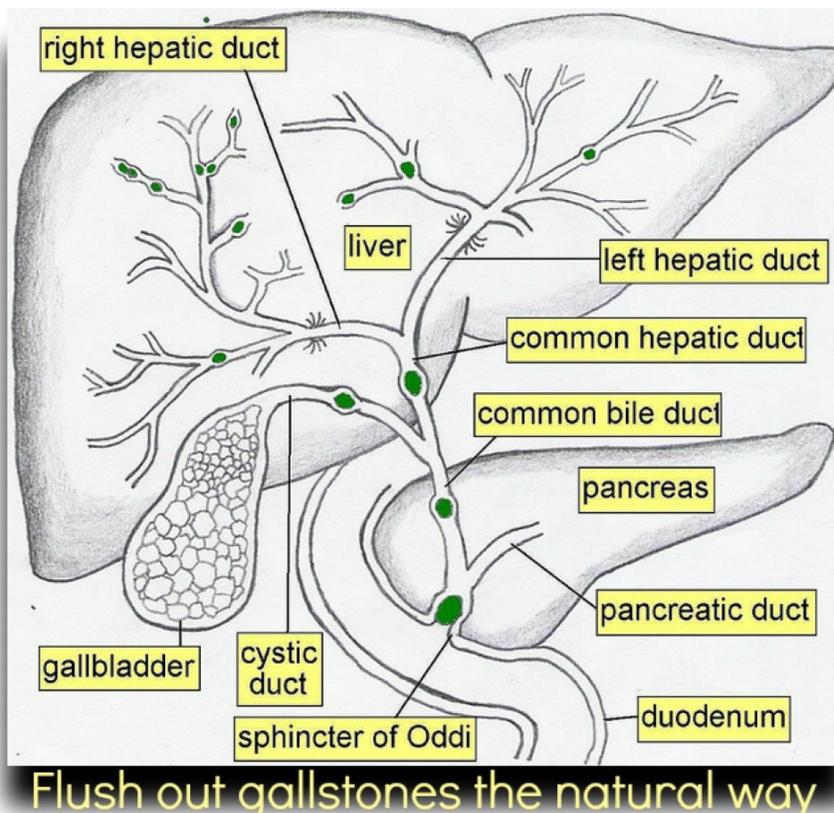




## Liver & Gallbladder: Understanding the primary blockage in your flow system

Many people believe that gallstones are only found in the gallbladder, however, most are actually found in the liver. In fact, far more people have gallstones in the liver than in the gallbladder. This is an extremely common phenomenon. We've seen a high correlation between chronic disease and the presence of considerable amounts of gallstones in the liver.



Note the illustration above: *Through a series of reactions, the liver is able to convert some toxins to a more water soluble form which will aid excretion in the urine, breathe or sweat. Other toxins are combined with bile to a fat soluble form to aid excretion via the bowels. Therefore, the liver plays a large role in conversion and detoxification of toxins and is a vital organ in the eliminatory process. Due to the toxic load of modern lifestyle, the liver typically experiences tremendous strain, diminishing its ability to function and eliminate. Therefore, an accumulation of toxicity occurs, in the form of stones, in all of the hepatic and common ducts of the liver, gallbladder and surrounding areas.*



Andreas Moritz has thirty years in the field of Health Restoration drawing deeply on the ancient medical system of Ayurveda. In his book, *The Amazing Liver and Gallbladder Flush*, Moritz explains in great detail the origins of all types of common diseases and how to prevent and reverse them naturally utilizing a simple to decongest the liver and gallbladder of *intrahepatic* (stones in the liver) and gall stones. The following are excerpts from *The Amazing Liver and Gallbladder Flush*.

The failure to recognize and accept the incidents of gallstone formation in the liver as an extremely common phenomena may very well be the most unfortunate oversight that has ever been made in the field of medicine, both orthodox and holistic.

Congestion in the liver bile ducts is among the leading health problems, yet conventional medicine rarely refers to it, nor do doctors have a reliable way to detect and diagnose such a condition. Standard liver tests involve measuring liver enzyme counts in the blood. Liver enzymes are only elevated when there is advanced liver cell destruction, as is the case, for example, in liver inflammation, hepatitis, and cirrhosis. It usually takes many years of chronic liver bile duct congestion before liver damage becomes apparent.”

Between the 1920s and 1960s scientists commonly referred to *intrahepatic stones* or *intrahepatic gallstones*.

In a more recent publication titled “Intrahepatic Stones– A Clinical Study”, a team of researchers describes the results of examining patients afflicted with stones congesting the liver bile ducts. This research, which was published in the *Annals of Surgery* in February 1972, clearly distinguishes between gallstones in the gallbladder and gallstones in the liver. The authors state that “For centuries, both surgeons and pathologists have noticed another type of stone in the intrahepatic biliary ducts. The location, consistency, number, and behavior of such stones were found to be entirely different from choledocholithiasis (stone formation) of gallbladder origin. Liver stones or intrahepatic stones were the names designated for this condition.

Most foods eaten consisted of homegrown fresh produce or natural foods purchased from local farmers. No chemical preservatives were used. With the onset of food factories and lab-made foods (now over 44,000), mass vaccination campaigns, toxic cosmetic products, water fluoridation, environmental toxins, chemtrail spraying, and the consumption of medical drugs filled with toxic ingredients, etc., the human liver started mass-producing intrahepatic stones. Today, it's almost impossible not to make them, unless you know how to avoid them. Still, most people, including doctors, are completely unaware of them.

By understanding how gallstones in the liver contribute to the occurrence or deterioration of nearly every kind of illness, and by taking the simple steps to remove them, you will put yourself in charge of restoring your own health and vitality, permanently. The implications of applying shelver flush for yourself (or if you are a health practitioner, for your patients) are immensely rewarding. To have a clean liver equals having a new lease on life.



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Although there are numerous factors that can impact your health in one way or another, most of them affect the liver. While it is very important to take care of these other disease-causing factors, leaving the liver out of the equation would be unwise and may actually render any other healing approaches ineffective.

The liver has direct control over the growth and functioning of every cell in the body. Any kind of malfunction, deficiency, or abnormal growth pattern of the cell is largely due to poor liver performance. Even when it has lost up to 60 percent of its original efficiency, the liver's extraordinary design and resourcefulness may still allow it to perform *normally*, as indicated by *in the proper range* blood values.

By decongesting the liver bile ducts and the gallbladder, the body's 60 to 100 trillion cells will be able to *breathe* more oxygen, receive sufficient amounts of nutrients, efficiently eliminate their metabolic waste products, and maintain perfect communication links with the brain, nervous system, immune system, endocrine system, and all other parts of the body.

I would encourage anyone to read the 2012 edition of *The Amazing Liver and Gallbladder Flush* by Andreas Moritz. In my professional opinion, through the lens of natural health care, this book gives excellent insight into the design of the body as a flow system and how it responds to stress and disease by creating a primary blockage in the liver. The book is not meant to diagnose a condition, rather to stimulate a thought process that will lead you to greater self awareness and health care options that can compliment your situation.