



Duke University EMS Alumni Newsletter



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Hello Alumni,

Welcome to the second semesterly Duke EMS Alumni Newsletter! We decided to create a newsletter to showcase all of the changes that are being made to the squad. Moving forward Duke EMS wishes to maintain better contact with our Alumni. This organization means so much to us and is such a huge part of our time here at Duke and we know that the same was true for you all.

I'd like to give a quick thank you to all those who came out for our Alumni Brunch during Homecoming Weekend in the fall. Our active members had a great time meeting you all and hearing about your times in Duke University EMS! We'll be hosting another alumni event this spring!

If you're ever back at Duke you're welcome to shoot me an e-mail at dukeemsexternal@duke.edu. I'd be more than happy to show you around campus or base! Also, if you know anyone who's considering Duke feel free to get in touch with us about hosting or tours.

We'd love to hear about what all of you have done since leaving Duke. We highly encourage that you connect with current and past members by updating our Alumni Spreadsheet with your current information. This could be a cool way to see what everyone else has gone to do and connect with people in your area or field. [Here's the link](#) to the spreadsheet.

Keep in touch!

What's new with EMS?



Chris Endo ('16) leading a CPR training session at the "Just Beat It!" event

CPR Initiative/Community Education

This year Duke EMS has partnered with the Duke Heart Center to bring bystander CPR training, health screenings and health education to both the Duke and Durham communities. We are very excited to really make a difference with this initiative and hope to promote bystander CPR training within the Duke undergraduate community in particular. So far we have trained over 100 students on our own and 500+ Duke staff, students and employees with the Duke Heart Center. More recently, the Duke Heart Center has partnered with the Duke Marketing Club through Professor Grody, a cardiac arrest survivor who was given compressions by Duke EMS! In the most recent event, "Just Beat It!", Duke EMS assisted in teaching over 230 Duke students in Cameron Indoor Stadium.

Female EMT Program

Starting in October, 2015 Duke University EMS launched a brand new Female EMT Program designed to empower the squad's female members to become successful, driven and effective providers in a male-dominated field. After interviewing a number of exceptional female EMTs, paramedics and physicians in the Triangle, those spearheading the initiative have compiled a written manual containing sage advice, suggestions, warnings and experiences that will inform CC teaching methods and cadet skills progression. Each year, the program will be entrusted to two female EMTs who are passionate about preserving and furthering the work that Isabel Lake ('17) and Ritika Patil ('16) have done to create a resource for female members of DUEMS. The past two new sets of DUEMS members were the first to receive this valuable resource via a Female EMT training!

What (else) is new with EMS?

Heartsaver Recognition

On December 9, 2015, DUEMS was presented with the AHA Heartsaver Award in recognition of our efforts in bystander CPR education. This award is offered to organizations that take extraordinary steps to strengthen the AHA Chain of Survival in providing early and effective CPR for patients suffering cardiac arrest. We are honored to receive this recognition for our yet-fledgling program, and will continue to deliver high quality bystander CPR education to the Duke and Durham communities.

Additionally, members Kristen Bailey ('16), Kirsten Bonawitz ('17), Kevin Labagnara ('17), and Ritika Patil ('16) were recognized for their individual efforts in assisting with the resuscitation of Professor Grody. They received "Certificates of Heroism" from the sudden cardiac arrest association.



Duke Masters of Biomedical Sciences

Duke Masters of Biomedical Sciences is a new one year master program that incorporates EMT training and experience into the curriculum. This spring we began to provide ride along experience for the members of the program during our weekend day shifts. Our members are happy to assist and mentor these master students and we have enjoyed getting to know them throughout the semester.



Duke EMS receiving the AHA Heartsaver Award alongside Duke Police Captain Tiffin and Medical Director Dr. Schreffler

Congratulations and Special Thanks

Congratulations!

This semester seniors David Levy, Chris Endo, and Alex Hish completed their Paramedic courses and officially became National Registry Paramedics. We are very proud of them for this accomplishment and commend them on the dedication they displayed in completing this year long process! David Levy currently presides as our Training Officer, is a Religion Major and plans on remaining at Duke next year to perform research on the intersection between religion and medicine. Chris Endo is our current director and plans on using his new knowledge to be a paramedic in Las Vegas during a gap year before medical school. Alex Hish is our current assistant director and plans to attend Medical School next year. We are lucky to have all three of them!

Special Thanks

We would like to take a moment to personally thank our extremely generous donors of 2015. It is due to your financial contributions that eight of our members were able to attend the National Collegiate EMS Conference on February 26th-28th. Through lectures and skills labs, this conference was an unparalleled opportunity for us to better ourselves as EMTs. Moreover, collaboration with other collegiate EMS agencies and their advisors will facilitate our growth as an institution. Since the beginning of the year, our organization aimed to send a substantial contingent to the conference to bring back information and ideas to the rest of our squad. This goal would not have been realized if not for the generosity of you all and for that we are immensely grateful.



Due to generous Alumni donations, Duke EMS was able to send 8 squad members to attend this year's national collegiate EMS conference!

We would like to acknowledge our sponsors

Gold Sponsors (\$250)

Frank J. Evans

Platinum Sponsors (\$500)

Fletcher T. Penney

Timothy T. Pieh

Alumni Information

Alumni Weekend: April 15th-17th

We'd love to show all of you around the EMS base and the new QRV! We will be hosting a **BBQ/Meet and Greet on Saturday April 16th** after Brodhead's speech. This will take place at 12:30PM at 300 Swift Ave, Durham! The BBQ is scheduled so as not to conflict with any other alumni events. Look out for an e-mail from me regarding this.

If you will be in Durham for alumni weekend please contact me at duemsexternal@duke.edu.

Hope to see you all there!

How To Donate:

If you would like to make a donation to Duke EMS, checks should be made out to Duke University and mailed to:

301 Swift Ave. Apt 3
Durham, NC 27705

Please let me know if you have any questions,

Kathryn Benson

Duke EMS Finance Officer 2015-16

Alumni Resources

Alumni Spreadsheet:

We have created a spreadsheet containing information of our alumni with hopes that this will enable you all to contact each other with ease. But in order for it to be successful we need your help! Please fill out updated info for yourself and help fill in blanks for people you may know in similar graduation years.

Here is the link to the spreadsheet:

https://docs.google.com/spreadsheets/d/1GgcyK0tkSu8Fc_xr8Y3-xeDyygHPh-CjrQVmZe8ilPQ/edit?usp=sharing

Facebook Group:

A facebook group exclusively for Duke EMS alumni was created for easy access of the Duke EMS alumni network. Feel free to post interesting articles, job offers, or let everyone know if you are moving to a new city etc

Here is a link to the page:

<https://www.facebook.com/groups/dukeemsalumni/>

Squad Stats

