Group Schedule

Intensive Outpatient Phase 1
Monday, Tuesday & Thursday
12:00 pm–3:00 pm

Intensive Outpatient Phase 2
Wednesday
10:00 am–12:00 pm

Non Intensive Outpatient
Monday & Wednesday
5:30 pm–7:00 pm

Contact Us

Front Steps Housing and Services is a non-profit organization that has been dedicated to ending the cycle of homelessness since 1986. We provide individuals and families in Cuyahoga County with permanent supportive housing and lifelong solutions to increase self-sufficiency. Offerings include safe, affordable housing, client centered comprehensive case management, and supportive services including workforce readiness, job placement, intensive and non-intensive outpatient programs, and behavioral health counseling.

1545 West 25th Street
Cleveland, Ohio 44113
Phone: 216.781.2250
Fax: 216.781.2252
frontstepsservices.org
info@frontstepsservices.org

We accept Medicaid, Private Insurance as well as Self Pay.
The Intensive Outpatient Program is comprised of two separate phases designed to fully track our clients’ progress and to offer the most comprehensive programming available.

[Phase 1]
Phase 1 consists of 12 weeks of services, 3 times per week with one individual session per week and Monthly Family Sessions. During this time we work with clients to help them handle early phases of recovery, focusing on the importance of honest communication, dealing with cravings, addressing consequences and developing coping mechanisms.

[Phase 2]
During Phase 2, clients come to group once a week for 12 weeks to begin the step down process, discuss any ongoing issues and continue to work on relapse prevention.

Non Intensive Outpatient Treatment (NIOP) Service Guide
Our NIOP meets twice a week for 6 weeks to work on substance use education, prevention of further substance use and assisting clients with understanding the path they are on and where it can take them.

Co-Occurring Conditions, also known as Dual Diagnosis, refers to when someone has the symptoms of both substance use and mental health disorders. According to the 2014 National Survey on Drug Use and Health, 7.9 million people in the United States experience co-occurring conditions; and, per the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA), almost 50% go untreated.

Front Steps has implemented an integrated program where we now offer services for both mental health and substance use conditions to assist clients with long term recovery.

If you believe that you or someone you know is suffering from a substance use disorder, a mental health disorder, or both, please do not hesitate to contact us for further information or to schedule an assessment.

Our phones operate 24 hours a day

216.781.2250