Controlling chitosan-based encapsulation for protein and vaccine delivery

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A B S T R A C T

Chitosan-based nano/microencapsulation is under increasing investigation for the delivery of drugs, biologics and vaccines. Despite widespread interest, the literature lacks a defined methodology to control chitosan particle size and drug/protein release kinetics. In this study, the effects of precipitation–coacervation formulation parameters on chitosan particle size, protein encapsulation efficiency and protein release were investigated. Chitosan particle sizes, which ranged from 300 nm to 3 μm, were influenced by chitosan concentration, chitosan molecular weight and addition rate of precipitant salt. The composition of precipitant salt played a significant role in particle formation with upper Hofmeister series salts containing strongly hydrated anions yielding particles with a low polydispersity index (PDI) while weaker anions resulted in aggregated particles with high PDIs. Sonication power had minimal effect on mean particle size, however, it significantly reduced polydispersity. Protein loading efficiencies in chitosan nano/microparticles, which ranged from 14.3% to 99.2%, were inversely related to the hydration strength of precipitant salts, protein molecular weight and directly related to the concentration and molecular weight of chitosan. Protein release rates increased with particle size and were generally inversely related to protein molecular weight. This study demonstrates that chitosan nano/microparticles with high protein loading efficiencies can be engineered with well-defined sizes and controllable release kinetics through manipulation of specific formulation parameters.

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1. Introduction

Chitosan is under investigation for a wide variety of biomedical applications including drug delivery, gene delivery, wound healing, antimicrobial applications, tissue engineering and vaccine delivery [1–6]. The use of chitosan in these diverse applications is supported by its exceptional versatility. Chitosan can be used in solutions, hydrogels and/or nano/microparticles, while an endless array of chitosan derivatives with customized biochemical properties can be prepared through facile conjugation of side chain moieties to solvent-accessible amine and hydroxyl groups. As a result, chitosan is currently among the most well-studied biomaterials; nearly 2000 publications in the biomedical literature used chitosan as a keyword in less than 800 and 400 publications, respectively, last year.

Chitosan nano/microparticulate systems, in particular, are under development for facilitating the delivery of genes, protein biologics and antigens [7–12]. When developing nano/microparticulate systems for drug/protein delivery applications it is important to be able to control characteristics, such as particle size, size distribution, and surface charge, as these can significantly influence release kinetics. For example, increasing particle size has been shown to increase release rates of encapsulated drugs/proteins [13,14]. In addition, particle size has been shown to influence uptake by immune cells in vaccine applications. Particles with sizes similar to pathogens, such as viruses (5–300 nm) and bacteria (1–5 μm), are readily taken up and processed by antigen presenting cells (APCs) which leads to enhanced vaccine responses. Our recent studies demonstrated that 1 μm chitosan particles were optimal for uptake by both dendritic cells and macrophages, however, APC activation was highest with 300 nm chitosan particles [12].

It is clear that different biomedical applications will require unique chitosan particles with well-defined dimensions and release keywords in less than 800 and 400 publications, respectively, last year.

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The results obtained in this study will be useful in the standardization of protocols for the preparation of chitosan-encapsulated proteins.

### Table 1

**Effect of formulation factors on particle size, size distribution and protein loading efficiency.**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Level</th>
<th>Mean size (nm)</th>
<th>PDI</th>
<th>Protein loading efficiency (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Precipitant salt</td>
<td>Na₂C₅H₇O₇</td>
<td>490 ± 18.3</td>
<td>0.154</td>
<td>83.7 ± 3.5</td>
</tr>
<tr>
<td></td>
<td>Na₂SO₄</td>
<td>427 ± 7.6</td>
<td>0.113</td>
<td>54.2 ± 2.5</td>
</tr>
<tr>
<td></td>
<td>Na₃PO₄</td>
<td>1621 ± 188.0</td>
<td>0.667</td>
<td>14.6 ± 1.7</td>
</tr>
<tr>
<td>NaCl</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>KCl</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MgSO₄</td>
<td></td>
<td>445 ± 7.7</td>
<td>0.124</td>
<td>47.5 ± 2.0</td>
</tr>
<tr>
<td>NH₄HSO₄</td>
<td></td>
<td>551.9 ± 3.5</td>
<td>0.135</td>
<td>62.5 ± 6.1</td>
</tr>
<tr>
<td>Chitosan viscosity</td>
<td></td>
<td>(molecular weight)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>≤20 cPs</td>
<td>418 ± 16.2</td>
<td>0.104</td>
<td>50.3 ± 2.3</td>
</tr>
<tr>
<td></td>
<td>≥20–600 cPs</td>
<td>424 ± 7.7</td>
<td>0.160</td>
<td>56.5 ± 3.4</td>
</tr>
<tr>
<td>600–1200 cPs</td>
<td></td>
<td>605 ± 13.3</td>
<td>0.190</td>
<td>56.5 ± 2.6</td>
</tr>
<tr>
<td>1200–2000 cPs</td>
<td></td>
<td>728 ± 10.0</td>
<td>0.212</td>
<td>53.5 ± 4.3</td>
</tr>
<tr>
<td>Chitosan viscosity</td>
<td></td>
<td>≥20 cPs</td>
<td>854 ± 26.2</td>
<td>0.385</td>
</tr>
<tr>
<td>Chitosan concentration</td>
<td>0.5 mg/ml</td>
<td>334 ± 27.5</td>
<td>0.093</td>
<td>58.5 ± 3.4</td>
</tr>
<tr>
<td></td>
<td>1 mg/ml</td>
<td>418 ± 3.5</td>
<td>0.113</td>
<td>57.3 ± 2.5</td>
</tr>
<tr>
<td></td>
<td>2 mg/ml</td>
<td>521 ± 2.8</td>
<td>0.259</td>
<td>59.9 ± 6.8</td>
</tr>
<tr>
<td></td>
<td>3 mg/ml</td>
<td>587 ± 10.6</td>
<td>0.182</td>
<td>73.6 ± 2.2</td>
</tr>
<tr>
<td></td>
<td>5 mg/ml</td>
<td>656 ± 13.6</td>
<td>0.277</td>
<td>92 ± 0.8</td>
</tr>
<tr>
<td>Sonication power</td>
<td>0 W</td>
<td>922 ± 79.2</td>
<td>0.657</td>
<td>92.3 ± 1.8</td>
</tr>
<tr>
<td></td>
<td>10 W</td>
<td>438 ± 3.9</td>
<td>0.182</td>
<td>88.3 ± 5.3</td>
</tr>
<tr>
<td></td>
<td>20 W</td>
<td>418 ± 9.6</td>
<td>0.156</td>
<td>74.2 ± 6.3</td>
</tr>
<tr>
<td></td>
<td>40 W</td>
<td>421 ± 4.1</td>
<td>0.098</td>
<td>56.5 ± 2.6</td>
</tr>
<tr>
<td>Precipitant salt addition</td>
<td>0.2 ml/min</td>
<td>774 ± 33.2</td>
<td>0.580</td>
<td>71.9 ± 7.0</td>
</tr>
<tr>
<td></td>
<td>1 ml/min</td>
<td>574 ± 9.1</td>
<td>0.350</td>
<td>67.3 ± 3.2</td>
</tr>
<tr>
<td></td>
<td>3 ml/min</td>
<td>495 ± 3.6</td>
<td>0.250</td>
<td>65.3 ± 3.6</td>
</tr>
<tr>
<td></td>
<td>5 ml/min</td>
<td>444 ± 5.6</td>
<td>0.200</td>
<td>62 ± 2.8</td>
</tr>
<tr>
<td></td>
<td>8 ml/min</td>
<td>424 ± 2.1</td>
<td>0.121</td>
<td>58.1 ± 2.2</td>
</tr>
<tr>
<td>Protein</td>
<td>Insulin</td>
<td>411 ± 18.3</td>
<td>0.195</td>
<td>98.3 ± 0.5</td>
</tr>
<tr>
<td></td>
<td>Ova</td>
<td>423 ± 3.6</td>
<td>0.178</td>
<td>96.5 ± 1.1</td>
</tr>
<tr>
<td></td>
<td>BSA</td>
<td>424 ± 7.7</td>
<td>0.160</td>
<td>58.1 ± 2.5</td>
</tr>
<tr>
<td></td>
<td>Con A</td>
<td>410 ± 5.5</td>
<td>0.113</td>
<td>53.5 ± 3.6</td>
</tr>
</tbody>
</table>

### Table 2

**Experimental design for protein release studies: effect of particle size.**

<table>
<thead>
<tr>
<th>Nominal size</th>
<th>Chitosan conc.</th>
<th>Precipitant salt</th>
<th>Protein</th>
<th>Salt addition rate</th>
<th>Actual mean size (nm)</th>
<th>Protein loading efficiency (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>300 nm</td>
<td>0.5 mg/ml</td>
<td>Na₂SO₄</td>
<td>FITC-BSA</td>
<td>8 ml/min</td>
<td>318 ± 2.11</td>
<td>58.1 ± 3.7</td>
</tr>
<tr>
<td>1 μm</td>
<td>3 mg/ml</td>
<td>Na₂SO₄</td>
<td>FITC-BSA</td>
<td>1 ml/min</td>
<td>113 ± 54.1</td>
<td>83.5 ± 8.3</td>
</tr>
<tr>
<td>3 μm</td>
<td>5 mg/ml</td>
<td>Na₂SO₄</td>
<td>FITC-BSA</td>
<td>0.2 ml/min</td>
<td>2871 ± 216</td>
<td>96.6 ± 0.6</td>
</tr>
</tbody>
</table>

### 2. Materials and methods

#### 2.1. Reagents

Chitosan particles were prepared using the precipitation–coacervation method developed by B. Prasanth Koppolu et al. [19,20]. In brief, chitosan was dissolved in a 2% (v/v) acetic acid solution. Chitosan particles were formed by adding 50 mM precipitant salt solution dropwise to the chitosan solution using an infusion pump (Pump 11 Elite, Harvard Apparatus, Holliston, MA). Nonionic pluronic Fluronic F-68 was added and particles were allowed to stabilize for 2 h under constant stirring and intermittently sonicated using a sonicator (S4000, Misonox Inc., Farmingdale, New York). Chitosan particles were collected after centrifugation at 25,000 g for 10 min at 4 °C and freeze dried (FreeZone, Labconco, Kansas City, MO) before further use. Chitosan particles loaded with various fluorescence-labeled proteins including FITC-BSA, FITC-ConA, FITC-OVA, and FITC-Concanavalin A (FITC-ConA) were purchased from Life Technologies (Green Island, NY).

#### 2.2. Preparation and characterization of chitosan particles

Chitosan particles were prepared using the precipitation–coacervation method developed by Berthold et al. with slight modifications [19,20]. In brief, chitosan was dissolved in a 2% (v/v) acetic acid solution. Chitosan particles were formed by adding 50 mM precipitant salt solution dropwise to the chitosan solution using an infusion pump (Pump 11 Elite, Harvard Apparatus, Holliston, MA). Nonionic pluronic Fluronic F-68 was added and particles were allowed to stabilize for 2 h under constant stirring and intermittently sonicated using a sonicator (S4000, Misonox Inc., Farmingdale, New York). Chitosan particles were collected after centrifugation at 25,000 g for 10 min at 4 °C and freeze dried (FreeZone, Labconco, Kansas City, MO) before further use. Chitosan particles loaded with various fluorescence-labeled proteins including FITC-BSA, FITC-ConA, FITC-OVA, and FITC-Concanavalin A (FITC-ConA) were purchased from Life Technologies (Green Island, NY).

#### 2.3. Effect of formulation factors on particle properties

The influence of formulation factors, including chitosan concentration, molecular weight, rate of precipitant addition, protein size, and sonication power, on chitosan particle size and size distribution was determined. Preliminary experiments indicated that precipitant concentration, stabilizer concentration, pH, and chitosan:protein ratio had negligible effect on chitosan particle size (data not shown).

#### 2.4. Protein loading and release studies

Protein loading efficiency was calculated indirectly. Briefly, the amount of FITC-conjugated protein remaining in the supernatant after removing the protein-loaded chitosan particles was determined through spectrophotometry. The difference between the initial and the unencapsulated protein concentrations was divided by the initial concentration (equation (1)).

\[
\text{Percentage loading efficiency} = \left( \frac{\text{Initial conc.} - \text{Unencapsulated conc.}}{\text{Initial conc.}} \right) \times 100 \quad (1)
\]

For protein release studies, FITC-BSA loaded chitosan particles with discrete sizes (300 nm, 1 μm, and 3 μm) (see Table 2) and salt groups (Na₂SO₄, NH₄HSO₄, MgSO₄, K₂SO₄, and Na₂C₅H₇O₇) (see Table 3) were prepared using data gathered from previous experiments. FITC-BSA loaded chitosan particles were suspended in deionized water or phosphate buffered saline (PBS) and incubated in total darkness at 37 °C. To determine the effect of protein size on release profile, chitosan particles loaded with different proteins, i.e., FITC-labeled insulin, OVA, BSA, and ConA (see Table 4), were prepared in PBS and incubated at 37 °C. Supernatants were collected and replaced by fresh deionized water or PBS at regular intervals for 2 weeks. Samples were stored in the dark at –20 °C until batch analysis on a spectrofluorometer (excitation wavelength: 490 nm, emission wavelength: 540 nm). Percent protein released was determined by dividing the amount of released protein by total encapsulated protein. For all release studies, the starting amount of encapsulated protein was fixed at 100 μg for all groups.

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Table 3
Experimental design for protein release studies: effect of precipitant salt composition.

<table>
<thead>
<tr>
<th>Precipitant salt</th>
<th>Chitosan conc.</th>
<th>Protein</th>
<th>Salt addition rate</th>
<th>Mean size (nm)</th>
<th>Protein loading efficiency (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Na2SO4 1 mg/ml</td>
<td>FITC-BSA 8 ml/min</td>
<td>448 ± 12</td>
<td>56.4 ± 6.3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NaCl2SO4 1 mg/ml</td>
<td>FITC-BSA 8 ml/min</td>
<td>561 ± 3.4</td>
<td>62 ± 5.3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MgSO4 1 mg/ml</td>
<td>FITC-BSA 8 ml/min</td>
<td>462 ± 6.3</td>
<td>54.3 ± 3.4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Na2C2H3O2 1 mg/ml</td>
<td>FITC-BSA 8 ml/min</td>
<td>478 ± 64.3</td>
<td>86 ± 2.1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Na3PO4 1 mg/ml</td>
<td>FITC-BSA 8 ml/min</td>
<td>1423 ± 156</td>
<td>14.3 ± 6.6</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2.5. Isothermal titration calorimetry

The interactions of chitosan (average molecular weight ~ 96 kDa) with BSA and OVA in deionized water with NaCl concentrations ranging from 0 to 100 μM were studied via isothermal calorimetry. Titrations were performed using a Microcal VP-ITC calorimeter (Northampton, MA) at 25 °C with a stirring speed of 300 rpm, and 240 s of spacing between each 10 μl injection. In all cases, 29 injections of the 40 μM protein solution were titrated into the 1.4 ml cell containing chitosan solution at a concentration of 100 nM (0.0096 mg/ml). A protein-to-buffer blank was subtracted from the raw data to account for heats of dilution. Every titration that exhibited significant binding was repeated at least three times.

2.6. Statistical analysis

All experiments were carried out in triplicate or quadruplicate. Where appropriate, data are presented as means ± standard deviation. Where indicated, analysis of variance (ANOVA) was performed using JMP software (SAS, Cary, NC). Statistical significance was accepted at the p ≤ 0.05 level.

3. Results

3.1. Effect of precipitant salt type on chitosan particle properties

Preliminary studies indicated that salt concentration, surfactant (Pluronic F-68) concentration, and chitosan:protein ratio had negligible effect on chitosan particle size, polydispersity and encapsulation efficiency (data not shown). Therefore, subsequent experiments focused on other factors such as chitosan concentration, chitosan molecular weight, precipitant salt composition, precipitant salt addition rate, sonication power, and protein size. The viscosity of chitosan was used as a surrogate for molecular weight as the two properties are related [21] and molecular weight of polydisperse chitosan is not often reported.

To isolate the effect of precipitant salt composition, all other formulation parameters were fixed. Chitosan concentration was kept at 1 mg/ml, chitosan viscosity was 200–600 cPs, precipitant salt concentration was 100 mM, precipitant salt addition rate was 8 ml/min, sonication power was maintained at 10 W, and FITC-BSA was used as a model protein.

Salts with anions and cations of varying hydration strength, according to the Hofmeister series, were utilized. Sodium was used as a cationic constant while the effect of anion type was explored. Likewise, sulfate was used as anionic constant while the effect of cation type was investigated. As seen in Table 1, decreasing the hydration strength of anionic component of precipitant salt affected particle size. Specifically, sulfate and citrate anions with high degrees of hydration induced the formation of 427 ± 5.5 to 490 ± 18.3 nm particles, respectively. As the degree of hydration was reduced, through the use of phosphate anions, particle size increased to 1621 ± 188 nm. A further reduction in hydration strength to chloride anions was not able to form particles. Changing the cationic component of the salt had less of an effect on particle size with sulfate salts of magnesium, sodium, and ammonium producing 445 ± 7.7 , 427 ± 7.6 , and 550 ± 3.5 nm particles, respectively. In general, the PDI for all particles formed was between 0.11 and 0.15 except when Na3PO4 was used and PDI increased to 0.66.

Increasing the hydration strength of the anionic component from phosphate to citrate resulted in marked increases in protein loading efficiencies from 14.68 ± 1.7% to 54 ± 2.6% to 83.7 ± 3.5%, respectively. Once again, changing the cationic component of the salt did not significantly influence the protein loading efficiency. In fact, sulfate salts of sodium, ammonium, and magnesium produced chitosan particles with protein loading efficiencies of 54 ± 2.6%, 62.5 ± 6.1%, and 47.5 ± 2.0%, respectively.

3.2. Effect of chitosan molecular weight and concentration on chitosan particle properties

To isolate the effect of the chitosan molecular weight, Na2SO4 was used as the precipitant salt and all other formulation parameters were fixed as described above. Chitosan particle size was found to be directly related to chitosan molecular weight, i.e. viscosity (Fig. 1). Particle sizes more than doubled, from 418 ± 16.2 to 854 ± 26.2 nm, by increasing the intrinsic viscosity of chitosan from <20 to 1200–2000 cPs (Table 1). In contrast, chitosan molecular weight did not significantly influence protein loading efficiencies which were between 50.4 ± 2.3% to 58.5 ± 4.2% (Table 1).

To isolate the effect of the chitosan concentration, chitosan with viscosity of 20–200 cPs was used, and all other formulation parameters were fixed as described above. Increasing chitosan concentration from 0.5 to 5 mg/ml resulted in particle size increasing from 334 ± 27.5 to 656 ± 10.6 nm (Fig. 1, Table 1). Protein loading efficiencies were similar for 0.5, 1.0 and 2.0 mg/ml. However, when chitosan concentration was increased to 3 and 5 mg/ml, the protein loading efficiency jumped to 73.6 ± 2.2% and 92 ± 0.8% respectively.

3.3. Effect of sonication on chitosan particle properties

To isolate the effect of sonication, Na2SO4 was used as the precipitant salt and all other formulation parameters were fixed as describe above. Chitosan particles prepared using 10 W sonication decreased in size to 438 ± 3.9 from 922 ± 79.2 nm without sonication (Fig. 1). PDI also decreased from 0.657 without sonication to 0.182 at 10 W (Table 1). Further increasing sonication power to 40 W did not significantly affect particle size. However, PDI was further reduced to 0.098 at 40 W (Table 1).

While increasing sonication power was effective in decreasing particle uniformity, protein loading efficiency was reduced. Loading efficiencies decreased from 92.3 ± 1.8% without sonication, to 88.3 ± 5.3% at 10 W, to 74.2 ± 6.3% at 20 W, and 56.5 ± 2.6% at 40 W (Table 1).

Table 4
Experimental design for protein release studies: effect of protein molecular weight.

<table>
<thead>
<tr>
<th>Protein</th>
<th>Molecular weight</th>
<th>pl</th>
<th>Chitosan conc.</th>
<th>Precipitant salt</th>
<th>Salt addition rate</th>
<th>Mean size (nm)</th>
<th>Protein loading efficiency (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Insulin</td>
<td>6 kDa</td>
<td>5.3</td>
<td>1 mg/ml</td>
<td>Na2SO4</td>
<td>8 ml/min</td>
<td>421 ± 10.1</td>
<td>99.2 ± 0.1</td>
</tr>
<tr>
<td>OVA</td>
<td>45 kDa</td>
<td>4.5</td>
<td>1 mg/ml</td>
<td>Na2SO4</td>
<td>8 ml/min</td>
<td>429 ± 3.6</td>
<td>98 ± 0.4</td>
</tr>
<tr>
<td>BSA</td>
<td>66.5 kDa</td>
<td>5.3</td>
<td>1 mg/ml</td>
<td>Na2SO4</td>
<td>8 ml/min</td>
<td>448 ± 22.4</td>
<td>56.4 ± 3.2</td>
</tr>
<tr>
<td>Con A</td>
<td>105 kDa</td>
<td>5.4</td>
<td>1 mg/ml</td>
<td>Na2SO4</td>
<td>8 ml/min</td>
<td>452 ± 5</td>
<td>53.4 ± 1.8</td>
</tr>
</tbody>
</table>
Fig. 1. Effect of precipitation–coacervation parameters on chitosan-FITC-BSA particle size and PDI. Parameters including: chitosan concentration, molecular weight/viscosity, precipitant salt addition rate, and sonication power were varied following the experimental design described in Table 1. Resultant particle size and PDI of the particles were determined by DLS. Data are presented as mean ± standard deviation of three independent experiments.

Fig. 2. Effect of ionic strength of release media on protein release. Chitosan particles containing 100 μg of the model protein FITC-BSA were prepared using Na2SO4 and incubated with deionized water (DI water), 0.1×, 0.5× or 1× PBS. Samples were collected at each time point and protein release was quantified by measuring fluorescence using a spectrofluorometer. Each data point represent the mean of 4 independent samples. Particles incubated in any amount of PBS showed significantly higher protein release (p ≤ 0.05) than particles in DI water at all time points. *indicates a statistically significant difference in cumulative release among the different PBS groups (p ≤ 0.05).

Fig. 3. Effect of chitosan particle size on protein release. 300 nm, 1, and 3 μm chitosan particles encapsulating 100 μg FITC-BSA were incubated with PBS. Samples were collected at each time point and protein release was quantified by measuring fluorescence using spectrofluorometer. Each data point represents the mean of 4 independent samples. * indicates a statistically significant difference in cumulative release among the different chitosan particle sizes (p ≤ 0.05).
Na₂SO₄ was used as the precipitant salt while all other formulation study the effect of protein size on chitosan particle properties. FITC-BSA (66.5 kDa), and FITC-ConA (105 kDa) were selected to properties

3.5. Effect of protein molecular weight on chitosan particle properties

To isolate the effect of salt addition rate, Na₂SO₄ was used as the precipitant salt and all other formulation parameters were fixed as described above. Precipitant salt addition rate was inversely related to chitosan particle size. Increasing the salt addition rate from 0.2 to 8 ml/min resulted in a decrease in particle size from 774 ± 33.2 to 424 ± 2.1 nm (Fig. 1, Table 1). Most of the size reduction was observed in the lower range of salt addition rates. In addition to becoming smaller, particles also became more uniform as PDI was reduced from 0.580 to 0.121.

Protein loading efficiency was also inversely related to precipitant salt addition rate. Loading efficiencies decreased steadily from 71.9 ± 7.0% at 0.2 ml/min, to 67.3 ± 3.2% at 1 ml/min, 65.3 ± 3.6% at 3 ml/min, 62 ± 2.8% at 5 ml/min, and 58.1 ± 2.2% at 8 ml/min.

3.6. Effect of release media ionic strength on protein release

A range of proteins, FITC-Insulin (6 kDa), FITC-OVA (45 kDa), FITC-BSA (66.5 kDa), and FITC-ConA (105 kDa) were selected to study the effect of protein size on chitosan particle properties. Na₂SO₄ was used as the precipitant salt while all other formulation parameters were fixed as described above. The size of the encapsulated protein had no significant effect on chitosan particle size (p > 0.05). However, loading efficiencies decreased with increasing protein molecular weight. Chitosan particles were loaded with FITC-Insulin, FITC-OVA, FITC-BSA, and ConA at 98.3 ± 0.5%, 96.5 ± 1.1%, 58.1 ± 2.5%, and 53.5 ± 3.6% efficiency, respectively (Table 1). Interestingly, even though the molecular weight of OVA is similar to BSA, OVA was encapsulated by chitosan at a much higher efficiency than BSA. This finding implies that molecular weight is not the only factor influencing encapsulation efficiency.

3.7. Effect of chitosan particle size on protein release

To study the influence of protein size on protein release, FITC-BSA encapsulated chitosan particles with nominal sizes of 300 nm, 1, and 3 μm were generated based on the results of Table 1. The actual particle sizes were 318.2 ± 11, 1133 ± 54.1, and 2871 ± 216 nm (Table 2). FITC-BSA loading efficiencies were 58.1 ± 3.7%, 83.5 ± 8.3%, and 96.6 ± 0.6%, respectively.

As seen in Fig. 3, FITC-BSA release profiles from all particle sizes were characterized by an initial burst of about 5–10% of the encapsulated protein followed by a slow, sustained release in which a total of 30–50% of the protein was released in PBS over 1 week. The amount of FITC-BSA released increased with increasing particle size. The “300 nm”, “1 μm”, and “3 μm” groups released 31.4%, 42.6%, and 46.9% of their encapsulated FITC-BSA within one week.

3.8. Effect of precipitant salt on protein release

FITC-BSA encapsulated chitosan particles formulated with Na₂SO₄ (NH₄)₂SO₄, MgSO₄, Na₂C₂H₃O₂, or Na₃PO₄ yielded particles of sizes 448 ± 12, 561 ± 3.4, 462 ± 6.3, 478 ± 64.3, and 1423 ± 156 nm respectively, with protein loading efficiency of 56.4 ± 6.3%, 62 ± 5.3%, 54.3 ± 3.4%, 86 ± 2.1%, and 14.3 ± 6.6%, respectively (Table 3).

Protein release profiles of particles were dependent on the cationic component of precipitant salt with total amount protein release decreasing with decreasing hydration strength of cations. MgSO₄, Na₂SO₄, and (NH₄)₂SO₄ particles released 50.87%, 45.2%, and 31.7% respectively over one week (Fig. 4). However, changing the anion of the salt caused significant change in the protein release profiles of the particles with Na₂C₂H₃O₂, Na₃SO₄, and Na₃PO₄ particles releasing 51.4%, 45.2%, and 98.1% of encapsulated protein over one week (Fig. 4).

Fig. 4. Effect of hydration strength of precipitating salt on protein release. Chitosan particles containing 100 µg FITC-BSA were prepared using Hofmeister series salts: Na₂SO₄, (NH₄)₂SO₄, MgSO₄, Na₂C₂H₃O₂, or Na₃PO₄, and released in PBS. Samples were collected at each time point and protein release was quantified by measuring fluorescence using a spectrofluorometer. Each data point represents the mean of 4 independent samples. BSA and ConA release was significantly higher than that of Insulin and OVA at all time points (p ≤ 0.05).

Fig. 5. Effect of encapsulated protein size on protein release. Chitosan particles encapsulating 100 µg of model proteins FITC-Insulin, FITC-OVA, FITC-BSA, and FITC-ConA were incubated in PBS. Samples were collected at each time point and protein release was quantified by measuring fluorescence using a spectrofluorometer. Each data point represents the mean of 4 independent samples. BSA and ConA release was significantly higher than that of OVA at incubation times greater than 2 h (p ≤ 0.05).
3.9. Effect of encapsulated protein on protein release

Chitosan particles precipitated with Na₂SO₄ and loaded with FITC-insulin, FITC-OVA, FITC-BSA, and FITC-ConA were similarly sized at 421 ± 10.1, 429 ± 3.6, 448 ± 22.4, and 452 ± 5 nm, respectively (Table 4). Protein loading efficiencies varied as before (Table 1) at 99.2 ± 0.1, 98 ± 0.4%, 56.4 ± 3.2%, and 53.4 ± 1.8%, respectively.

As shown in Fig. 5, the nature of encapsulated protein had a significant effect on release kinetics. The two largest proteins, FITC-BSA and FITC-ConA, exhibited the highest levels of burst and
cumulative release, 48.2% and 48.9%, respectively, over a one week period (Fig. 5). The smallest protein, FITC-insulin, exhibited very little burst release but reached 40.42% release over one week.

Interestingly, the vast majority of FITC-OVA remained in chitosan particles after one week with only 2.4% released. Even though OVA and BSA are similar in size, OVA has a lower isoelectric point (pI) and therefore a higher negative surface charge under particle formulation conditions facilitating increased electrostatic interactions with polycationic chitosan.

3.10. Chitosan—protein binding in solution

ITC was used to investigate the binding interactions of chitosan with model proteins. Titrations were performed at pH 6.5, where OVA (pI = 4.5) and BSA (pI = 5.3) both possess a net negative charge while chitosan is highly cationic. Both OVA and BSA bound strongly to chitosan via exothermic interactions in deionized water, i.e. 0 mM NaCl solution (Fig. 6). The interaction between OVA and chitosan, with a binding constant ($K_b$) of $3.5 \times 10^7 \pm 9.4 \times 10^6 \text{ M}^{-1}$, was stronger than that of BSA and chitosan where $K_b$ was $1.1 \times 10^9 \pm 1.6 \times 10^8 \text{ M}^{-1}$ (Table 5). OVA bound less strongly in the presence of 10 mM NaCl ($K_b$ was $6.8 \times 10^5 \pm 1.4 \times 10^5 \text{ M}^{-1}$) and not at all in 25 mM NaCl or 100 mM NaCl. The binding stoichiometry of chitosan to OVA and chitosan to BSA is 1:17 and 1:12, respectively.

4. Discussion

There are several published methods for manufacturing drug or protein-loaded chitosan particles [15–18]. Methods include the use of crosslinking agents [16,22,23], emulsion-precipitation [24], ionotropic gelation and precipitation—coacervation. The use of crosslinkers or organic solvents during emulsion-precipitation can be detrimental when encapsulating labile proteins. While both precipitation—coacervation and ionotropic gelation can form chitosan particles in mild aqueous conditions, precipitation—coacervation was preferred for two reasons. First, based on our own experiences, as well as published data, the size of chitosan particles generated via ionotropic gelation is restricted to less than 1 μm [23,24]. Second, ionotropic gelation generally results in lower drug/protein loading efficiencies with 38–72% of BSA loading efficiencies observed with ionotropic gelation compared to 74–98% obtained with precipitation-coacervation [7,25].

In this study, we comprehensively explored the effects of 10 precipitation—coacervation parameters on chitosan particle size, polydispersity, protein loading efficiency and protein release. Four of the 10 parameters were eliminated in preliminary studies as having no impact. The remaining 6 factors were studied individually by isolating a single parameter while fixing the other 5 parameters.

Chitosan particle size was found to increase with chitosan concentration and molecular weight/viscosity and decreased with precipitant salt addition rate and sonication power. The effect of chitosan concentration and molecular weight can be explained by the fact that addition of increased amounts of the chitosan starting material to the precipitation—coacervation reaction increases the probability of interaction of chitosan polymers to form larger particles. Conversely, a higher salt addition rate reduced chitosan—chitosan and chitosan—protein interactions and led to the formation of smaller sized particles. The effect of sonication was consistent with published studies demonstrating that chitosan particles prepared through ionotropic gelation were reduced in both size and PDI after sonication [26,27]. Our data indicate that a threshold level of sonication is preferred to produce a more uniform size distribution of chitosan particles, but that further increases in sonication power adversely affected loading efficiency.

Protein loading efficiencies increased with chitosan concentration and molecular weight/viscosity. These findings were consistent with previous studies demonstrating that drug loading and release from chitosan particles was directly related to chitosan molecular weight/viscosity [28]. Higher chitosan molecular weight and/or concentration increases the likelihood of anionic proteins interacting with cationic chitosan molecules prior to precipitation.

In general, protein loading efficiencies decreased as protein molecular weight increased. However, we also identified protein charge as a major factor in loading efficiency. The isoelectric points for the four encapsulated proteins are similar with the exception of OVA (Table 4). With the lowest pI, OVA carried the strongest negative surface charge during encapsulation and release. Our findings that protein release increased with ionic strength of the releasing media (Fig. 2) and that NaCl disrupts protein—chitosan binding (Table 5) indicate that protein—chitosan binding is mediated via electrostatic interactions. Therefore, a highly negatively charged protein, such as OVA, will be loaded in cationic chitosan particles more efficiently and released more slowly than a similarly sized protein with a more neutral or positive net charge.

Among the strongest effects on chitosan—protein particle formation was the hydration strength of precipitant salt anions. Strong Hofmeister series anions with high degrees of hydration, such as citrate and sulfate, induced formation of smaller and more uniform particles. Decreasing the degree of hydration by using phosphate anions resulted in an increase in both particle size and polydispersity likely due to particle aggregation of weakly formed particles. A further decrease down the Hofmeister classification to chloride anions retarded particle formation. These results were expected as salts with strongly hydrated ions can strip away water molecules from proteins or biopolymers resulting in salting out or precipitation [29,30]. Weaker ions such as Cl$^-$ are unable to remove a sufficient amount of water to induce precipitation.

Interestingly, strong Hofmeister anions also induced higher loading efficiencies. It was originally predicted that strong anions would disrupt chitosan—protein binding and precipitate chitosan and protein independently. However, it appears that mixing chitosan and protein prior to addition of precipitant salt allows sufficient electrostatic binding for the chitosan—protein complexes to salt out together. Taken together with our particle size analysis, in general, strong Hofmeister anions were better at forming highly loaded, chitosan—protein particles.

Release studies demonstrated that protein release from chitosan particles, regardless of the sample group was characterized by an initial burst followed by sustained release. The release was found to be strongly dependent on the releasing medium with 34.1–45.2%
protein release observed in PBS compared to that of 2.6% observed in deionized water. While previous studies showed that the release of drug from chitosan particles was dependent on solution pH [25,31], our studies show that the release is also dependent on the ionic strength of the medium. ITC studies showed that chitosan–protein binding was dependent on the salinity of solution. Specifically, chitosan–protein interaction was significant at 0 mM NaCl, but was eliminated at 25 mM NaCl. In mildly acidic aqueous solutions, chitosan’s primary amines are protonated. Thus, polycationic chitosan molecules interact electrostatically with co-formulated proteins. These positive charges are likely to be responsible for electrostatic interactions with proteins. However, when high levels of free anions, such as chlorides and phosphates, are present, they can interact with the protonated chitosan and disrupt protein binding resulting in lower loading efficiencies and/or faster release rates [19,32].

Overall, smaller proteins were released from chitosan particles much more quickly. However, OVA, despite being similar in size to BSA, was a notable exception. Only 2.4% of OVA was released compared to 48.1% of BSA. This discrepancy can be explained by the higher binding constant and free energy change of OVA versus BSA (Table 5). In general, proteins with higher densities of negative surface charges are likely to be loaded in chitosan particles more efficiently and released more slowly. We are currently investigating the effects of a protein’s charge density on its interactions with chitosan and other polysaccharides.

Finally, protein release rate was found to increase with particle size. Whether this effect is driven by pore size, which we believe increases with particle size, is the subject of future studies. Nevertheless, these data imply that one can customize protein release profiles through manipulation of chitosan particle size.

5. Conclusion

Protein-encapsulated chitosan particles are under exploration for a variety of biomedical applications. Each application is likely to require unique chitosan particles with specific dimensions and release characteristics. Until now, it was not clear how to reproducibly manufacture protein-encapsulated chitosan nano/micro-particles with high loading efficiencies. The results of this study demonstrate that the properties of chitosan particles including size, size distribution, protein loading and release can be effectively modulated by controlling a handful of precipitation–coacervation formulation parameters. Understanding the influence of these parameters will help standardize chitosan particle-based delivery for continued preclinical and clinical development. Furthermore, the included protocols provide a useful roadmap for the development of unique chitosan nano/microparticles for customized delivery of protein biologics and vaccines.

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