

River Valley Athletic Club Gym Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5am- 10am	Open Gym 5am- 10am	Open Gym 5am- 10am	Open Gym 5am- 10am	Open Gym 5am- 10am	Open Gym 6am - Noon	Open Gym 6am - Noon
Pickleball 10am - 2pm	Pickleball 10am - 2pm	Pickleball 10am - 2pm	Pickleball 10am - 2pm	Pickleball 10am - 2pm	Birthday Parties (if scheduled) Noon-3:30pm	Birthday Parties (if scheduled) Noon-3:30pm
Open Gym 2pm- close	Open Gym 2pm - 7:30pm	Open Gym 2pm- close	Open Gym 2pm- close	Open Gym 2pm- close		
	Open Volleyball 7:30pm- close					