

Prescilla D. John, LMSW

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Objective: Clinically focused social worker with a commitment to improving the social, emotional, psychological and behavioral functioning of children, adolescents and adults exposed to trauma, PTSD and other mental health vulnerabilities.

Education

The New School for Social Research, New York, NY

Master of Arts in Psychology, May 2018

Honors: Dean's Merit Scholarship (2016)

Columbia University, New York, NY

Master of Science in Social Work, May 2015

Concentration/Field of Practice: Advanced Clinical Practice/Health, Mental Health & Disabilities

Honors: Golden Key International Honour Society Member (2014)

Hofstra University, Hempstead, New York

Bachelor of Arts in Psychology, May 2012

Honors: Deans List Student (2008-2012); National Honor Society Member (2009); ROTC Scholarship Recipient (2009); International Honor Society in Psychology Member (2011); Psychology Departmental Honors Recipient (2012); Latin Honors Recipient (2012)

Professional Experience

Trauma and Affective Psychophysiology Lab, New York, NY

Research Assistant, September 2016-Present

- Provides data collection assistance to senior students and primary investigators of research studies related to the psychophysiology of chronic or complex trauma.
- Engages in literature reviews and APA style research writing and editing.
- Utilizes statistical skills such as data collection, cleaning, combining and recomputing variables, conducting t-tests and correlations, and making charts and tables.
- Participates in psychophysiology data acquisition and phone screenings.
- Maintains confidentiality of participants' data.

Care for the Homeless Susan's Place Bronx, NY

Case Management Supervisor, May 2016-Present

- Directly supervises case managers at a 200 bed transitional residence for medically frail and mentally ill homeless women.
- Provides orientation and initial training to new case managers and social work interns.
- Works with clinical supervisor, assistant director of social services and the case aide on quality assurance issues including the closing of charts.
- Tracks, monitors and approves notes in CARES system on a daily basis and ensure that case managers input notes within 24 hour timeframe.
- Monitors incident reports and ensure follow up notes are being attached.
- Identifies and coordinates the training and educational needs of the case management staff.
- Facilitates support groups to address the housing, medical and mental health needs of the clients.
- Participates in case conferences, team meetings, staff training and community meetings.

Global Trauma Research NYC Trauma Center, Brooklyn, NY

Volunteer Social Worker & Trauma Researcher, December 2015-September 2016

- Provided culturally competent trauma informed counseling to children, adolescents and adults affected by psychological trauma.
- Conducted intakes, psycho-social assessments and mental status examinations and provided DSM V diagnoses for individuals exposed to traumatic events.
- Developed treatment plans and implemented treatment interventions for children, adolescents and adults suffering from various forms of mental illness.
- Utilized a range of treatment modalities and interventions for children, adolescents, and adults, including but not

limited to play therapy, CBT, TF-CBT, DBT, psychodynamic therapy, psycho-education, parent child interaction therapy, family therapy, group therapy, crisis intervention and suicide assessments to manage symptoms of PTSD and other mental health vulnerabilities.

- Assisted with community outreach and facilitated discussions that attempted to bridge barriers to mental health treatment within minority communities.
- Engaged in the empirical trauma research process including data collection and APA writing, to inform trauma treatment practices provided at agency.

Neighborhood Counseling Center, Brooklyn, NY

Clinical Social Work Intern, December 2014-May 2015

- Worked with children, adolescents and families dealing with neurodevelopmental, schizophrenia spectrum, feeding and eating, sleep wake, trauma and stressor related, anxiety and mood disorders.
- Conducted intakes, psycho-social assessments, mental status examinations and provided DSM V diagnoses.
- Developed treatment plans and implemented treatment interventions for children, adolescents and adults suffering from various forms of mental illness.
- Utilized a range of treatment modalities and interventions for children, adolescents, and adults, including but not limited to play therapy, CBT, TF-CBT, DBT, psychodynamic therapy, psycho-education, parent child interaction therapy, family therapy, group therapy, crisis intervention and suicide assessments.
- Worked closely with clinic psychiatrists to coordinate the treatment of clients.
- Co-facilitated support group for survivors of trauma and PTSD.

Sanctuary for Families, Brooklyn, NY

Clinical Social Work Intern, September 2013-May 2014

- Worked as a part of a clinical team at the Brooklyn Family Justice Center (BKFJC); a leading step of the Mayor's Office to combat Domestic Violence in collaboration with the King's County District Attorney's office.
- Conducted intakes, prepared and maintained client records, administered psycho-social assessments and provided crisis intervention, stabilization and counseling services for complex cases of trauma and PTSD diagnoses through a range of treatment modalities to victims of domestic violence and their children.
- Provided client outreach, distributed outreach materials such as brochures and pamphlets, conducted referrals for other services and educated abuse survivors about domestic violence.
- Utilized interventions including but not limited to play therapy, CBT, TF-CBT, DBT, psychodynamic therapy, psycho-education, parent child interaction therapy family therapy and crisis intervention to manage symptoms of traumatic stress, PTSD and co-occurring substance abuse issues.
- Attended weekly administrative and staff team meetings, Children's Program Meetings, Family Justice Center team meeting, clinical meetings and trainings.
- Facilitated support group for survivors of domestic violence to address parenting post exposure to intimate partner violence.
- Collaborated with the Administration for Children's Services (ACS) in order to ensure child safety by reporting cases of abuse or neglect.

AHRC New York City, New York, NY

Intern, November 2012- February 2013

- Worked with individuals of all ages with varying degrees of developmental delays/disabilities.
- Engaged in and prepared weekly recreational activities for individuals.
- Conducted social skills training to teach appropriate social skills.
- Used behavioral management techniques to reinforce acceptable behaviors and punish undesirable behaviors.
- Assisted individuals in their quest for employment by enhancing their ability to obtain and maintain employment.

Hofstra University Psychology Department, Hempstead, NY

Teacher's Assistant, February, 2011-May, 2012

- Worked independently with professor on the planning and writing of APA style research that examined the impact of emotional significance of cues on spontaneous recovery or relapse.
- Collected and analyzed research data from volunteers in psychology courses.
- Maintained confidentiality of participants' data.
- Defended research in the presence of a three professor committee and received departmental honors.

Joan and Arnold Saltzman Center, Hempstead NY

Research Assistant, February, 2009-September, 2011

- Provided data collection assistance to doctoral students working on dissertation projects.
- Coded research data and observed case studies related to autism, parent child interaction therapy, or trauma and phobias.
- Maintained confidentiality of participants' data.

Military Experience

United States Army Reserves/8th Medical Brigade, Staten Island, NY

Medical Service Corps Officer, May, 2012-Present

- ***Trained as a Sexual Harassment/Assault Response and Prevention Victim Advocate***
- Works with the Brigade Sexual Response Assault Coordinator (SARC) to investigate and address issues of sexual assault and rape within unit and down trace units.
- Provides briefings to educate Soldiers on Army's Sexual Harassment and Response Prevention (SHARP) policies and reporting procedures.
- Received Army Achievement Medal for serving in a senior position as the exercise S1/Adjutant for the 8th Medical Brigade during the Command Post Exercise-F, Joint Base Maguire Dix-Lakehurst, New Jersey in 2015.

- **United States Army National Guard/ Area Support Medical Company**

Medical Service Corps Officer, Queensbury, NY May 2012- April 2014

- Assigned to the Army Medical Service Corps as a treatment platoon officer.
- In charge of maintaining platoon accountability, ensuring medical certifications and training needs are met and managing conflict.
- Advises unit commander/staff in medical areas of patient evacuation, treatment and tracking.
- Practices preventative medicine, organizes administration, supplies equipment, trains staff, and maintains equipment.
- Provided assistance to local first responders and the Federal Emergency Management Agency during Hurricane Sandy Relief Mission and received Humanitarian Service Medal.
- Worked as an integral part of the Battalion Aid Station, ensuring adequate levels of medical supplies and equipment were readily available.

Certifications

- New York State Mandated Reporter (2013)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT) (2014)
- Basic First Aid/ CPR and AED (July 2016-July 2018)
- Sexual Harassment/Assault Response and Prevention Victim Advocate (2016)

Study Abroad Courses

- Trauma Treatment with Children and Adolescents (London, 2014)

Publications

John, P. & Pineño, O. (2015). Biological significance in human causal learning. *Psi Chi Journal of Psychological Research*, 20, 65-72.

John, P., Hart, E., & Pineño, O. *Biological significance in human causal learning: The case of outcome interference*. Long Island Psychology Conference (LIPC), Oakdale, NY, April 2012.

Hart, E., John, P., & Pineño, O. *Biological significance in human causal learning: The case of stimulus competition*. Long Island Psychology Conference (LIPC), Oakdale, NY, April 2012.

Professional Affiliations

National Association of Social Workers (2014), American Psychological Association (2014)