SUPERFOOD BANANA BREAD RECIPE
FROM BAKING WITH JODI FROM MRS. BARR'S

2 Bananas mashed
2 eggs or egg substitute
½ cup oil (olive, coconut or avocado)
¼ c Maple syrup or ½ c if you want sweeter
1 t vanilla
1 c almond flour or Jodi’s nut flour blend (1/2 c ground pumpkin seeds and ½ c ground pecans)
½ c coconut flour
½ c cassava flour
1 t baking soda
½ t salt
½ c “Gone Nuts” Granola

Mix wet ingredients and dry ingredients separately and then add the dry slow to wet. Don’t over mix.

Bake at 350 for 45 minutes