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### **WHAT IS MUSIC THERAPY?**

Music therapy is the clinical and evidence based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. (*American Music Therapy Association definition, 2005*).

### **SERVICES**

- Individual/Group Music Therapy (pediatric, adolescent, and adult)
- Consultations/Evaluations
- Early Intervention Groups
- Memory Care

### **GOAL AREAS ADDRESSED**

- Increase vocalization
- Improve expressive and receptive communication
- Improve gross and fine motor skills
- Increase socialization
- Increase attention span and focus
- Improve cognitive functioning
- Improve academic skills

### **WHO WE SERVE**

Children with...

- Autism/PDD
- Cerebral Palsy
- Spina Bifida
- Down Syndrome
- ADHD
- Genetic Disorder
- Sensory Integration Disorder
- Coordination Disorder
- Fine and Gross Motor delay
- Speech and Language delay
- Auditory Processing Disorder
- Muscle Disorder
- TBI
- Children and infants with special needs and early intervention settings

Adults with...

- Orthopedic or cognitive limitations
- Dementia or Alzheimer's Disease

### **INTEGRATION OF OTHER THERAPEUTIC AREAS**

Physical Therapy...

- Music cues to encourage motor movements
- Generalization of physical therapy goals to functional activities (instrument play, dance)

Speech and Language Pathology...

- Music as communication (non-verbal and verbal) and motivation
- Uses attention and memory to recall language and song

Occupational Therapy...

- Fine motor, bilateral coordination, visual motor goals
- Social interaction