

Treva Van Cleave, MA

Research Interests

My research focuses on trauma and the body, with an emphasis on perceptual change as a result of interpersonal violence and complex trauma. I am inspired by psychodynamic, feminist and existential theories, which inform my desire to understand the lived experience of the person. I use techniques of psychophysiology and narrative to examine experience of body and time, specifically attending to dissociative processes. Altogether, this work highlights experience of the self through the body and language.

Education

- Ph.D. The New School (in progress)
Clinical Psychology (Full APA Accreditation)
Advisor: Wendy D'Andrea, Ph.D.
- M.A. The New School (2014)
Psychology, Clinical Area
Thesis: *Body perception in trauma survivors: Interoceptive awareness, self-injury and childhood trauma*
Advisor: Wendy D'Andrea, Ph.D.
- M.A. Seattle University (2011)
Existential Phenomenological Psychology (Full APA Accreditation)
Thesis: *The paradoxical nature of religious delusional systems: Meeting the other in another world*
Advisor: Kevin Krycka, Psy.D.
- B.S. Washington State University (2009)
Psychology
Minor in Fine Art

Clinical Experience

- Brooklyn VA New York Harbor Hospital** Fall 2015-present
Psychology Extern, Military Sexual Trauma Clinic
On-site Supervisor: Shalini Sehgal, Psy.D.
Psychotherapist in the Military Sexual Trauma Clinic. Provides individual and group therapy, attends group supervision for 1 hour per week and individual supervision for 1 hour per week.
- Mount Sinai Beth Israel: Dual Diagnosis Inpatient** Fall 2014-Fall 2015
Psychology Extern
On-site Supervisor: Rachel Guerrero, Ph.D.

Group psychotherapist for DBT and Women's groups weekly, attended unit rounds, completed medical chart notes, prepared for groups through theoretical readings and practical application, and attended one hour of supervision weekly.

Mount Sinai Beth Israel, Brief Psychotherapy Research Program Fall 2014-Fall 2015
Psychology Extern

On-site Supervisor: Chris Christian, Ph.D.

Conducted intake interviews, including demographic information, SCID I and II, Relationship Situation Interview and Adult Attachment Interview. Attend weekly Cognitive Behavioral Therapy didactic training, providing focused clinical training.

Sound Mental Health: Dual Diagnosis Outpatient Clinic Fall 2010-Fall 2012
Clinical Intern/Extern

On-site Supervisor: Daniel Davidson, M.A., LMHC

Off-site Supervisor: Randall Horton, Ph.D.

Psychotherapist at community clinic for individuals struggling with chronic mental illness. Provided individual, group (Art Therapy, Healthy Relationships), family and couple's therapy. Supervised on and off-site for a total of 3 hours per week.

Psychological Assessment

Supervisor: Jerry Finklestein, Ph.D.

Summer 2015-present

Testing coordinator for the New School Counseling Center. Intake interviews to assess testing benefits for individual, and refer for testing accordingly. Keeps track of outstanding testing cases and assists in the testing process so that students receive reports and services/accommodations.

Supervisor: Ali Khadivi, Ph.D.

Fall 2014-Summer 2015

Intake interview, WAIS-IV, WMS-IV, WRAT, MMPI, Rorschach Exner System and TAT.

Supervisor: Andrew Twardon, Ph.D.

Fall 2015-Winter 2015

Intake interview, WAIS-IV, WMS-IV, MMPI-2-RF, MCMI-III, NEO-3, DAPP-BQ, Rorschach RPAS System, TAT.

Research Projects and Collaborations

Trauma Lab Researcher

Fall 2012-present

Supervisor: Wendy D'Andrea, PhD

Quantitative and qualitative researcher in trauma and psychophysiology lab, responsible for collecting physiological measures, interviews and psychological inventories for projects within the lab, poster presentations, and project engineering (E-Prime, Qualtrics, Mindware, ANSAR). Working on current collaborative publications and presentations.

MDMA and PTSD Coding Group

Group Leader: Ingmar Gorman, MA

Fall 2013-Spring 2013

Role: Research Assistant

Researcher in the treatment of PTSD with psychedelic-assisted psychotherapy. Responsibilities include: reliable in using Psychotherapy Process Q-Sort (PQS) to code videos of treatment sessions (provided by Multidisciplinary Association for Psychedelic Studies), weekly meetings.

Teaching

- Fall 2015
Instructor, *Existential Psychology (Undergraduate)*
New School for Public Engagement, New School, NY, NY
Grader for Dr. Wendy D'Andrea, *Abnormal Psychology*
Eugene Lang Liberal Arts College, New School, NY, NY
- Spring 2015
Instructor, *Abnormal Psychology (Undergraduate)*
Eugene Lang Liberal Arts College, New School, NY, NY
Instructor, *Introduction to Psychology*
Long Island Business Institute, NY, NY
- Fall 2014
Instructor, *Critical Thinking (Undergraduate)*
Long Island Business Institute, NY, NY
- Fall 2013
Grader and Teaching Support for Dr. Wendy D'Andrea,
Psychological Trauma
Eugene Lang Liberal Arts College, New School, NY, NY
- Fall 2011
Instructor, *Introduction to Psychology (Undergraduate)*
Renton Technical College, Renton, WA
- Spring 2009
Grader and Teaching Support for Dr. Samantha Swindell,
Motivation
Washington State University, Pullman, WA
Student Instructor, Psychology 106: *HIV, Sex and Sexual
Assault Awareness (Undergraduate)*
Washington State University, Pullman, WA

Manuscripts

In Preparation:

Van Cleave, T., Feheteroi, N., & D'Andrea, W. (In preparation) Perceiving time and relationships: how early childhood trauma impacts time perception in dissociative symptoms.

Van Cleave, T. & D'Andrea, W. (In preparation) Body perception in trauma survivors: Interoceptive awareness, self-injury and childhood trauma.

D'Andrea, W., Spinazzola, J., **Van Cleave, T.**, van der Kolk, B.A. & Ford, J. (In preparation) Trauma exposure, symptomatic distress and functional impairment in a sample of children exposed to chronic interpersonal violence: A study of clinician-reports.

Foster, A., **Van Cleave, T.**, D'Andrea, W., & Miller, A. (In preparation) Developmental trauma disorder and deliberate self-harm.

Presentations

Posters:

Bachrach, I., **Van Cleave, T.**, D'Andrea, W. (2016). *Self-portraits and Self-image: Illustrating Dissociation In Pictures*. Poster will be presented at the 33rd Annual meeting of the International Society for the Study of Trauma and Dissociation. San Francisco, CA.

Nieves, N., **Van Cleave, T.**, D'Andrea, W. (2016). *To Thine Own Self Be True: Interoceptive Awareness and Interpersonal Problems*. Poster to be presented at the Society for Affective Science Annual Conference, Chicago, IL.

Van Cleave, T., Feheteroi, N., Khedari, V., & D'Andrea, W. (2015). *Time perception and interpersonal functioning in childhood trauma survivors*. Poster presented at the International Society for Traumatic Stress Disorders.

Khedari, V., **Van Cleave, T.**, Freed, S., DePierro, J., D'Andrea, W. (2015, May). *The effect of early maltreatment on emotionally-primed time estimation*. Poster presented at the 27th Association of Psychological Sciences convention, New York, NY.

Van Cleave, T., Khedari, V., Ipekci, B., Parens, S. & D'Andrea, W. (2014). *Heart beat detection and body perception in childhood trauma survivors*. Poster presented at the Society for Physiological Research.

Van Cleave, T., Freed, S., DePierro, J., Minshew, R., McGreevy, K., Doukas, A., & D'Andrea, W. (2013). *Matters of the heart: childhood correlates of baseline heart rate and trauma*. Poster presented at the International Society for Traumatic Stress Disorders and the Society for Physiological Research.

Feheteroi, N., **Van Cleave, T.**, D'Andrea, W., van der Kolk, B., Spinazzola, J., Ford, J., & Stolbach, B. (2013). *Psychometric evaluation and clinical symptom profiles among complexly traumatized children: results from a national clinician survey*. Poster presented at International Society for the Study of Trauma and Dissociation.

Invited Talks:

Van Cleave, T. (2014). *Interoception, self-injury and childhood trauma*. Presentation given at the Narrative Analysis and Psychophysiology Conference. Frankfurt, Germany.

Van Cleave, T. (2013). *Trauma Narrative and Memory*. Presentation given at Dr. D'Andrea's Psychological Trauma class.

Van Cleave, T. (2012). *Interoception and the Insula*. Presentation given at the Trauma lab meeting.

Honors and Awards

The New School

Teaching Fellowship Award (2014-2015)

Nominee, Outstanding Student Teacher Award (2015)

Teaching Fellowship Award (2015-2016)

Professional Service

Ad hoc reviewer for the Journal of Traumatic Stress

Professional Memberships

Society for Physiological Research

International Society for Traumatic Stress Studies

Psychology of Women, APA Division 35

National Collegiate Honor Society

Continuing Education

Eugene Gendlin-Based Focusing Workshop

Professional Ethics in Mental Health Counseling Workshop

Certified 4 Hour HIV Training, Red Cross