

Monday



Picnic
Basket



Bike

Downward
Dog



Switch Us On daily at 2pm (AEDT) for fun-key yoga. It may be animated, noisy and fun, but don't be fooled, having fun is the key to learning new and wonderful experiences!

Namaste!

SWITCH US ON at www.littlerockersradio.com.au

Tuesday



Downward
Dog



Runner



Pigeon



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Wednesday



Duck



Frog



Flower



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Thursday

Picnic Basket



Bug



Bug



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Namaste!

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Friday

Cloud



Bicycle



Pigeon



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Saturday



Duck



Flower



Frog



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Sunday



Upward
Dog



Bug



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Cloud

Namaste!

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