



## Electrical Safety around the home

This session on first aid health and safety we are discussing the dangers around electrical appliances and how you can implement some safety measures around your home to minimise injury. We recommend assessing your household and looking out for different dangers. By putting some measures in place you are limiting the chance of injury, however we should always know that it will not completely eradicate harm. Being proactive about protecting your child's safety is important and we are ecstatic that we are in a position to share this information with you!

There is still a large amount of emergency trips for our little ones that have resulted from electrocution, as this is such an explorative age we are in danger of little things finding their way into electrical sockets and electrical power sources ending up in their mouth. Our little ones will reach out for anything within their reach and explore and children and electricity are never a good mix!!

Some of the things to consider around your house are;

**Unused electrical sockets:** In order to prevent our bubs feeding these open ports with little items you can purchase electrical plugs. This ensures that when not in use your beautiful baby and child are unable to play with them or stick unwanted items in them!



**Electrical Sockets in use:** There are some wonderful products on the market, and home techniques to protect power points in use. These protective devices are designed to stop your bubba from pulling the cord out when in use.....

One that was designed by a local mumma is the great Mickey Ha Ha! This product was specifically designed to protect our children around power points and was created after a mums little "Mickey" had a huge interest in power sockets!



**Power Strips:** The creation of a power board was a saviour to many families, especially in older homes where electrical power outlets can be very limited. When you are using these be mindful never to 'piggyback' with other adapters, ensure the cord to the power board is not too long and secure to the floor. A power board safety cover can also be used.



**Extension Cords:** Extension cords are great for temporary purposes such as vacuuming and that appliance that just does not reach! Extension cords are dangerous around children or any environment as they do present as a tripping hazard and are also a great temptation for the child to pull (it is becoming evident they are little "pulling" machines). If you are using it for a temporary job around the house please ensure the child is not able to have access to it. If for example you are vacuuming the house it may be worthwhile putting your child in your designated 'safe area' whilst you complete the task. If you need to use it long term you can fix it to ground with duct tape (not the prettiest I know, but very budget friendly) or there are some more long term solutions available.



**Long cords from appliances:** We have all purchased that lamp that has the really, really, really long cord and we don't know how to shorten it! We can pull out the handy wire ties but there are also some super cool options around!



Just a little bit more information:

When assessing your house for dangers remember to think about long cords hanging from appliances, cords that are permanently connected to a power source such as hair straighteners, phone chargers, kettles, toasters, etc! These are very dangerous items as they always have power running through them and often have a cord that can dangle over the bench easily for little fingers to reach. Some of these appliances are also located near water!!

Where to gain more information!

WONDERWOMAN CHILDREN  
[www.wonderwomanchildren.com](http://www.wonderwomanchildren.com)