

Erin Stafford, M.A.

CURRICULUM VITAE

EDUCATIONAL HISTORY

Aug 2015 - Present New York, NY	The New School for Social Research Doctorate in Clinical Psychology Research Advisor: Wendy D'Andrea, Ph.D.
May 2015 New York, NY	The New School for Social Research Master of Arts in Psychology, Clinical/Research Track Research Advisor: Wendy D'Andrea, Ph.D.
Dec 2010 Baltimore, MD	The Johns Hopkins University Bachelor of Arts in Behavioral Biology

ACADEMIC HONORS

2015 – Present	Prize Fellowship, The New School for Social Research
2013 – 2015	University Scholarship, The New School for Social Research
2013 – 2015	Dean's Merit Scholarship, The New School for Social Research
2014	Outstanding Student Program of the Year Award for Mindfulness Initiative Team
2010	Dean's List, The Johns Hopkins University

CLINICAL EXPERIENCE

Individual Mindfulness Facilitator/Developer Sept 2013 – Present New York, NY	New School Student Health Services, Wellness and Health Promotion Role: Mindfulness Initiative Leader and One-on-one Mindfulness Developer and Facilitator; Organized and developed an offering of one-on-one mindfulness service for students; collaborated with health and wellness promotion and counseling services; educate participants in mindfulness based coping strategies, support individuals in their personal mindfulness
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practice, work with participants to develop a personal mindfulness practice and overcome obstacles to practice, guide participants in mindful meditation

Supervisors: Rachel Knopf, M.P.H.; Jerry Finkelstein, Ph.D.

Mental Health Worker
Jan 2011 – July 2013
Towson, MD

Sheppard Pratt Health Systems, Inpatient Trauma Disorders Unit

Role: Lead Mental Health Worker; Educated patients on PTSD/DID symptom management skills, including but not limited to DBT and mindfulness practices, by both leading psycho-education groups and communicating individually with patients; Monitored patient safety including early warning signs of suicidal ideations, self injurious, and aggressive behaviors; Deescalated violent situations; Reoriented and stabilized patients experiencing intrusive PTSD symptoms; managed the milieu

Supervisors: Heather Billings, R.N.; Richard Loewenstein, M.D.

PROFESSIONAL RESEARCH POSITIONS

Laboratory Manager
Aug 2015 - Present
New York, NY

The New School Trauma and Affective Psychophysiology Lab

Role: Manage graduate and undergraduate students and in the lab, monitor and record lab hours, project tracking, and meeting notes; organize and facilitate laboratory meetings, train incoming students, oversee data and task management,

Supervisor: Wendy D'Andrea, Ph.D.

Assistant Laboratory Manager
Sept 2014 – Aug 2015
New York, NY

The New School Trauma and Affective Psychophysiology Lab

Role: Manage undergraduate students and interns in the lab, monitor and record lab hours, project tracking, and meeting notes; organize meetings for support around lab tasks especially AAI transcriptions and senior work development, train new MA and undergrad students in participant interaction skills and application and use of psychophysiology equipment

Supervisor: Wendy D'Andrea, Ph.D.

Research Associate

May 2013 – Present
New York, NY

The New School for Social Research

Project: *The Doc Wayne Athletic League Evaluation: A Bio-Psychosocial Assessment of an Adjunctive Intervention for Youth*

Role: Quantitative Research Lead; Prepared IRB protocols; programmed behavioral computer tasks in EPrime and Qualtrics, organized administration of tasks, trained lab members in administering tasks and supporting children participating with emotion regulation monitoring and management strategies, collected and analyzed psychophysiological and quantitative data in SPSS and Matlab

Supervisor: Wendy D'Andrea, Ph.D.

Research Assistant

Sept 2013 – Present
New York, NY

The New School Trauma and Affective Psychophysiology Lab

Project: *Blunted and Discordant Affect Project: A transdiagnostic construct of psychopathology*
NIH Grant #1R01MH096334-01

Role: Conduct diagnostic interviews with research participants including the SCID, AAI, CAPS, SCID-P, and SCID-D, run participants through behavioral and physiological measures, screen potential participants on potentially sensitive and emotional information

Supervisor: Wendy D'Andrea, Ph.D.

Field Researcher

June 2010 – Sept 2010
Baltimore, MD

The Johns Hopkins Bloomberg School of Public Health Department of Mental Health

Role: Collected field research information on the physical environment of the neighborhoods in Baltimore City; aided in identifying both individual and community-level indicators of violence, alcohol, and other drug exposure among youth; collaborated with research team in order to improve and alter research methods according to the needs of the study

Supervisor: Debra Furr-Holden, Ph.D.

Research Assistant

Jan 2009 – May 2009

The Johns Hopkins University Department of Psychological Brain Sciences

Baltimore, MD

Visual Attention and Perception Laboratory

Role: Explained procedures to subjects and addressed their questions; collaborated with professor and graduate student on research designs and topics; reviewed journal articles of current related research

Supervisor: Howard Egeth, Ph.D.

PRESENTATIONS

Stafford, E., Fortunato, A., & D'Andrea, W. (2014). *To Connect with Others, Understand Yourself: Connecting Self-Awareness to Social Cognition in Traumatized Youth*. Poster presented at the Society for Psychophysiological Research Annual Conference, Atlanta, GA.

DePierro, J., Herzog, S., **Stafford, E.,** Shiffler, S., & D'Andrea, W. (2014). *Psychometric Properties of the PTSD Checklist for DSM-5 (PCL-5): Convergent Validity in a Community Sample*. Poster presented at the International Society for Traumatic Stress Studies Annual Conference, Miami, FL.

Abramowitz, J., **Stafford, E.,** Gardner-Schuster, E., Hytner, L., & D'Andrea, W. (2013). *Relationship between Childhood Parentification, Caretaker Disability Type, Psychological Symptoms, and Mindfulness*. Poster presented at the International Society for Traumatic Stress Studies Annual Conference, Philadelphia, PA.

Minshew, R., **Stafford, E.,** Gardner-Schuster, E., & D'Andrea, W. (2013). *Comfortably Numb: The Psychophysiology of Directed Dissociation*. Poster presented at the International Society for the Study of Trauma and Dissociation Annual Conference, Baltimore, MD.

WORKSHOPS AND TRAININGS

Oct - Dec 2014 Interpersonal Mindfulness
 Taught by Elaine Retholtz, L. Ac., certified MBSR
 instructor
 Metta, New York, NY

PROFESSIONAL AFFILIATIONS

Society for Psychophysiological Research (since 2014)

