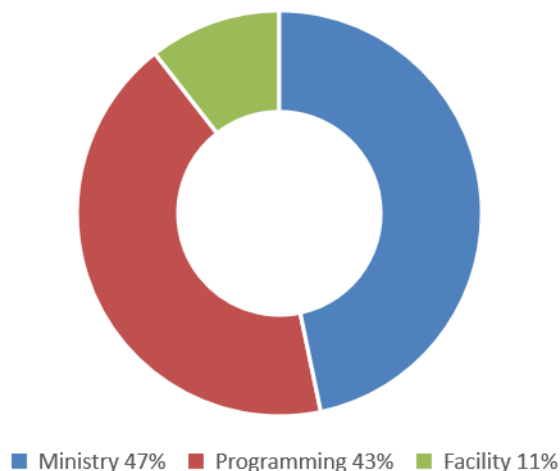
The information presented below provides a snapshot of our fiscal standing as of the end of March.



	<u>Revenue</u>	<u>March</u>	<u>YTD</u>
Beginning Balance Cash-On-Hand		\$ 35,768.58	
Income through March 31st, 2016		\$ 17,063.20	\$ 141,356.50
Reserve Funds balance		\$ 40,011.30	\$ 40,011.30
Total Funds available through March 31st		\$ 92,843.08	\$ 181,367.80
	<u>Expenses</u>	<u>March</u>	<u>YTD</u>
	Ministry	\$ 10,555.25	\$ 84,750.53
	Programming	\$ 9,833.84	\$ 59,181.79
	Facility	\$ 2,387.98	\$ 28,749.66
Total Expenditures through March 31st		\$ 22,777.07	\$ 172,621.97

Our total assets are \$731,962.98 and our total liabilities are \$54,231.17. Our UUA Endowment Fund has a balance of \$39,838.66. Our expenditures for the month of March break out as shown:

Where Our \$\$ Go - March 2016



During this fiscal year after consultation with the Finance Committee the Board increased the Church Administrator staff position from part-time to full-time, a move which had been recommended for several years. Having a full-time administrator helps UUTC function more effectively and makes us more attractive to a settled minister. We have purchased new church management software to more efficiently process the large volume of membership and financial data, and reduce the number of hours required for bookkeeping.

The Board approved several capital expenditures in order to make the building safer for the congregation and our employees – observation windows in childcare areas, new door locks, and changes to the alarm system necessitated by our monitoring company suddenly going out of business. We have done background checks on all persons involved with the care of our children, and provided first aid training to staff.

Despite these necessary expenses, we remain in a sound financial position. We pay our bills on time,

in full, every month. As you can see in the ledger above, we have a healthy bank balance. We have been able to set aside funds in a reserve account this year. Our endowment fund is larger than ever, and is moving closer to that level where we can begin spending the interest on social action and social justice projects.

I welcome questions about our financial health, and encourage you to talk with me about any concerns. We are committed to transparency in our operations – there are no financial secrets!

I would take this opportunity to remind everyone that fulfilling pledge obligations through Vanco is easy and convenient to setup by debiting your bank account or charging to a credit card [and collecting points!]. You may set up or change a pledge at the link below. Vanco is ready to accept your Fiscal Year 2016-2017 pledge. Please remember you must renew your pledge every year with Vanco.

Respectfully,

Dave Roberts

treasurer@uutc.org



YOGA WITH KASHMYRA ASNANI

UUTC is partnering with Kashmyra Asnani to provide some yoga workshops and classes. The workshops are one-day events that introduce different types of yoga, so that you can find a “fit” to what works best for your needs. Classes are designed to provide ongoing support. [Chair & Wall Yoga](#) is offered on **Mondays** at **3:15-4:30pm**. [Vitality Yoga](#) takes place on **Fridays** from **1:30-2:45pm**. **YOU CAN NOW SIGN UP AT THE FRONT DESK.**

Chair & Wall Yoga is open to all fitness levels, including those who may need walking aids or wheelchairs. With regular practice, students will see improved range of motion, flexibility and strength and reduced stress. **Vitality Yoga** focuses on youthful posture, correct movement mechanics, deep breathing and building core strength. This class is moderately paced, and students must be able to get down to and off the floor safely.

Kashmyra’s WORKSHOPS begin on Saturday, May 14th. See the bulletin board, the front counter and the [Public Calendar](#) for more information!





"We are the certain and the seeking, the lifers and the newcomers, the beloved and the brokenhearted, the insiders and the rejected, all of whom have found a home in the extraordinary, yet intimate, communities of Unitarian Universalism."

Melissa Harris-Perry, MSNBC Host

Our mission is to create a community that encourages free spiritual discovery and growth, celebrates personal and religious diversity, and promotes active, responsible involvement in the larger community.

Inclusive. Intentional. INVOLVED.



Read the latest UUA Southern Region Newsletter [HERE!](#)



SOUTHERN REGION

KEEP UP WITH WHAT'S HAPPENING!!!

VIEW our [church calendar](#). This is the calendar which has ALL events.

For previous issues of the UU Update, contact the office at admin@uutc.org.

SEND news for this newsletter by 10:00am on Wednesdays.

CONTACT US

Our Minister is the Rev. Dr. Paula R. Gable. To reach her out of the office, call **828-553-9410**.

Church office hours are Monday through Friday from 9:00 a.m. until noon and by appointment. The church telephone number is **828-877-6121**. Our mailing address is UUTC, PO Box 918, Brevard, NC 28712. Our website is www.uutc.org. Our church is located at 24 Varsity Street, at the corner of South Broad Street in Brevard. Our email address is admin@uutc.org.