

יום כיפור

YOM KIPPUR

How good it is for brothers and sisters
to be together on this sacred day.

AS I START MY DAY
THESE WORDS I PRAY
THANK YOU
FOR THE SOUL IN ME
I SING TO YOU
MODEH ANI



מוֹדָה וְמוֹדָה אֲנִי לְפָנֶיךָ,
מֶלֶךְ חַי וְקַיִם,
שֶׁהַחֲזָרְתָּ בִּי בְּשִׂמְחָתִי
בְּחֵמְלָה.
רַבָּה אֱמוּנָתֶךָ.

*Modeh/Modah ani l'fanecha,
Melech chai v'kayam,
shehechezarta bi nishmati
b'chemlah.
Rabah emunatecha.*

OH GOD PREPARE ME
TO BE A SANCTUARY
PURE AND HOLY
TRIED AND TRUE

AND WITH THANKSGIVING
I'LL BE A LIVING
SANCTUARY
FOR YOU

מֵה־טוֹבוֹ אֱהַלְיָךְ, יַעֲקֹב,
מִשְׁכַּנְתֶּיךָ, יִשְׂרָאֵל.

Mah-tovu ohalecha,

Yaakov;

mishk'notecha, Yisrael!

WITH EACH BREATH WE OFFER
PRAISE...



כֹּל הַנְּשָׁמָה תְּהַלֵּל יְהוָה,
הַלְלוּ-יְהוָה.

*Kol han'shamah t'haleil
Yah,
Hal'lu-Yah!*

MAJESTIC GOD, TODAY
ENTHRONED BEYOND TIME AND
SPACE



הַמֶּלֶךְ

יוֹשֵׁב עַל כִּסֵּי רָם וְנִשָּׂא,

שׁוֹכֵן עֵד, מְרוֹם

וְקָדוֹשׁ שְׁמוֹ. וְכָתוּב:

רָנְנוּ צְדִיקִים בְּיְיָ.

לִישָׁרִים נֶאֱוָה תְהִלָּה.

HA-MELECH

*Yosheiv al kisei ram v'nisa
Shochein ad, marom v'kadosh
sh'mo. V'chatuv: "Ran'nu
tzadikim b'Adonai!
Laisharim navah t'hilah."*

*Yitgadal v'yitkadash sh'meih raba,
b'alma di v'ra chiruteih.
V'yamlich malchuteih b'chayeichon
vyomeichon,
uvchayei d'chol beit Yisrael —
baagala uvizman kariv;
v'imru: Amen.
Y'hei sh'meih raba m'varach
l'alam ul'almei almaya.*

May God's great name come to be magnified and sanctified in the world God brought into being. May God's majestic reign prevail soon in your lives, in your days, and in the life of the whole House of Israel; and let us say: *Amen*.
May God's great name be blessed to the end of time.

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא,
בְּעֻלְמָא דִּי בְרָא כְרַעוּתֵיהּ.
וְיַמְלִיךְ מַלְכוּתֵיהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ,
וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,
בְּעֻגְלָא וּבְזַמַּן קָרִיב.
וְאָמְרוּ: אָמֵן.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ
לְעַלְמֵי וּלְעַלְמֵי עַלְמֵיָא.

*Yitbarach v'yishtabach v'yitpaar
v'yitromam v'yitnasei
v'yit hadar v'yitaleh
v'yit halal sh'meih d'kudsha
— b'rich hu —
l'eila ul eila mikol birchata
v'shirata, tushb'chata
v'nechemata daamiran b'alma;
v'imru: Amen.*

May God's holy name come to be blessed, acclaimed, and glorified; revered, raised, and beautified; honored and praised. Blessed is the One who is entirely beyond all the blessings and hymns, all the praises and words of comfort that we speak in the world; and let us say: *Amen.*

יְתַבְרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר
וְיִתְרוֹמַם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה
וְיִתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא,
בְּרִיךְ הוּא,
לְעֵלָא וּלְעֵלָא מְכַל בְּרַכְתָּא
וְשִׁירְתָּא, תְּשַׁבַּחְתָּא
וְנַחֲמַתָּא דְאַמִּירוֹן בְּעַלְמָא.
וְאָמְרוּ: אָמֵן.

בְּרַכּוּ אֶת יְיָ הַמְּבֹרָךְ.
בְּרוּךְ יְיָ הַמְּבֹרָךְ
לְעוֹלָם וָעֶד.

Bless the Eternal, the Blessed
One.

Blessed is the Eternal, the
Blessed One,
now and forever.

*Bar'chu et Adonai
hamvorach.*

*Baruch Adonai hamvorach
l'olam va'ed.*

שמע ישראל יהוה אלהינו יהוה אחד
ברוך שם כבוד מלכותו לעולם ועד.

SHEMA YISRAEL ADONAI ELOHEINU ADONAI ECHAD

*BARUCH SHEM K'VOD MALCHUTO L'OLAM
VAED*

Listen, Israel: Adonai is our God, Adonai is One!
Blessed is God's glorious majesty forever and ever!



You shall love Adonai your God with all your mind, with all your soul, and with all your strength. Set these words, which I command you this day, upon your heart.

Teach them faithfully to your children. Speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house, and on your gates.

*V'ahavta et Adonai
Elohecha —
b'chol-l'vav'cha,
uvchol-nafsh'cha,
uvchol-m'odecha.
V'hayu had'varim ha'eileh
asher anochi
m'tzav'cha hayom
al l'vavecha.*

*V'shinantam l'vanecha
v'dibarta bam
b'shivt'cha b'veitecha,
uvlecht'cha vaderech,
uvshochb'cha, uvkumecha.
Ukshartam l'ot al-yadecha;
v'hayu l'totafot bein einecha;
uchtavtam al-m'zuzot
beitecha
uvisharecha.*

וְאַהֲבַתְּ אֶת יְיָ אֱלֹהֶיךָ
בְּכָל-לִבְבְּךָ
וּבְכָל-נַפְשְׁךָ
וּבְכָל-מְאֹדְךָ:
וְהָיוּ הַדְּבָרִים הָאֵלֶּה
אֲשֶׁר אֲנֹכִי
מְצַוְּךָ הַיּוֹם
עַל-לִבְבְּךָ:

וְשִׁנַּנְתֶּם לְבַבְיֶךָ
וְדַבַּרְתָּ בָם
בְּשִׁבְתְּךָ בְּבֵיתְךָ
וּבְלֶכְתְּךָ בַדֶּרֶךְ
וּבְשֹׁכְבְּךָ וּבְקוּמְךָ:
וְקִשַּׁרְתָּם לְאוֹת עַל-יָדְךָ
וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ:
וְכָתַבְתָּם עַל-מְזוֹזוֹת בֵּיתְךָ
וּבְשַׁעֲרֶיךָ:



Be mindful of all My mitzvot, and do them; thus you will become holy to your God. I, Adonai, am your God, who brought you out of Egypt to be your God — I, Adonai your God.

*L'maan tizk'ru vaasitem
et-kol-mitzvotai,
viyitem k'doshim l'Eloheichem.
Ani Adonai Eloheichem —
asher hotzeiti et chem
mei eretz Mitzrayim
liyot lachem l'Elohim:
ani Adonai Eloheichem.*

*Adonai Eloheichem
emet.*

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם
אֶת־כָּל־מִצְוֹתַי
וְהֵייתֶם קְדוֹשִׁים לַאֱלֹהֵיכֶם:
אֲנִי יי אֱלֹהֵיכֶם
אֲשֶׁר הוֹצֵאתִי אֶתְכֶם
מֵאֶרֶץ מִצְרַיִם
לְהִיּוֹת לָכֶם לַאֱלֹהִים
אֲנִי יי אֱלֹהֵיכֶם:

יי אֱלֹהֵיכֶם אֱמֶת.



WE ARE WALKING IN THE
LIGHT OF GOD,

WE ARE WALKING IN THE
LIGHT OF GOD.

מִי־כַמּוֹכָה בְּאֵילִים, יְיָ,
מִי כַמּוֹכָה נְאֻדָּר בְּקֹדֶשׁ,
נוֹרָא תְהִלָּת, עֲשֵׂה פֶלֶא.

*“Mi-chamocha ba eilim, Adonai?
Mi kamocha — nedar bakodesh,
nora t’hilot, oseih-fele?”*

“Of all that is worshiped, is there another like You?
Maker of wonders, who is like You —
in holiness sublime, evoking awe and praise?”

בְּרוּךְ אַתָּה, יי, גֹּאֵל יִשְׂרָאֵל.

Baruch atah, Adonai, gaal Yisrael.

Blessed are You in our lives, Eternal One,
who redeemed Israel.

*Tzur Yisrael,
kumah b'ezrat Yisrael.*

Ufdeih chinumecha

Y'hudah v'Yisrael.

*Go aleinu, Adonai Tz'vaot
sh'mo,*

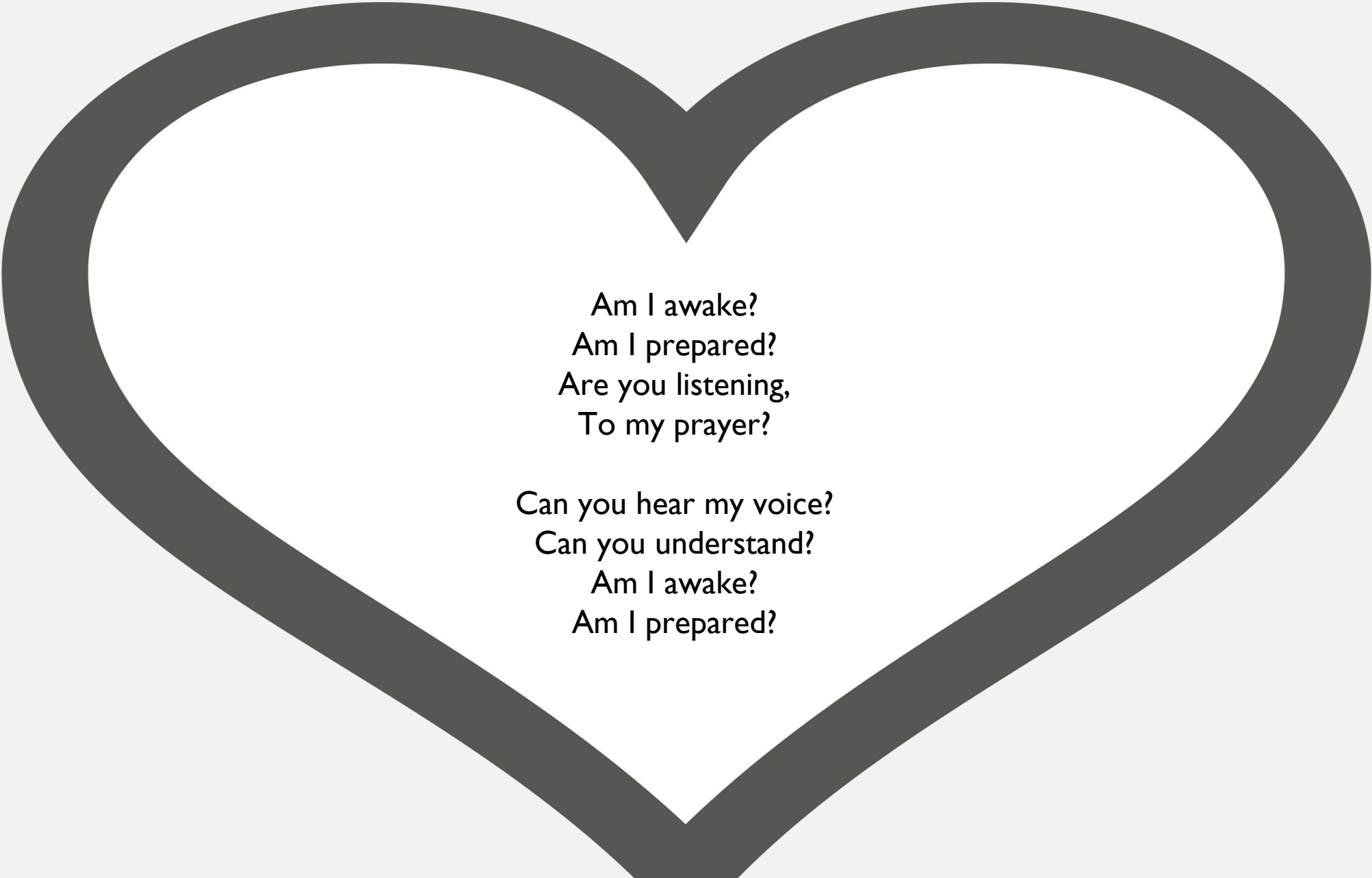
k'dosh Yisrael.

Rock of Israel, arise and come to the help of
Your people Israel.

Keep Your word by redeeming Judah and
Israel.


The Eternal and Infinite One is our redeemer,
our source of holiness.

צוּר יִשְׂרָאֵל,
קוּמָה בְּעֶזְרַת יִשְׂרָאֵל,
וּפְדֵה כְּנָעַמְךָ
יְהוּדָה וְיִשְׂרָאֵל.
גֹּאֲלֵנוּ, יי צְבָאוֹת שְׁמוֹ,
קְדוֹשׁ יִשְׂרָאֵל.



Am I awake?
Am I prepared?
Are you listening,
To my prayer?

Can you hear my voice?
Can you understand?
Am I awake?
Am I prepared?



אֲדֹנָי, שִׁפְתַי תִּפְתַּח,
וּפִי יִגִּיד תְּהִלָּתְךָ.

*Adonai, s'fatai tiftach
Ufi yagid t'hilatecha*

**Adonai, open up my lips that my mouth
May declare your praise.**



You are the Source of blessing, Adonai, our God and God of
our fathers and mothers: God of Abraham,
God of Isaac, and God of Jacob; God of Sarah,
God of Rebecca, God of Rachel, and God of Leah;

Baruch atah, Adonai, Eloheinu

v'Elohei avoteinu v'imoteinu: וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ:

Elohei Avraham,

Elohei Yitzchak,

v'Elohei Yaakov;

Elohei Sarah,

Elohei Rivkah,

Elohei Rachel,

v'Elohei Leah;

בְּרוּךְ אַתָּה, יְיָ, אֱלֹהֵינוּ

אֱלֹהֵי אֲבֹתֵינוּ,

אֱלֹהֵי יִצְחָק,

וְאֱלֹהֵי יַעֲקֹב,

אֱלֹהֵי שָׂרָה,

אֱלֹהֵי רִבְקָה,

אֱלֹהֵי רָחֵל,

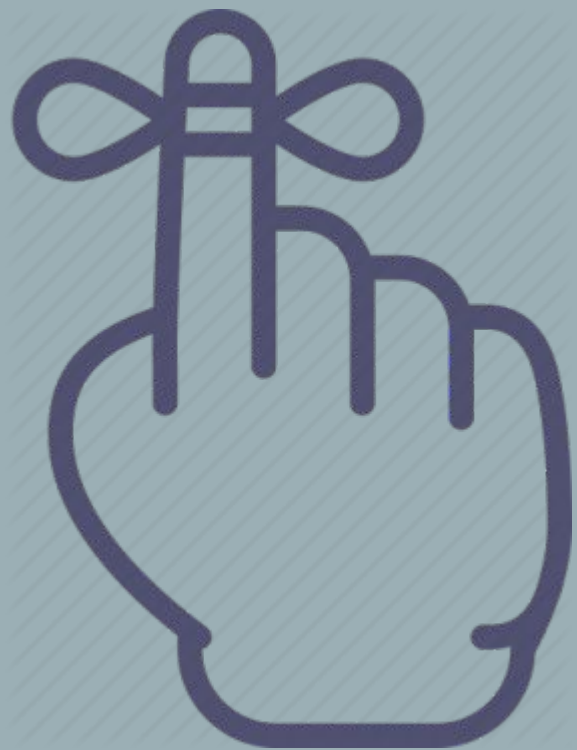
וְאֱלֹהֵי לֵאָה,



Exalted God, dynamic in power, inspiring awe, God sublime,
Creator of all — yet You offer us kindness, recall the loving
deeds of our fathers and mothers, and bring redemption to
their children's children, acting in love for the sake of Your
name.

*ha El hagadol hagibor v'hanora,
El elyon,
gomeil chasadim tovim,
v'koneih hakol—
v'zocheir chasdei avot
v'imahot,
umeivi g'ulah livnei v'neihem,
l'maan sh'mo b'ahavah.*

הַאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא,
אֵל עֶלְיוֹן,
גּוֹמֵל חַסְדִּים טוֹבִים,
וְקוֹנֵה הַכֹּל –
וְזוֹכֵר חַסְדֵי אָבוֹת וְאִמּוֹת,
וּמְבִיא גְאֻלָּה לְבָנֵי בְנֵיהֶם,
לְמַעַן שְׁמוֹ בְּאַהֲבָה.



Remember us

for life, sovereign God who treasures life. Inscribe us in the Book of Life, for Your sake, God of life.
Sovereign of salvation, Pillar of protection.
Blessed are You in our lives, Adonai, Shield of Abraham, Sustainer of Sarah.

Zochreinu l'chayim,
Melech chafeitz
bachayim. V'chotveinu
b'sefer hachayim,
l'maancha, Elohim
chayim

Melech ozeir umoshia
umagein —

Baruch atah, Adonai,
magein Avraham v'ezrat
Sarah.

זְכוּרֵנוּ לַחַיִּים,
מֶלֶךְ חָפֵץ בַּחַיִּים.
וְכֹתְבֵנוּ בְּסֵפֶר הַחַיִּים,
לְמַאֲנַחַךְ אֱלֹהִים חַיִּים.

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגִּן —

בָּרוּךְ אַתָּה, יי,
מַגֵּן אַבְרָהָם וְעִזְרַת שָׂרָה.

UNTANEH-TOKEF THE POWER OF THIS DAY

Untaneh-tokef k'dushat hayom —

ki hu nora v'ayom.

Uvo tinasei malchutecha,

v'yikon b'chesed kisecha;

v'teisheiv alav be'emet.

וּנְתַנֶּה תִּקְוַת קְדוּשַׁת הַיּוֹם
כִּי הוּא נוֹרָא וְאֵיִם.
וּבוֹ תִבְנֶשׂא מַלְכוּתְךָ,
וְיִכּוֹן בְּחֶסֶד כִּסְאֶךָ,
וְתֵשֵׁב עָלָיו בְּאֵמֶת.

TODAY YOU OPEN THE BOOK OF LIFE,
SO THAT WE CAN READ WHAT WE HAVE
WRITTEN ON ITS PAGES.

TODAY YOU ASK US TO OPEN OUR HEARTS, AND
REFLECT ON WHAT WE HAVE SAID AND DONE
THIS PAST YEAR.

ON ROSH HASHANAH IT IS WRITTEN AND ON
YOM KIPPUR IT IS SEALED, BUT THROUGHOUT THE
YEAR, THE BOOK OF LIFE IS OPEN AND THE
CHOICES WE MAKE LEAVE A MARK ON OUR
WORLD.

And so we ask ourselves and each other:

Who will choose to live a good life?

Whose hands will cause hurt and whose hands will help heal?

Who will speak up and who will be silent?

Who will be wise enough to learn from others?

Who will be strong enough to make good choices?

Who will be greedy and who will be grateful?

Who will break people down and who will build people up?

Who will choose to be a blessing?

ON ROSH HASHANAH IT IS WRITTEN
ON YOM KIPPUR IT IS SEALED...

B'Rosh HaShanah yikateivun;

uvYom Tzom Kippur yeichateimun:

בְּרֹאשׁ הַשָּׁנָה יִכְתָּבוּן,
וּבְיוֹם צוֹם כִּפּוּר יִחְתָּמוּן:

*Utshuvah, utfilah, utzdakah
maavirin et roa hag'zeirah.*

וּתְשׁוּבָה, וּתְפִלָּה, וּצְדָקָה
מֵעֲבִירֵינוּ אֶת רֹעַ הַגְּזֵירָה.



But through **return to the right path**,
through **prayer** and **righteous giving**,
we can transcend the harshness of the decree.

SILENT PRAYER

*Only when you come to know
that you too contain God's
Presence—
only then can you begin to pray.*

Tree of Life: A prayer for Healing

Oh, Sweet Spirit, hear my prayer
Help these words
heal someone out there
I am but a voice, just a cry in the air
But I sing nonetheless in this pain we
share.

Oh, sweet friends
come and dry your eyes
And hold each other
by this Tree of Life.
I'm angry and tired of this great divide,
But I sing nonetheless,
With love on our side.



Oh, sweet souls who feel broken now,
We'll heal together
someway, somehow
Time and again
we have been let down,
But we sing nonetheless
still whole and still proud.

Oh Sweet Spirit hear my prayer,
Help these words heal someone out
there.

AVINU MALKEINU

אָבִינוּ מַלְכֵינוּ

Loving Father, Infinite Power
Gentle, forgiving. Lofty, inscrutable

Avinu Malkeinu

Compassionate Mother, Omnipotent Lord
Comforting Presence, Fathomless mystery

Avinu Malkeinu

Our Rock and Redeemer, Life of the Universe
Close to us always, Impossibly Far

Avinu Malkeinu

Embracing, Confounding,

Accepting

Our fragility

Decreeing our end

Avinu Malkeinu

None of these are true

None of them are You.

Yet we stand as those before us have stood

Summoned to judgement, longing for love

Avinu Malkeinu

May these words be a bridge

They come from our hearts

May they lead us to You

Avinu Malkeinu,

choneinu vaaneinu;

ki ein banu maasim.

Aseih imanu tz'dakah

vachessed, v'hoshi einu.

אָבִינוּ מֶלְכֵנוּ,

חֲנוּנוּ וְעֲבָנוּ,

כִּי אֵין בָּנוּ מַעֲשִׂים.

עֲשֵׂה עִמָּנוּ צְדָקָה

וְחֶסֶד, וְהוֹשִׁיעֵנוּ.

Almighty and Merciful
answer us with grace, for our deeds are wanting.
Save us through acts of justice and love.

קְרִיאַת הַתּוֹרָה

READING OF
TOARH

אֵין כְּמוֹד בְּאֱלֹהִים,
אֲדַבֵּי, וְאֵין כְּמַעֲשֵׂיךָ.
מִלְכוּתְךָ מַלְכוּת
כָּל־עֲלָמִים,
וּמִשְׁלַתְךָ
בְּכָל־דּוֹר וָדוֹר.



*Sh'ma, Yisrael: Adonai
Eloheinu, Adonai echad!*

שְׁמַע יִשְׂרָאֵל,
יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.

Listen, Israel: Adonai is our God, Adonai is One!

*Echad eloheinu,
gadol adoneinu,
kadosh v'nora sh'mo.*

אֶחָד אֱלֹהֵינוּ,
גָּדוֹל אֲדוֹנֵינוּ,
קָדוֹשׁ וְנוֹרָא שְׁמוֹ.

One and magnificent is our God; God's name is Holy, inspiring awe.

*L'cha, Adonai, hag'dulah,
v'hag'vurah, v'hatiferet,
v'haneitzach, v'hahod—
ki-chol bashamayim uvaaretz.
L'cha, Adonai, hamamlachah
v'hamitnasei, l'chol l'rosh.*

לְךָ, יְיָ, הַגְּדֹלָה
וְהַגְּבוּרָה וְהַתְּפָאֶרֶת
וְהַנִּצָּח וְהַהוֹד,
כִּי־כֹל בַּשָּׁמַיִם וּבָאָרֶץ.
לְךָ, יְיָ, הַמַּמְלָכָה
וְהַמִּתְנַשֵּׂא, לְכֹל לְרֹאשׁ.

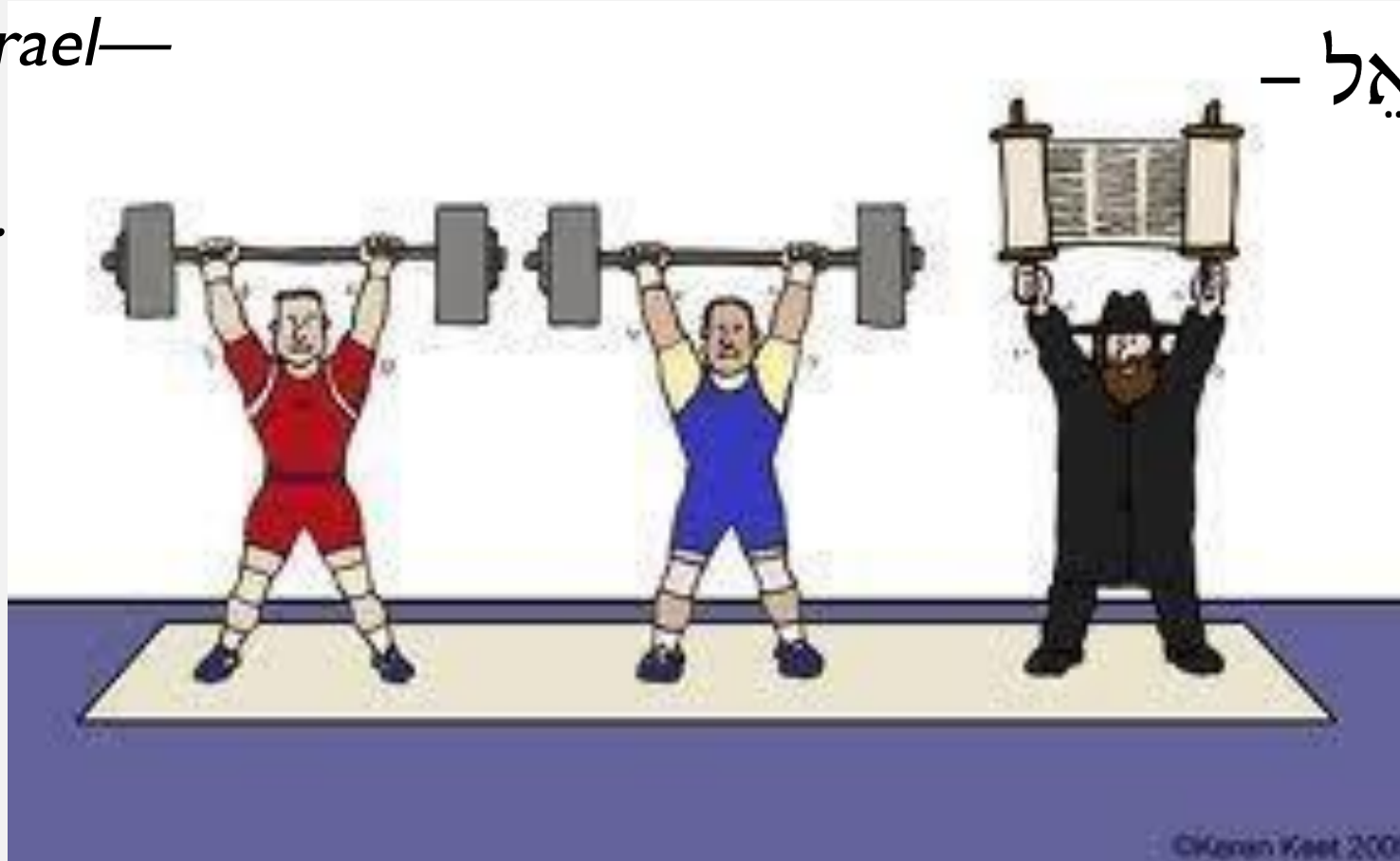
Yours, Adonai, are greatness, might, splendor, triumph, and majesty — yes, all that is in heaven and earth; to You, God, belong majesty and preeminence above all.

You Stand This Day (Deuteronomy 29:9–14; 30:1–20)

9 You stand this day, all of you, in the presence of Adonai your God—your tribal heads, elders, and officials; every man, 10 woman, and child of Israel; and the stranger in the midst of your camp; from the one who cuts your wood to the one who draws your water—11 to enter into the covenant of Adonai your God, and the oath that Adonai your God makes with you this day, 12 to establish you as God’s people and to be your God, as promised to you and sworn to your ancestors Abraham, Isaac, and Jacob. 13 And not with you alone do I make this covenant and this oath, 14 but with each one who stands here among us this day in the presence of Adonai our God, and with each one who is not here among us this day.

9 אַתֶּם נֹצְבִים הַיּוֹם כְּלָכֶם לִפְנֵי
יְהוָה אֱלֹהֵיכֶם רְאִישֵׁיכֶם שְׁבִיטֵיכֶם
זְקֵנֵיכֶם וְשׁוֹטְרֵיכֶם כָּל אִישׁ יִשְׂרָאֵל:
10 טַפְּכֶם נְשִׂיכֶם וְגֵרְךָ אֲשֶׁר בְּקֶרֶב
מַחֲנֶיךָ מִחֵטֵב עַד שׂוֹבֵב
מִימֶיךָ: 11 לְעִבְרְךָ בְּבְרִית יְהוָה
אֲלֹהֶיךָ וּבְאֵלֹתָיו אֲשֶׁר יְהוָה אֱלֹהֶיךָ
כָּרַת עִמָּךְ הַיּוֹם: 12 לְמַעַן הִקְיִים־
אֶתְךָ הַיּוֹם | לֹא לְעַם וְהוּא יִהְיֶה־לְךָ
לְאֱלֹהִים כַּאֲשֶׁר דִּבַּרְתָּ וְכַאֲשֶׁר
נִשְׁבַּע לְאַבְרָהָם לְאַבְרָהָם לְיִצְחָק
וּלְיַעֲקֹב: 13 וְלֹא אֶתְכֶם לְבַדְכֶם
אֲנֹכִי כָרַת אֶת־הַבְּרִית הַזֹּאת
וְאֶת־הָאֱלֹהִים הַזֹּאת: 14 כִּי אֶת־אֲשֶׁר
יִשְׁבּוּ פֹה עִמָּנוּ עִמְד הַיּוֹם לִפְנֵי
יְהוָה אֱלֹהֵינוּ וְאֵת אֲשֶׁר אֵינְנוּ פֹה
עִמָּנוּ הַיּוֹם:

*V'zot haTorah
asher-sam Mosheh
lifnei b'nei Yisrael—
al-pi Adonai,
b'yad-Mosheh.*



וְזֹאת הַתּוֹרָה
אֲשֶׁר־שָׂם מֹשֶׁה
לְפָנֵי בְנֵי יִשְׂרָאֵל –
עַל־פִּי יְיָ,
בְּיַד־מֹשֶׁה.

This is the Teaching that Moses set before the people of Israel
— at the command of God, by the hand of Moses.

THE TREE OF LIFE

It's the Tree of Life

It's the Tree of Life

So read it

Learn it

Follow it

And be happy! And be happy!

*Etz-chayim hi
lamachazikim bah;
v'tom'cheha
m'ushar.*

עֵץ־חַיִּים הִיא
לַמַּחְזִיקִים בָּהּ,
וְתוֹמְכֶיהָ מְאֻשָּׁר.



וְדוּי וְסְלִיחֹת
VIDDUI U'SLICHOT
CONFESSION AND FORGIVENESS



Tap, Tap, Tap your Heart
On Yom Kippur it's time to re-start

*Ashamnu, bagadnu, gazalnu,
dibarnu dofi. He·evinu, v'hirshanu,
zadnu, chamasnu, tafalnu sheker.
Yaatznu ra, kizavnu, latznu,
maradnu, niatznu, sararnu, avinu,
pashanu, tzararnu, kishinu oref.
Rashanu, shichatnu, tiavnu,
ta·inu, titanu.*

Of these wrongs we are guilty:
We betray. We steal. We scorn. We act perversely.
We are cruel. We scheme. We are violent. We slander.
We devise evil. We lie. We ridicule. We disobey.
We abuse. We defy. We corrupt. We commit crimes.
We are hostile. We are stubborn. We are immoral. We kill.
We spoil. We go astray. We lead others astray.

אֲשַׁמְנוּ, בִּגְדָנוּ, גָּזְלָנוּ,
דִּבְרָנוּ דְּפִי. הֶעֱוִינוּ, וְהִרְשָׁעְנוּ,
זָדָנוּ, חֲמָסָנוּ, טַפְלָנוּ שֶׁקֶר.
יַעֲצְבוּ רָע, כְּזָבְנוּ, לַצָּנוּ,
מִרְדָּנוּ, נֹאצְנוּ, סָרְרָנוּ, עֲוִינוּ,
פְּשָׁעְנוּ, צָרָרָנוּ, קִשְׁיָנוּ עֶרְף.
רָשָׁעְנוּ, שְׁחַתְנוּ, תַּעֲבָנוּ,
תַּעֲיָנוּ, תַּעֲתָעְנוּ.

For all these sins, O God, we ask for your forgiveness

Al cheit shechatanu l'fanecha, for the sin we have committed before You with a confused heart.

Al cheit shechatanu l'fanecha, for the sin we have committed before You by lying.

Al cheit shechatanu l'fanecha, for the sin we have committed before You by making excuses.

Al cheit shechatanu l'fanecha, for the sin we have committed before You without even meaning to do so.

Al cheit shechatanu l'fanecha, for the sin we have committed before You by being unkind to others.

*V'al kulam, Elo·ah s'lichot,
s'lach lanu, m'chal lanu, kaper-lanu.*

וְעַל כָּל־אֲשֶׁר עָשִׂינוּ לְפָנֶיךָ אֱלֹהֵינוּ סְלִיחוֹת,
סְלַח לָנוּ, מַחַל לָנוּ, כַּפֵּר־לָנוּ.

For all these failures of judgment and will, God of forgiveness —
forgive us, pardon us, lead us to atonement.



עֲשֵׂה שָׁלוֹם בְּמִרְמָיו,
הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ,
וְעַל כָּל יִשְׂרָאֵל,
וְעַל כָּל יוֹשְׁבֵי תֵבֶל.
וְאָמְרוּ: אָמֵן.

*Oseh shalom bimromav,
hu yaaseh shalom aleinu,
v'al kol Yisrael,
V'imru: Amen.*

**WISHING YOU A
MEANINGFUL FAST AND
GOOD INSCRIPTION**